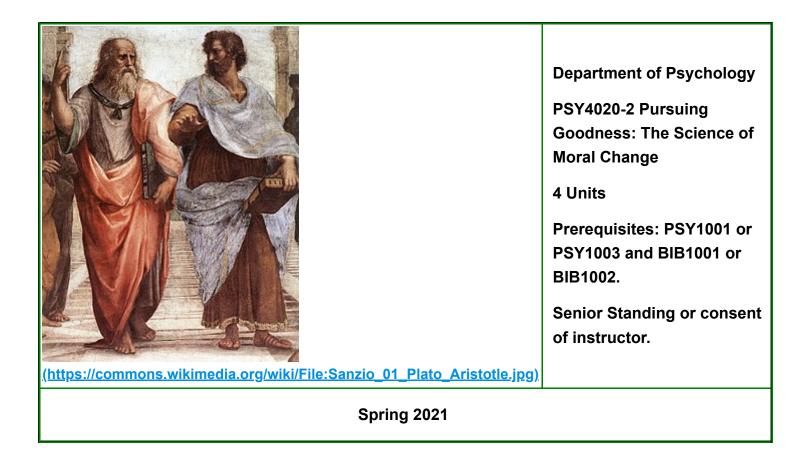
Course Syllabus

Jump to Today Scheric Edit



Instructor: Dr. Ross Oakes Mueller

Phone: 619.849.2905

Email: <u>rossoakesmueller@pointloma.edu</u> <u>rossoakesmueller@pointloma.edu</u> <u>view=cm&fs=1&tf=1&to=rossoakesmueller@pointloma.edu</u>)

Office Hours: <u>click here to schedule a Zoom meeting during my office hours</u> <u>(https://www.google.com/calendar/selfsched?</u> sstoken=UUhnNHJkMkNwcEFUfGRIZmF1bHR8OTFiNjhkZDM0NzRINTRIMWE5M2E2NjVIYWM1ZjJjZWQ)

Class Meeting via Zoom: Tuesday & Thursday

12:30 p.m. - 1:30 p.m. Pacific Standard Time - Remote

1:30 - 2:15 p.m. - In-Person (when Available)

PLNU Mission

To Teach ~ To Shape ~ To Send

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service is an expression of faith. Being of Wesleyan heritage, we strive to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

COURSE DESCRIPTION

This course surveys some of the latest findings in positive and moral psychology that concern how we live a good life in the world with others. It addresses three perennial questions about psychological and relational well-being: What makes a "good life" *good*? How do persons "change" for *good*? And: What makes a "good relationship" *good*? It examines theory and research in two rapidly expanding psychological literatures: the science of a flourishing life, the science of love and virtue, and the practical neuroscience of moral change. Students will participate in experimental exercises that this new science suggests will enhance our motivation and capacity for moral goodness. Beyond that, the class is designed to provide you with the opportunity to actually practice some of the habits that can induce character growth.

COURSE LEARNING OUTCOMES

Students will be able to...

- 1. Summarize various models of well-being that vie for attention in popular and religious culture.
- 2. Describe key ingredients of a meaningful life as discussed in contemporary positive and moral psychology.
- 3. Describe some of the principles and practices of character change as offered in contemporary psychology.
- 4. Describe four essential virtues that facilitate mature love as understood in the new science of love and virtue.
- 5. Describe the meaning of moral maturity in light of the Judeo-Christian concept of love, especially as envisioned in the Wesleyan theological tradition.

REQUIRED TEXTS AND RECOMMENDED STUDY RESOURCES

Primary Texts

- Haidt, J. (2006) The Happiness Hypothesis. New York: Basic Books
- Lewis, T., Amini, F., & Lannon, R. (2007). A General Theory of Love. New York: Vintage

Required Supplemental Articles

Oakes Mueller, Ross. (2021). PSY4020 Pursuing Goodness: The Science of Moral Change.
 <u>Cognella Custom Prints</u> <u>Cognella.com/22625</u>)

COURSE CREDIT HOUR INFORMATION

In the interest of providing sufficient time to accomplish the stated Course Learning Outcomes, this class meets the PLNU credit hour policy for a 4 unit class delivered over five weeks. (Based on 37.5 hours of student engagement per credit hour.)

Category	Time Expectation in Hours
Class Meetings via Zoom (or in-person)	27
Reading Assignments	53
Written Assignments	12
Other Assignments & Learning Activities	50
Quizzes, Surveys	8
Total Hours	150

Distribution of Student Learning Hours

ASSESSMENT AND GRADING

Student grades will be posted in the Canvas grade book no later than midnight on Tuesday of each week beginning in Week Two of this course. It is important to read the comments posted in the grade book as these comments are intended to help students improve their work. Final grades will be posted within one week of the end of the class. Grades will be based on the following:

Reading & Lecture Viewing and Responses: 48 hours before each class, I will make available to you the lectures for the upcoming class. These lectures are designed both a) to clarify some key issues from your reading, and b) to introduce new material. Completing the reading and watching the lectures are necessary in order to be successful in this class, and you will use this material in your two largest assignments (described below). Within many of the lectures I will ask you questions. To get full credit for watching the lectures, you should type your responses to my questions in the text box at the bottom of each "Watch Lectures/Videos" assignment. I also ask you to pose one "Good" question to me in each assignment. This will help me to direct our class time together. Lecture and Reading Responses will be 10% of your overall grade.

Homework Assignments: At multiple points throughout the session, you will be asked to either read, watch, or listen to a piece of media, and then to relate it to the readings you have completed for the

course. Your lowest homework score will be dropped. Homework will be 10% of your overall grade.

