

**Practicum or Internship**

Meeting Days:	By Appointment	Instructor:	Jacob R. Goodin, Ph.D., CSCS
Meeting Times:	By Appointment	Phone:	(619) 849-2254
Meeting Location(s):	My Office	Email:	<a href="mailto:jgoodin@pointloma.edu">jgoodin@pointloma.edu</a>
Final Exam:	N/A	Office Hours:	By Appointment

**PLNU Mission****To Teach ~ To Shape ~ To Send**

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service becomes an expression of faith. Being of Wesleyan heritage, we aspire to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

**COURSE DESCRIPTION**

The internship/practicum experience presents opportunities for students to pursue practical work in their chosen field of study that relates to their professional plans. The department expects the student to have completed coursework and have the necessary experience to carry out the objectives of the internship as well as possess the habits and motivation to be of benefit to the sponsoring agency. Furthermore, the student must understand that he/she represents Point Loma Nazarene University during the entire internship and therefore should act professionally and ethically at all times.

**INTERNSHIP GUIDELINES****- Recommended Hours**

3 credits = 10-12 hours/week, at least 8 weeks

2 credits = 8-10 hours/week, at least 8 weeks

1 credit = 4-6 hours/week, at least 8 weeks

There is flexibility in hours per week as long as the total hours are completed. For example, a student may desire to complete internship during the summer or may want to extend the internship past 8 weeks. It is suggested, however, that the internship not be less than four weeks in length and not continue longer than two terms (16 weeks). Be sure to plan in advance.

**INTERNSHIP PROCEDURES**

1. Upon expression of interest in an internship, \_\_\_\_\_ (internship coordinator) will help the student discern the goals and objectives of the internship as well as the rationale for engaging in the internship and project.

\*See paragraph below. Internship must be developed to achieve specific MS-KIN program learning outcomes.

2. The Internship Coordinator and the student will discuss the journaling process. Journals should be typed and forwarded to the Internship Coordinator and Academic Advisor every 4 weeks.

3. The intern will be evaluated. This will be done through conferring with the field sponsor and having a closing meeting with the student to discuss the internship and evaluate the journal, written evaluation and/or summative project. It is required that the field sponsor complete an evaluation form, which will be provided by the Academic Advisor.

### **STUDENT LEARNING OUTCOMES**

An essential component of the Internship/Practicum experience is to give the graduate student direct, relevant experience in her/his discipline. Therefore each internship experience should accomplish at least 3 of the Learning Outcomes of the MS-KIN program (see below). The intern and coordinator should agree on which of the following MS-KIN program learning outcomes will be met by the internship experience through the various assignments outlined on pg. 4. The two will work together to evaluate the extent to which the student met these outcomes as a result of the experience:

#### ***Students who complete the MS-KIN will be able to:***

1. Appraise current research data in Kinesiology and integrate it into professional practice to solve relevant problems and make effective decisions.
2. Work independently and with a team to persuasively communicate essential information in their discipline.
3. Demonstrate appropriate breadth of knowledge of the background and principle research in their specialization in order to conduct an independent research project.
4. Serve various populations, integrating compassionate care and the Christian faith with their professional practice.
5. Pursue an active and growing involvement in their discipline by achieving advanced certification and/or membership in a related professional organization.

#### **Depending on the Student's Area of Concentration, the following Learning Outcomes may also apply:**

Upon completing an area of concentration, students will be able to:

##### ***Sport Performance Concentration***

1. Integrate clinical experience with the use of the current best evidence to make effective decisions about the optimal care of patients and clients.
2. Develop and apply technical knowledge in sports performance and/or sports medicine through direct patient care and client interaction that improves health outcomes.
3. Work with a team of colleagues to construct and present a critical appraisal of a current topic to enhance professional practice in sport performance.

