



KIN 3027L Biomechanics Laboratory (1 unit)



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Course ID: KIN 3027L

Format: In-Person (except for COVID-19)

Class Meeting Information:

- Tuesdays at 2:30PM
- Rohr Science 195 + Zoom

This class is designed to provide students with a mix of theoretical concepts and applied problem-solving. Through the core math, physics, kinesiology, and anatomy classes students have taken to this point, you will be applying the basic concepts of kinematics and kinetics of whole body and joint movement.

Let's get started...

Instructor Contact Information

1. To learn more about your instructor, review [Meet Your Instructor](https://canvas.pointloma.edu/courses/57761/pages/meet-your-instructor-dr-arnel-aguinaldo).
(<https://canvas.pointloma.edu/courses/57761/pages/meet-your-instructor-dr-arnel-aguinaldo>)
2. Review the [Course Syllabus](https://canvas.pointloma.edu/courses/57761/assignments/syllabus).
(<https://canvas.pointloma.edu/courses/57761/assignments/syllabus>)
3. Review the [Required Materials and Recommended Resources](https://canvas.pointloma.edu/courses/57761/pages/required-materials-and-recommended-resources).
(<https://canvas.pointloma.edu/courses/57761/pages/required-materials-and-recommended-resources>)
4. Review the Quick Links below.
5. Click on the **Modules** tab on the left-hand navigation and **Begin** by reviewing the [Course Overview](#)



<https://canvas.pointloma.edu/courses/57761/modules/207900>

module.

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Quick Links

[Canvas Guides](https://community.canvaslms.com/t5/Student-Guide/tkb-p/student) [_ \(https://community.canvaslms.com/t5/Student-Guide/tkb-p/student\)](https://community.canvaslms.com/t5/Student-Guide/tkb-p/student) | [Netiquette Guidelines](https://canvas.pointloma.edu/courses/57761/pages/netiquette-guidelines) [_ \(https://canvas.pointloma.edu/courses/57761/pages/netiquette-guidelines\)](https://canvas.pointloma.edu/courses/57761/pages/netiquette-guidelines) | [Help Resources & Technical Support](https://canvas.pointloma.edu/courses/57761/pages/help-resources-and-technical-support) [_ \(https://canvas.pointloma.edu/courses/57761/pages/help-resources-and-technical-support\)](https://canvas.pointloma.edu/courses/57761/pages/help-resources-and-technical-support)