Vocation Assignment: This is a two part assignment that includes a Vocation Paper and a Vital Engagement in a Vocation Video. **The Vocation Assignment will be 10% of your overall grade.**

- Vocational Paper {5%}: 3 to 4 Page (double spaced) paper. The purpose of the paper is to reflect on your vocational plans after you graduate from PLNU. Discuss the following in your paper:
 - What are your career goals? Where do you see yourself in 5 years? In 10 years?
 - Choose one career to focus on.
 - Does this career require attending Graduate School? If so, what type of program are you considering? And why?
 - With the career you are choosing, what is the process to obtain a job in that field? What is the typical salary based on your expected education level?
- Vital Engagement in a Vocation Video {5%}: Using the assigned readings (Happiness Hypothesis, Ch. 10), readings available online ("Stop trying to 'find meaningful work (and create it instead)"; and "A Deceptively Simple Way to Find More Happiness at Work") and the podcast ("The Perils of Following your Career Passion"), record a two-minute long video answering the following question: What is one or more ways that you will create or maximize vital engagement in your chosen career path?

The "Good Life" Paper: Mid-way through the course you will write a two-part "Good Life" Paper (your Senior Capstone Project). Although more details are available on the Assignment page and in our inclass discussions, the paper will involve describing, critiquing, and applying the theories of the "good life" that we will be discussing during the first half of the class. The Good Life Paper will be 30% of your overall grade {15% for each part}.

Attendance and Participation: There will be weekly Zoom class sessions with mandatory attendance and required participation. Attendance and Participation will be 10% of your overall grade.

Final Exam: The Final Exam is based on the material covered during the second half of the class. Although more details are available on the Final Exam Assignment Page, the exam itself will involve the description and application of at least one "capacity of mind" and at least one "capacity of heart," as they relate to the construct of Generative Care. The Final Exam will be 25% of your overall grade.

Good Life Survey, or alternate assignments: At four points throughout the semester you will be asked to answer survey questions about your thoughts, experiences, and relationships. The purposes of this survey are twofold: 1) for you to track your own growth with respect to the concepts discussed in class, and 2) for me to evaluate how well the course serves to promote your growth. At the end of the semester, my hope is to give you access to the results of your surveys so that you can better understand how you have grown, and what areas to continue focusing on after the class ends. My hope is to also use this information to help me revise the class for future years. If you do complete the survey, <u>you have the option of either allowing me to use your responses</u> to see how the class performed as a whole (you would never be identified by name), <u>or you can choose to have your responses removed</u> from

the bigger set of data (you would still receive the same feedback on your growth). <u>However, you are not</u> required to complete these surveys. If you choose NOT to complete the survey, you can instead complete a two page reading response for each survey (for a total of four reading responses throughout the semester). If you choose this option, still click on the link to the survey, but indicate on the survey that you are choosing NOT to answer the questions, and you will be taken to the end of the survey. The four surveys (or alternate assignments) will be worth a total of 5% of your overall grade.

STATE AUTHORIZATION

State authorization is a formal determination by a state that Point Loma Nazarene University is approved to conduct activities regulated by that state. In certain states outside California, Point Loma Nazarene University is not authorized to enroll online (distance education) students. If a student moves to another state after admission to the program and/or enrollment in an online course, continuation within the program and/or course will depend on whether Point Loma Nazarene University is authorized to offer distance education courses in that state. It is the student's responsibility to notify the institution of any change in his or her physical location. Refer to the map on <u>State Authorization</u> (https://www.pointloma.edu/offices/office-institutional-effectiveness-research/disclosures) to view which states allow online (distance education) outside of California.

INCOMPLETES AND LATE ASSIGNMENTS

Part of good paper-writing is effective time-management strategies. We could all write better papers if we had unlimited time to do so. However, there are certainly life situations that may prevent you from turning in your paper on time. How to balance these two conflicting issues? In order to provide you with some flexibility, and nevertheless to ensure that all of your papers are evaluated on an "even playing field," I have created a tiered grading system for late work. If you miss a deadline to turn in a paper, for any reason, you will have until midnight on the next day to turn in the paper for a 5% deduction. After midnight, you then have up to midnight on the following day to turn it in for a 10% deduction. Following that, you will receive a 20% deduction. No papers will be accepted after the date on which the professor sends grades/feedback to the class for that paper.

PLNU COPYRIGHT POLICY

Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by the US Copyright Act for classroom education. Any use of those materials outside the class may violate the law.

PLNU ACADEMIC HONESTY POLICY

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. Academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing

grade for that assignment or examination, or, depending on the seriousness of the offense, for the course. Faculty should follow and students may appeal using the procedure in the university Catalog. See <u>Academic Policies a (http://catalog.pointloma.edu/content.php?catoid=18&navoid=1278)</u> for definitions of kinds of academic dishonesty and for further policy information.

PLNU ACADEMIC ACCOMMODATIONS POLICY

While all students are expected to meet the minimum standards for completion of this course as established by the instructor, students with disabilities may require academic adjustments, modifications or auxiliary aids/services. At Point Loma Nazarene University (PLNU), these students are requested to register with the Disability Resource Center (DRC), located in the Bond Academic Center. (DRC@pointloma.edu & (https://mail.google.com/mail/?view=cm&fs=1&tf=1&to=DRC@pointloma.edu) or 619-849-2486). The DRC's policies and procedures for assisting such students in the development of an appropriate academic adjustment plan (AP) allows PLNU to comply with Section 504 of the Rehabilitation Act and the Americans with Disabilities Act. Section 504 (a) prohibits discrimination against students with special needs and guarantees all qualified students equal access to and benefits of PLNU programs and activities. After the student files the required documentation, the DRC, in conjunction with the student, will develop an AP to meet that student's specific learning needs. The DRC will thereafter email the student's AP to all faculty who teach courses in which the student is enrolled each semester. The AP must be implemented in all such courses.

If students do not wish to avail themselves of some or all of the elements of their AP in a particular course, it is the responsibility of those students to notify their professor in that course. PLNU highly recommends that DRC students speak with their professors during the first two weeks of each semester about the applicability of their AP in that particular course and/or if they do not desire to take advantage of some or all of the elements of their AP in that course.