##### ***Sport Science Concentration***

1. Integrate clinical experience with the use of the current best evidence to make effective decisions about the optimal care of patients and clients.
2. Develop and apply technical knowledge in sports performance and/or sports technology and data analytics through training sessions and face-to-face interaction with athletes in testing and monitoring situations
3. Work with a team of colleagues to collect monitoring data, analyze it, and both generate and explore hypotheses related to performance and training outcomes.

4. Return data to performance coaching staff in order to drive performance forward.

## **REQUIRED TEXTS AND RECOMMENDED RESOURCES**

Please communicate with the professional with whom you are interning to determine the recommended readings and resources to complete the experience.

## **ATTENDANCE AND PARTICIPATION**

Regular and punctual attendance at all classes is considered essential to optimum academic achievement. If the student is absent from more than 10 percent of meetings, the faculty member has the option of filing a written report which may result in de-enrollment. If the absences exceed 20 percent, the student may be de-enrolled without notice. If the date of de-enrollment is past the last date to withdraw from a class, the student will be assigned a grade of W or WF consistent with university policy in the grading section of the catalog. See [Academic Policies](#) in the undergrad student catalog.

## **INCOMPLETES AND LATE ASSIGNMENTS**

All assignments are to be submitted/turned in by the beginning of the class session when they are due—including assignments posted in Canvas.

## **ACADEMIC DISHONESTY**

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. As stated in the university catalog, "Academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. Such acts include plagiarism, copying of class assignments, and copying or other fraudulent behavior on examinations. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for a) that particular assignment or examination, and/or b) the course." See [Academic Policies](#) in the undergrad student catalog.

## **ACADEMIC ACCOMMODATIONS**

While all students are expected to meet the minimum academic standards for completion of this course as established by the instructor, students with disabilities may require academic accommodations. At Point Loma Nazarene University, students requesting academic accommodations must file documentation with the [Disability Resource Center](#) (DRC), located in the Bond Academic Center. Once the student files documentation, the Disability Resource Center will contact the student's instructors and provide written recommendations for reasonable and appropriate accommodations to meet the individual needs of the student. See [Academic Policies](#) in the undergrad student catalog.

## **FERPA POLICY**

In compliance with federal law, neither PLNU student ID nor social security number should be used in publically posted grades or returned sets of assignments without student written permission. This class will meet the federal requirements by (each faculty member choose one strategy to use:

distributing all grades and papers individually; requesting and filing written student permission; or assigning each student a unique class ID number not identifiable on the alphabetic roster.). Also in compliance with FERPA, you will be the only person given information about your progress in this class unless you have designated others to receive it in the "Information Release" section of the student portal. See [Policy Statements](#) in the undergrad student catalog.

**ASSESSMENT AND GRADING** (\*the requirements below represent the minimum expectations of the internship experience. The Internship Coordinator may assign additional requirements as deemed necessary and as approved by the student's Academic Advisor)

**Internship Requirements:**

\*all internship requirements (i.e. the Verification of Internship Hours form, the Written Reflection and any Additional Project) will be sent to the student's academic advisor via email.

**a. Completion of hours (70% of grade)**

**b. Journal (15% of grade)**

A weekly record must be kept of the experience. This journal must be typed and should include adequate detail associated with student observation, activity and learning synthesis. Hours of experience should be included and highlighted such that the advisor can easily confirm that the required numbers of hours and key learning objectives have been achieved. It is hoped that this journal would serve as a valuable resource and tool if the student were to be involved in a similar setting in the future.

**c. Written reflection/evaluation of experience (15% of grade)** Upon completion of the required experience, the student will produce a concise and thoughtful reflection of the internship experience. The written evaluation must be grammatically correct, and include the following:

1. Description of program (i.e. location, type of experience, hours, duties, etc.)
2. Description of goals / expected outcomes of program
3. Summary of learning / goal attainment / value of experience / effect on future career decisions
4. Reflection of entire field experienced.

**d. Additional project (% of grade TBD)**

An additional project may be required, if, in the view of the advisor and/or the field sponsor, such a project is warranted. For example, students may create business plans, or specific rehabilitation programs associated with the internship experience.