

# JENNY MAHONEY, MS

Biology and Kinesiology Departments

Point Loma Nazarene University

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## EDUCATION

**MS, Exercise Science** 2016

Point Loma Nazarene University, San Diego, CA

Thesis: *Determining the Optimal Work Rate for Cycle Ergometer Verification Phase Testing in Males with Obesity*

Supervisor: Dr. Brandon Sawyer

**BA, Exercise Science** 2015

Point Loma Nazarene University, San Diego, CA

## PROFESSIONAL EXPERIENCE

- Part-Time Professor, Biology and Kinesiology Departments 2019-Present  
Point Loma Nazarene University
- Adjunct Faculty, Exercise and Nutritional Sciences Department 2019-Present  
San Diego Miramar College, San Diego Community College District
- Adjunct Faculty, Biology and Kinesiology Departments 2017 -2019  
Point Loma Nazarene University
- Graduate Teaching Assistant 2016  
Point Loma Nazarene University

## TEACHING EXPERIENCE

**Point Loma Nazarene University, San Diego, CA**

- BIO1030: Human Anatomy and Physiology I
- BIO1040: Humana Anatomy and Physiology II
- KIN3040: The Physiology of Exercise
- KIN3040L: The Physiology of Exercise Laboratory

# JENNY MAHONEY, MS

- KIN4040: Measurement, Statistics and Evaluation of Human Performance
- KIN6025: Special Topics in Kinesiology – Electrocardiogram Interpretation
- PED1000: Fitness Through Movement

## **San Diego Miramar College, San Diego, CA**

- XSC124: Aerobic Core and Conditioning
- HEAL101: Health and Fitness

## **PEER REVIEWED PUBLICATIONS**

Mahoney JM, Baughman BR, Sheard AC, Sawyer BJ. (2021). Determining the Optimal Workrate for Cycle Ergometer Verification Phase Testing in Males with Obesity. Sports. 9(2):30. DOI 10.3390/sports9020030

Sawyer BJ, McMahon N, Thornhill KL, Baughman BR, Mahoney JM, Pattison KL, Freeberg KA, Botts RT. (2020). Supra-Versus Submaximal Cycle Ergometer Verification of VO<sub>2</sub>max in Males and Females. Sports. 8(12): 163. DOI 10.3390/sports8120163

## **CONFERENCE PRESENTATIONS**

- American College of Sports Medicine 2016, 2017  
Poster Presentation  
*Determining the Optimal Work Rate for Cycle Ergometer Verification Phase Testing in Males with Obesity*
- American College of Sports Medicine 2015  
Poster Presentation  
*Determining the Optimal Work Rate for Cycle Ergometer Verification Phase Testing in Females*