PLNU ATTENDANCE AND PARTICIPATION POLICY

Students taking online courses are expected to attend each week of the course. Attendance is defined as participating in an academic activity within the online classroom which includes posting in a graded activity in the course. (Note: Logging into the course does not qualify as participation and will not be counted as meeting the attendance requirement.)

Students who do not attend at least once in any 3 consecutive days will be issued an attendance warning. Students who do not attend at least once in any 7 consecutive days will be dropped from the course retroactive to the last date of recorded attendance.

SPIRITUAL CARE

Please be aware PLNU strives to be a place where you grow as whole persons. To this end, we provide resources for our students to encounter God and grow in their Christian faith.

If students have questions, a desire to meet with the chaplain or have prayer requests you can contact the <u>Office of Spiritual Development</u> <u>(https://www.pointloma.edu/offices/spiritual-development)</u>

USE OF TECHNOLOGY

In order to be successful in the online environment, you'll need to meet the minimum technology and system requirements; please refer to the <u>*Technology and System Requirements*</u> information.

Problems with technology do not relieve you of the responsibility of participating, turning in your assignments, or completing your class work.

COURSE SCHEDULE AND ASSIGNMENTS AT-A-GLANCE

The table below lists our assignments and their due dates. Click on any assignment to review it (once it is "unlocked").

Course Summary:

Date	Details	Due
Thu Feb 18, 2021	 PSY4020-1 SP21 - Pursuing Goodness: The Science of Moral Change (https://canvas.pointloma.edu/calendar? event_id=80427&include_contexts=course_54712) 	10am to 11am
Tue Feb 23, 2021	PSY4020-1 SP21 - Pursuing Goodness: The Science of Moral Change (https://canvas.pointloma.edu/calendar? event_id=80428&include_contexts=course_54712)	10am to 11am
Thu Feb 25, 2021	PSY4020-1 SP21 - Pursuing Goodness: The Science of Moral Change (https://canvas.pointloma.edu/calendar? event_id=80402&include_contexts=course_54712)	10am to 11am
Mon Mar 1, 2021	WK1 Watch Lectures/Videos for Class 1 - Welcome to a Course for the Rest of your Llfe (https://canvas.pointloma.edu/courses/54712/assignments)	due by 11:59pm <u>s/623396)</u>
Tue Mar 2, 2021	PSY4020-1 SP21 - Pursuing Goodness: The Science of Moral Change (https://canvas.pointloma.edu/calendar? event_id=80403&include_contexts=course_54712)	10am to 11am

Date	Details Due
	PSY4020-2 SP21 - Pursuing Goodness: The Science of Moral Change (https://canvas.pointloma.edu/calendar? event_id=80488&include_contexts=course_54712)
	WK 1 Attendance and Participation - Tuesday 12:30-2:15 p.m. PST - In-Class/Zoom (https://canvas.pointloma.edu/courses/54712/assignments/623394)
	WK1 Required Reading for to do: 8pm Thursday Class Meeting (Class 2) to do: 8pm
Wed Mar 3, 2021	WK1 Watch "The Truman Show" and Write one-paragraph response (using Fraterolli reading) (https://canvas.pointloma.edu/courses/54712/assignments/623398)
	WK1 Watch Lectures/Videos for Class 2 - Life as Swimming Pool or Quest? (https://canvas.pointloma.edu/courses/54712/assignments/623397)
	PSY4020-1 SP21 - Pursuing Goodness: The Science of Moral Change 10am to 11am (https://canvas.pointloma.edu/calendar? event_id=80409&include_contexts=course_54712)
Thu Mar 4, 2021	Image PSY4020-2 SP21 - Pursuing Goodness: The Science of Moral Change 12:30pm to 1:30pm (https://canvas.pointloma.edu/calendar? event_id=80489&include_contexts=course_54712)
	WK 1 Attendance and Participation - Thursday 12:30-2:15 p.m. PST - In-Class/Zoom (https://canvas.pointloma.edu/courses/54712/assignments/623393)
Sat Mar 6, 2021	WK1 Take Good Life Survey #1 due by 11:59pm (https://canvas.pointloma.edu/courses/54712/assignments/623395)

Date	Details	Due
	<u>■ WK2 Required Reading for</u> <u>Tuesday Class Meeting (Class 3)</u>	to do: 8pm
Mon Mar 8, 2021	WK2 Watch Lectures/Videos for Class 3 - Searching for the "End" of Existence (https://canvas.pointloma.edu/courses/54712/assignm	due by 11:59pm nents/623402)
Tue Mar 9, 2021	PSY4020-1 SP21 - Pursuing Goodness: The Science of Moral Change (https://canvas.pointloma.edu/calendar? event_id=80414&include_contexts=course_54712)	10am to 11am
	 PSY4020-2 SP21 - Pursuing Goodness: The Science of Moral Change (https://canvas.pointloma.edu/calendar? event_id=80490&include_contexts=course_54712) 	12:30pm to 1:30pm
	WK 2 Attendance and Participation - Tuesday 12:30-2:15 p.m. PST - In-Class/Zoom (https://canvas.pointloma.edu/courses/54712/assignm	due by 12:30pm nents/623400)
	WK2 Required Reading for <u>Thursday Class Meeting (Class 4)</u>	to do: 8pm
Wed Mar 10, 2021	WK 2 Read "The Semplica Girl Diaries" and Write a Response using Haidt Ch. 5 (Class 4) (https://canvas.pointloma.edu/courses/54712/assignm	due by 11:59pm nents/623401)
	WK2 Watch Lectures/Videos for Class 4 - Five "Goods" of a Good Life (https://canvas.pointloma.edu/courses/54712/assignm	due by 11:59pm nents/623403)
Thu Mar 11, 2021	PSY4020-1 SP21 - Pursuing Goodness: The Science of Moral Change (https://canvas.pointloma.edu/calendar? event_id=80418&include_contexts=course_54712)	10am to 11am

/3/2021	Syllabus for PSY4020-2 SP21 - Pursuing Goodness: The Science of Moral Cha	ange
Date	Details	Due
	PSY4020-2 SP21 - Pursuing Goodness: The Science of Moral Change (https://canvas.pointloma.edu/calendar? event_id=80491&include_contexts=course_54712)	12:30pm to 1:30pm
	WK 2 Attendance and Participation - Thursday 12:30-2:15 p.m. PST - In-Class/Zoom (https://canvas.pointloma.edu/courses/54712/assign	due by 12:30pm ments/623399)
	WK3 Required Reading for Tuesday Class Meeting (Class 5)	to do: 8:55pm
Mon Mar 15, 2021	WK3 Watch Lectures/Videos for Class 5 - Know thy Elephant (Happiness) (https://canvas.pointloma.edu/courses/54712/assignment)	due by 11:59pm <u>ments/623406)</u>
	PSY4020-1 SP21 - Pursuing Goodness: The Science of Moral Change (https://canvas.pointloma.edu/calendar? event_id=80419&include_contexts=course_54712)	10am to 11an
Tue Mar 16, 2021	 PSY4020-2 SP21 - Pursuing Goodness: The Science of Moral Change (https://canvas.pointloma.edu/calendar? event_id=80492&include_contexts=course_54712) 	12:30pm to 1:30pn
	WK 3 Attendance and Participation - Tuesday 12:30-2:15 p.m. PST - In-Class/Zoom (https://canvas.pointloma.edu/courses/54712/assignment)	due by 12:30pm ments/623405)
Wed Mar 17, 2021	WK3 Required Reading for Thursday Class Meeting (Class 6)	to do: 8am
	WK3 Watch "Ralph Breaks the Internet" and respond using Haidt Ch. 6 (Class 6) (https://canvas.pointloma.edu/courses/54712/assignment)	due by 11:59pm ments/623408)

Date	Details	Due
	₽ WK 3 Watch Lectures/Videos	
	for Class 6 - "Good" Relationships	due by 11:59pm
	<u>(https://canvas.pointloma.edu/courses/54712/assignments</u>	<u>s/623407)</u>
	BSY4020-1 SP21 - Pursuing	
	Goodness: The Science of Moral	
	<u>Change</u>	10am to 11am
	<u>(https://canvas.pointloma.edu/calendar?</u> <u>event_id=80421&include_contexts=course_54712)</u>	
	BY4020-2 SP21 - Pursuing	
	Goodness: The Science of Moral	
Thu Mar 18, 2021	<u>Change</u>	12:30pm to 1:30pm
	(https://canvas.pointloma.edu/calendar?	·=····
	event id=80493&include contexts=course 54712)	
	WK 3 Attendance and	
	Participation - Thursday 12:30-2:15	due by 12:30pm
	<u>p.m. PST - In-Class/Zoom</u>	
	(https://canvas.pointloma.edu/courses/54712/assignments	<u>s/623404)</u>
	WK4 Required Reading for	to do: 8am
	<u>Tuesday Class Meeting (Class 7)</u>	
Mon Mar 22, 2021	WK4 Watch Lectures/Videos	
	for Class 7 - Why We Can't	due by 11:59pm
	Flourish Without Arete	
	<u>(https://canvas.pointloma.edu/courses/54712/assignments</u>	<u>s/623412)</u>
	BY4020-1 SP21 - Pursuing	
	<u>Goodness: The Science of Moral</u> <u>Change</u>	10am to 11am
	<u>(https://canvas.pointloma.edu/calendar?</u>	
	event_id=80415&include_contexts=course_54712)	
Tue Mar 23, 2021	PSY4020-2 SP21 - Pursuing Goodness: The Science of Moral	
	<u>Change</u>	12:30pm to 1:30pm
	<u>(https://canvas.pointloma.edu/calendar?</u>	
	event id=80494&include contexts=course 54712)	
	WK 4 Attendance and	
	Participation - Tuesday 12:30-2:15	due by 12:30pm
	<u>p.m. PST - In-Class/Zoom</u>	
	(https://canvas.pointloma.edu/courses/54712/assignments	<u>ents/623410)</u>

Date	Details	Due
	WK4 Required Reading for Thursday Class Meeting (Class 8)	to do: 8:58am
Wed Mar 24, 2021	₩K4 Vocational Paper (https://canvas.pointloma.edu/courses/54712/assignments/	due by 11:59pm 623411)
	WK4 Watch Lectures/Videos for Class 8 - Vital Engagement (https://canvas.pointloma.edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s47112/assignments/edu/courses/s47112/assignments/edu/courses/s47112/assignments/edu/courses/s47112/assignments/edu/courses/s47112/a	due by 11:59pm <u>523413)</u>
	PSY4020-1 SP21 - Pursuing <u>Goodness: The Science of Moral</u> <u>Change</u> (<u>https://canvas.pointloma.edu/calendar?</u> <u>event_id=80404&include_contexts=course_54712)</u>	10am to 11am
Thu Mar 25, 2021	PSY4020-2 SP21 - Pursuing Goodness: The Science of Moral Change (https://canvas.pointloma.edu/calendar? event_id=80495&include_contexts=course_54712)	12:30pm to 1:30pm
	WK 4 Attendance and Participation - Thursday 12:30-2:15 p.m. PST - In-Class/Zoom (https://canvas.pointloma.edu/courses/54712/assignments/0	due by 12:30pm 623409)
Sun Mar 28, 2021	WK5 Vital Engagement in a Vocation Video (https://canvas.pointloma.edu/courses/54712/assignments/	due by 11:59pm <u>623415)</u>
	WK5 Required Reading for <u>Tuesday Class Meeting (Class 9)</u>	to do: 8pm
Mon Mar 29, 2021	WK5 Watch Lectures/Videos for Class 9 - Spirituality for "Goodness Sake" (Part 1) (https://canvas.pointloma.edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/54712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/s4712/assignments/edu/courses/	due by 11:59pm <u>623416)</u>
Tue Mar 30, 2021	 PSY4020-1 SP21 - Pursuing Goodness: The Science of Moral Change (https://canvas.pointloma.edu/calendar? event_id=80429&include_contexts=course_54712) 	10am to 11am

3/3/2021	Syllabus for PSY4020-2 SP21 - Pursuing Goodness: The Science of Moral Change
Date	Details D
	PSY4020-2 SP21 - Pursuing Goodness: The Science of Moral Change (https://canvas.pointloma.edu/calendar? event_id=80496&include_contexts=course_54712)
	WK 5 Attendance and Participation - Tuesday 12:30-2:15 p.m. PST - In-Class/Zoom (https://canvas.pointloma.edu/courses/54712/assignments/623414)
	PSY4020-1 SP21 - Pursuing Goodness: The Science of Moral Change 10am to 11 (https://canvas.pointloma.edu/calendar? event_id=80405&include_contexts=course_54712)
Thu Apr 1, 2021	PSY4020-2 SP21 - Pursuing Goodness: The Science of Moral Change 12:30pm to 1:30 (https://canvas.pointloma.edu/calendar? event_id=80497&include_contexts=course_54712)
	ACAT Psychology Senior Exam (Extra Credit!) (https://canvas.pointloma.edu/courses/54712/assignments/623368)
Sun Apr 4, 2021	WK6 Take Good Life Survey due by 11:59 (https://canvas.pointloma.edu/courses/54712/assignments/623421)
	WK6 Required Reading for to do: 8:55 Tuesday Class Meeting (Class 10)
Mon Apr 5, 2021	WK 6 Watch Lectures/Videos for Class 10 - Spirituality for "Goodness Sake" (Part 2) (https://canvas.pointloma.edu/courses/54712/assignments/623422)
	WK6 Liturgical Examen due by 11:59 (https://canvas.pointloma.edu/courses/54712/assignments/623420)

3/3/2021	Syllabus for PSY4020-2 SP21 - Pursuing Goodness: The Science of Moral Change	
Date	Details	Due
Tue Apr 6, 2021	PSY4020-1 SP21 - Pursuing Goodness: The Science of Moral Change (https://canvas.pointloma.edu/calendar? event_id=80410&include_contexts=course_54712)	10am to 11am
	 PSY4020-2 SP21 - Pursuing Goodness: The Science of Moral Change (https://canvas.pointloma.edu/calendar? event_id=80498&include_contexts=course_54712) 	12:30pm to 1:30pm
	WK 6 Attendance and Participation - Tuesday 12:30-2:15 p.m. PST - In-Class/Zoom (https://canvas.pointloma.edu/courses/54712/assignment)	due by 12:30pm <u>nts/623418)</u>
Wed Apr 7, 2021	WK6 Required Reading for Thursday Class Meeting (Class 11)	to do: 8pm
		due by 11:59pm nts/623423)
Thu Apr 8, 2021	PSY4020-1 SP21 - Pursuing <u>Goodness: The Science of Moral</u> <u>Change</u> (https://canvas.pointloma.edu/calendar? event_id=80416&include_contexts=course_54712)	10am to 11am
	PSY4020-2 SP21 - Pursuing Goodness: The Science of Moral Change (https://canvas.pointloma.edu/calendar? event_id=80499&include_contexts=course_54712)	12:30pm to 1:30pm
	WK 6 Attendance and Participation - Thursday 12:30-2:15 p.m. PST - In-Class/Zoom (https://canvas.pointloma.edu/courses/54712/assignment)	due by 12:30pm nts/623417)
Sun Apr 11, 2021	WK6 Good Life Essay #1 (https://canvas.pointloma.edu/courses/54712/assignment	due by 11:59pm nts/623419)

Date	Details	Due
	WK7 Required Reading for Tuesday Class Meeting (Class 12)	to do: 8:58am
Mon Apr 12, 2021	WK7 Listen to: The True Hard Work of Love (Class 12) (https://canvas.pointloma.edu/courses/54712/assignment)	due by 11:59pm ments/623427)
	WK7 Watch Lectures/Videos for Class 12 - Love as a Capacity for Mature Giving - Fromm's Virtue Model of Generative Care (https://canvas.pointloma.edu/courses/54712/assignment)	due by 11:59pm <u>ments/623428)</u>
	PSY4020-1 SP21 - Pursuing Goodness: The Science of Moral Change (https://canvas.pointloma.edu/calendar? event_id=80420&include_contexts=course_54712)	10am to 11am
Tue Apr 13, 2021	PSY4020-2 SP21 - Pursuing Goodness: The Science of Moral Change (https://canvas.pointloma.edu/calendar? event_id=80500&include_contexts=course_54712)	12:30pm to 1:30pm
	WK 7 Attendance and Participation - Tuesday 12:30-2:15 p.m. PST - In-Class/Zoom (https://canvas.pointloma.edu/courses/54712/assignment)	due by 12:30pm ments/623425)
	WK7 Required Reading for <u>Thursday Class Meeting (Class 13)</u>	to do: 8pm
Wed Apr 14, 2021	WK7 Watch Lectures/Videos for Class 13 - Virtues and the Michelangelo Project (https://canvas.pointloma.edu/courses/54712/assignment)	due by 11:59pm ments/623429)
Thu Apr 15, 2021	 PSY4020-1 SP21 - Pursuing Goodness: The Science of Moral Change (https://canvas.pointloma.edu/calendar? event_id=80422&include_contexts=course_54712) 	10am to 11am

/3/2021	Syllabus for PSY4020-2 SP21 - Pursuing Goodness: The Science of Moral Char	nge
Date	Details	Due
	i PSY4020-2 SP21 - Pursuing	
	Goodness: The Science of Moral	
	<u>Change</u>	12:30pm to 1:30pm
	<u>(https://canvas.pointloma.edu/calendar?</u>	
	event_id=80501&include_contexts=course_54712)	
	WK 7 Attendance and WK 7 Attendance and Second Seco	
	Participation - Thursday 12:30-2:15	due by 12:30pm
	<u>p.m. PST - In-Class/Zoom</u>	
	(https://canvas.pointloma.edu/courses/54712/assignm	<u>nents/623424)</u>
0	₽ WK7 Good Life Essay #2	
Sun Apr 18, 2021	(https://canvas.pointloma.edu/courses/54712/assignm	due by 11:59pm nents/623426)
	WK8 Required Reading for	
	Tuesday Class Meeting (Class 14)	to do: 8:58am
Mon Apr 19, 2021		
	<u>for Class 14 - Triune Ethics Theory</u>	due by 11:59pm
	and the Virtues of Generative Care	
	<u>(https://canvas.pointloma.edu/courses/54712/assignm</u>	<u>1ents/623433)</u>
	📾 <u>PSY4020-1 SP21 - Pursuing</u>	
	Goodness: The Science of Moral	
	<u>Change</u>	10am to 11am
	(https://canvas.pointloma.edu/calendar?	
	event_id=80430&include_contexts=course_54712)	
	PSY4020-2 SP21 - Pursuing Geodness: The Science of Moral	
Tue Apr 20, 2021	<u>Goodness: The Science of Moral</u> <u>Change</u>	12:30pm to 1:30pm
	<u>(https://canvas.pointloma.edu/calendar?</u>	12.30pm to 1.30pm
	event id=80502&include contexts=course 54712)	
	B WK 8 Attendance and	
	Participation - Tuesday 12:30-2:15	due by 12:30pm
	<u>p.m. PST - In-Class/Zoom</u>	
	(https://canvas.pointloma.edu/courses/54712/assignm	<u>nents/623431)</u>
Wed Apr 21, 2021	WK8 Required Reading for	
	Thursday Class Meeting (Class 15)	to do: 8pm
	<u></u>	

Date	Details	Due
	₩K8 Self-Compassion	
	Homework (Class 15) due by 11:59	9pm
	(https://canvas.pointloma.edu/courses/54712/assignments/623432)	·
	₽ WK8 Watch Lectures/Videos	
	for Class 15 - Self-Compassion due by 11:59	9pm
	(https://canvas.pointloma.edu/courses/54712/assignments/623434)	
	BSY4020-1 SP21 - Pursuing	
	Goodness: The Science of Moral	
	Change 10am to 1 ²	1am
	(https://canvas.pointloma.edu/calendar?	
	event id=80431&include contexts=course 54712)	
	BSY4020-2 SP21 - Pursuing	
Thu Apr 22, 2021	Goodness: The Science of Moral	
Thu Api 22, 2021	Change 12:30pm to 1:30	0pm
	(https://canvas.pointloma.edu/calendar?	
	<u>event_id=80503&include_contexts=course_54712)</u>	
	B WK 8 Attendance and	
	Participation - Thursday 12:30-2:15	0
	p.m. PST - In-Class/Zoom due by 12:30	opm
	(https://canvas.pointloma.edu/courses/54712/assignments/623430)	
	WK9 Required Reading for to do: 8:44	Fom
	Tuesday Class Meeting (Class 16) to do: 8:45	Sam
Mon Apr 26, 2021		
	WK9 Watch Lectures/Videos	
	on Class 16 - The Shadow due by 11:59	9pm
	(https://canvas.pointloma.edu/courses/54712/assignments/623438)	
Tue Apr 27, 2021	BSY4020-1 SP21 - Pursuing	
	Goodness: The Science of Moral	
	Change 10am to 12	1am
	(https://canvas.pointloma.edu/calendar?	
	event_id=80406&include_contexts=course_54712)	
	BSY4020-2 SP21 - Pursuing	
	Goodness: The Science of Moral	
	<u>Change</u> 12:30pm to 1:30	0pm
		0pm

Date	Details	Due
	▶ WK 9 Attendance and Participation - Tuesday 12:30-2:15 p.m. PST - In-Class/Zoom (https://canvas.pointloma.edu/courses/54712/assignments/6	due by 12:30pm 23436)
Wed Apr 28, 2021	■ WK9 Required Reading for Thursday Class Meeting (Class 17)	to do: 8pm
	 PSY4020-2 SP21 - Pursuing Goodness: The Science of Moral Change (https://canvas.pointloma.edu/calendar? event_id=80505&include_contexts=course_54712) 	12:30pm to 1:30pm
	WK 9 Attendance and Participation - Thursday 12:30-2:15 p.m. PST - In-Class/Zoom (https://canvas.pointloma.edu/courses/54712/assignments/6	due by 12:30pm : <u>23435)</u>
Thu Apr 29, 2021	■ Wk9 Required Reading For Tuesday Class Meeting Class 17	to do: 8pm
	WK9 Listen to the Sermon "The Ruthless Elimination of Hurry" and Respond Using Siegel, Nouwen, and Smith (https://canvas.pointloma.edu/courses/54712/assignments/6	due by 11:59pm 23437)
	WK9 Watch Lectures/Videos on Class 17 - Mindfulness (https://canvas.pointloma.edu/courses/54712/assignments/6	due by 11:59pm 23439)
Sun May 2, 2021	WK10 Take Good Life Survey #3 (https://canvas.pointloma.edu/courses/54712/assignments/6	due by 11:59pm : <u>23374)</u>
	■ WK10 Required Reading for Tuesday Class Meeting (Class 18)	to do: 8:58am
Mon May 3, 2021	₩K10 Watch Lectures/Videos on Class 18 - Mindfulness, Empathy, and Compassion (https://canvas.pointloma.edu/courses/54712/assignments/6	due by 11:59pm 23375)

Data	Detaile	Due
Date	Details	Due
	PSY4020-1 SP21 - Pursuing	
	Goodness: The Science of Moral	
	<u>Change</u>	10am to 11am
	(https://canvas.pointloma.edu/calendar?	
	<u>event_id=80407&include_contexts=course_54712)</u>	
	BSY4020-2 SP21 - Pursuing	
Tuo Mov 4, 2021	Goodness: The Science of Moral	
Tue May 4, 2021	<u>Change</u>	12:30pm to 1:30pm
	<pre>(https://canvas.pointloma.edu/calendar?)</pre>	
	event_id=80506&include_contexts=course_54712)	
	₩K 10 Attendance and	
	Participation - Tuesday 12:30-2:15	d a h 40.00 a a
	p.m. PST - In-Class/Zoom	due by 12:30pm
	(https://canvas.pointloma.edu/courses/54712/assignme	<u>nts/623373)</u>
	WK10 Required Reading for	
	Thursday Class Meeting (Class 19)	to do: 8pm
Wed May 5, 2021		
	WK10 Watch Lectures/Videos	
	<u>on Class 19 - Empathy</u>	due by 11:59pm
	(https://canvas.pointloma.edu/courses/54712/assignme	<u>nts/623376)</u>
	i	
	Goodness: The Science of Moral	
	<u>Change</u>	10am to 11am
	<pre>(https://canvas.pointloma.edu/calendar?)</pre>	
	event_id=80411&include_contexts=course_54712)	
Thu May 6, 2021	BSY4020-2 SP21 - Pursuing	
	Goodness: The Science of Moral	
	<u>Change</u>	12:30pm to 1:30pm
	<u>(https://canvas.pointloma.edu/calendar?</u>	
	event_id=80507&include_contexts=course_54712)	
	B WK 10 Attendance and	
	Participation - Thursday 12:30-2:15	due by 12:30pm
	<u>p.m. PST - In-Class/Zoom</u>	
	(https://canvas.pointloma.edu/courses/54712/assignme	nts/623372)
Mon May 10, 2021	WK11 Required Reading for	to do: 8:58am
Mon May 10, 2021		

Date	Details	Due
	WK11 Watch Lectures/Videos on Class 20 - Compassion (https://canvas.pointloma.edu/courses/54712/assignments/	due by 11:59pm
	PSY4020-1 SP21 - Pursuing Goodness: The Science of Moral Change (https://canvas.pointloma.edu/calendar? event_id=80417&include_contexts=course_54712)	10am to 11am
Tue May 11, 2021	PSY4020-2 SP21 - Pursuing Goodness: The Science of Moral Change (https://canvas.pointloma.edu/calendar? event_id=80508&include_contexts=course_54712)	12:30pm to 1:30pm
	WK 11 Attendance and Participation - Tuesday 12:30-2:15 p.m. PST - In-Class/Zoom (https://canvas.pointloma.edu/courses/54712/assignments/	due by 12:30pm (623378)
Wed May 12, 2021	WK11 Required Reading for Thursday Class Meeting (Class 21)	to do: 8pm
	WK11 Watch Lectures/Videos on Class 21 - Developing Trust (https://canvas.pointloma.edu/courses/54712/assignments/	due by 11:59pm / <mark>623380)</mark>
Thu May 13, 2021	PSY4020-1 SP21 - Pursuing Goodness: The Science of Moral Change (https://canvas.pointloma.edu/calendar? event_id=80423&include_contexts=course_54712)	10am to 11am
	PSY4020-2 SP21 - Pursuing Goodness: The Science of Moral Change (https://canvas.pointloma.edu/calendar? event_id=80509&include_contexts=course_54712)	12:30pm to 1:30pm
	WK 11 Attendance and Participation - Thursday 12:30-2:15 p.m. PST - In-Class/Zoom (https://canvas.pointloma.edu/courses/54712/assignments/	due by 12:30pm / <u>623377)</u>

Date	Details	Due
	WK12 Required Reading for Tuesday Class Meeting (Class 22)	to do: 8pm
	WK12 Watch "Moana" and Write a Response (Class 22)	due by 11:59pm
Mon May 17, 2021	(https://canvas.pointloma.edu/courses/54712/assignr	<u>nents/623385)</u>
	WK12 Watch Lectures/Videos	
	<u>on Class 22 - How we Learn to</u> Trust/Mistrust	due by 11:59pm
	(https://canvas.pointloma.edu/courses/54712/assignr	<u>nents/623383)</u>
	PSY4020-1 SP21 - Pursuing	
	Goodness: The Science of Moral	
	<u>Change</u>	10am to 11am
	<u>(https://canvas.pointloma.edu/calendar?</u> <u>event_id=80408&include_contexts=course_54712)</u>	
	B PSY4020-2 SP21 - Pursuing	
Tuo May 18, 2021	Goodness: The Science of Moral	
Tue May 18, 2021	<u>Change</u>	12:30pm to 1:30pm
	<u>(https://canvas.pointloma.edu/calendar?</u> event_id=80510&include_contexts=course_54712)	
	event_id=80310&include_contexts=course_34712)	
	WK 12 Attendance and	
	<u>Participation - Tuesday 12:30-2:15</u> p.m. PST - In-Class/Zoom	due by 12:30pm
	(https://canvas.pointloma.edu/courses/54712/assignr	<u>nents/623382)</u>
	WK12 Required Reading for	ta day Orara
	Thursday Class Meeting (Class 23)	to do: 8pm
Wed May 19, 2021	WK12 Watch Lectures/Videos	
	on Class 23 - Gratitude	due by 11:59pm
	(<u>https://canvas.pointloma.edu/courses/54712/assignr</u>	
Thu May 20, 2021	PSY4020-1 SP21 - Pursuing	
	Goodness: The Science of Moral	. <u>.</u>
	Change	10am to 11am
	<u>(https://canvas.pointloma.edu/calendar?</u> event_id=80412&include_contexts=course_54712)	
	<u>event_id=00+12@include_contexts=course_34/12)</u>	

3/2021	Syllabus for PSY4020-2 SP21 - Pursuing Goodness: The Science of Moral Chang	ge
Date	Details	Du
	PSY4020-2 SP21 - Pursuing	
	Goodness: The Science of Moral	
	<u>Change</u>	12:30pm to 1:30pi
	(https://canvas.pointloma.edu/calendar?	
	event_id=80511&include_contexts=course_54712)	
	B WK 12 Attendance and	
	Participation - Thursday 12:30-2:15	due by 12:30p
	<u>p.m. PST - In-Class/Zoom</u>	
	<u>(https://canvas.pointloma.edu/courses/54712/assignm</u>	<u>ents/623381)</u>
	■ WK13 Required Reading for	
	Tuesday Class Meeting (Class 24)	to do: 8pi
Man May 24, 2021	,,,,,,.	
Mon May 24, 2021	WK13 Watch Lectures/Videos	
	on Class 24 - Cultivating Gratitude	due by 11:59p
	(https://canvas.pointloma.edu/courses/54712/assignm	• •
	PSY4020-1 SP21 - Pursuing	
	Goodness: The Science of Moral	
	Change	10am to 11a
	(https://canvas.pointloma.edu/calendar?	
	event_id=80424&include_contexts=course_54712)	
	PSY4020-2 SP21 - Pursuing	
Tue May 25, 2021	Goodness: The Science of Moral	10.00
	<u>Change</u>	12:30pm to 1:30p
	(https://canvas.pointloma.edu/calendar?	
	event_id=80512&include_contexts=course_54712)	
	By WK 13 Attendance and	
	Participation - Tuesday 12:30-2:15	du a hu 40.00
	p.m. PST - In-Class/Zoom	due by 12:30p
	(https://canvas.pointloma.edu/courses/54712/assignm	<u>ents/623387)</u>
	WK13 Required Reading for	
	<u>Thursday Class Meeting (Class 25)</u>	to do: 8p
Ved May 26, 2021		
	WK13 Watch Lectures/Videos	A 6 44.50
	on Class 25 - Forgiveness	due by 11:59p
	<u>(https://canvas.pointloma.edu/courses/54712/assignm</u>	<u>ents/623389)</u>

Date	Details	Due
	i	
	Goodness: The Science of Moral	
	<u>Change</u>	10am to 11am
	(https://canvas.pointloma.edu/calendar?	
	<u>event_id=80425&include_contexts=course_54712)</u>	
	PSY4020-2 SP21 - Pursuing	
Thu May 27, 2021	Goodness: The Science of Moral	
	<u>Change</u>	12:30pm to 1:30pm
	<pre>(https://canvas.pointloma.edu/calendar? event id=80513&include contexts=course 54712)</pre>	
	,	
	WK 13 Attendance and Desticing Thursday 12:20 2:15	
	Participation - Thursday 12:30-2:15	due by 12:30pm
	<u>p.m. PST - In-Class/Zoom</u> (<u>https://canvas.pointloma.edu/courses/54712/assignme</u>	nte/622286)
		<u> (13/023300)</u>
Sun May 30, 2021	Take Good Life Survey #4	due by 11:59pm
	<u>(https://canvas.pointloma.edu/courses/54712/assignme</u>	nts/623371)
	WK14 Required Reading for	to do: 8:58am
	Tuesday Class Meeting (Class 26)	10 00. 8.56811
Mon May 31, 2021	WK14 Watch Lectures/Videos	
	on Class 26 - The Three Neural	
	Faces of Love	due by 11:59pm
	(https://canvas.pointloma.edu/courses/54712/assignme	<u>nts/623391)</u>
	PSY4020-1 SP21 - Pursuing	
	Goodness: The Science of Moral	
	<u>Change</u>	10am to 11am
	(https://canvas.pointloma.edu/calendar?	
	event_id=80413&include_contexts=course_54712)	
	BY4020-2 SP21 - Pursuing	
Tue Jun 1, 2021	Goodness: The Science of Moral	
	<u>Change</u>	12:30pm to 1:30pm
	(https://canvas.pointloma.edu/calendar?	
	<u>event_id=80514&include_contexts=course_54712)</u>	
	WK 14 Attendance and	
	Participation - Tuesday 12:30-2:15	due hu 40.00
	p.m. PST - In-Class/Zoom	due by 12:30pm

Date	Details	Due
	WK14 Required Reading for to do: 8 Thursday Class Meeting (Class 27)	8pm
Wed Jun 2, 2021	WK14 Watch Lectures/Videos on Class 27 - Course Conclusion due by 11:59 (https://canvas.pointloma.edu/courses/54712/assignments/623392)	9pm
	PSY4020-1 SP21 - Pursuing Goodness: The Science of Moral Change 10am to 1 (https://canvas.pointloma.edu/calendar? event_id=80426&include_contexts=course_54712)	1arr
Thu Jun 3, 2021	Image 12:30pm to 1:30 (https://canvas.pointloma.edu/calendar? event_id=80515&include_contexts=course_54712)	0prr
	ETS Proficiency Assessment due by 12:30 <u>(https://canvas.pointloma.edu/courses/54712/assignments/623369)</u>	0pm
Tue Jun 8, 2021	Final Exam due by 1:30 (https://canvas.pointloma.edu/courses/54712/assignments/623366)	0pm
Thu Jun 10, 2021	WK15 Final Exam Description to do: 10:30	0arr
	Extra Credit - Fuller Integration Symposium (https://canvas.pointloma.edu/courses/54712/assignments/623370)	
	Psychology Major Comprehensive Examination (https://canvas.pointloma.edu/courses/54712/assignments/623367)	