

Dates: 1/13/20 - 05/08/20

Meeting Day/Time/Location: Friday,
11:00am - 12:50pm, Mission Valley 309

Credit Hours: 3

PLNU MISSION

To Teach ~ To Shape ~ To Send

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service becomes an expression of faith. Being of Wesleyan heritage, we aspire to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

INSTRUCTOR INFORMATION

Instructor: Susan Ganz, PhD, ATC

Phone: 619-701-2567

Email: susanganz@pointloma.edu



Instructor: Ryan Nokes, PhDc, ATC

Phone: 559-901-7021

Email: ryannokes@pointloma.edu

COURSE DESCRIPTION

This is the last of five sequential clinical education courses. The aim of this course is to equip students who are pursuing a career in Athletic Training with the basic knowledge and skills required to begin the work of caring for the physical and mental needs of the physically-active. In the process, you will develop an emerging mastery of the Educational Competencies of the NATA's Educational Council. In addition, there will be instruction and supervision in the clinical aspects of Athletic Training by a Certified Athletic Trainer/Clinical Preceptor in an off-campus setting. This course places an emphasis on therapeutic modalities, therapeutic exercise, pharmacology, nutrition, and sport psychology.

INSTITUTIONAL LEARNING OUTCOMES (ILO)

1. **Learning, Informed by our Faith in Christ**
Students will acquire knowledge of human cultures and the physical and natural world while developing skills and habits of the mind that foster lifelong learning.
2. **Growing, In a Christ-Centered Faith Community**
Students will develop a deeper and more informed understanding of others as they negotiate complex professional, environmental, and social contexts.
3. **Serving, In a Context of Christian Faith**
Students will serve locally and/or globally in vocational and social settings.

PROGRAM LEARNING OUTCOMES (PLO)

The Point Loma Nazarene University MS-AT graduate will be able to

1. Demonstrate competency in interpreting evidence-based research and improving clinical standards and practice through clinical question development and research methodology.
2. Develop expertise in the athletic training domains through an integrative experiential clinical model.
3. Demonstrate the appropriate knowledge and educational foundation required for an entry-level Certified Athletic Trainer.
4. Establish and understand the importance of inter-professional relationships, while collaborating with other health care professionals to become effective communicators.
5. Demonstrate preparation, knowledge and skill in the delivery of comprehensive healthcare to a diverse set of patients with musculoskeletal injuries and conditions and illnesses in a distinctly moral and ethical manner, integrating Christian faith with clinical practice.

COURSE LEARNING OUTCOMES (CLO)

After completing this course, you should be able to:

1. Perform at an "autonomous" level on proficiency testing as evaluated by their Athletic Training Preceptor.
2. Receive 85% or better during evaluations with a Clinical Preceptor in the areas of personal performance, education competence, psychomotor skill and clinical proficiency.

3. Perform assessment/diagnostic techniques for musculoskeletal and general medical conditions of the human body.
4. Develop comprehensive treatment plans for injuries/illnesses that incorporate therapeutic modalities, therapeutic exercise, pharmacology, nutrition, and sports psychology foundational principles.

CLINICAL COURSE CREDIT HOUR POLICY

Each clinical course within the athletic training program is worth 3 units of credit. See below for course credit hour and clinical hour expectations:

1 course credit hour = 75 - 149 hours of clinical experience

2 course credit hours = 150 - 224 hours of clinical experience

3 course credit hours = 225 - 299 hours of clinical experience

4 course credit hours = 300 - 375 hours of clinical experience

Each clinical course syllabi have specific clinical hour policies and expectations regarding the completion of these clinical hours. Please see course syllabus for more information. See clinical education progression for more details on clinical education hour requirements.

CLINICAL ROTATION REQUIREMENTS

Students will participate in a 16-week hands-on clinical educational experience at the collegiate level. Students will begin the clinical experience by participating in a two-week immersion experience. Students will be expected to complete 30-40 hours of clinical experience each week. Therefore, the student should have 60-80 hours of clinical experience after the immersion experience.

Students will complete the remaining 14-week clinical educational experience while taking didactic courses. Students should expect to be scheduled at their clinical site 5-6 times per week. Students must have at least one day off in a seven day period.

A total of 225-299 clinical hours for the entire semester is required of the athletic training student.

Transportation to the clinical site is the responsibility of the individual student as stipulate in the [university catalog](#) and the [MS-AT student handbook](#). Consider organizing car pools. Transportation problems will not be seen as a reason for excused absences from clinical rotations.

All students are required to attend all assigned days. If a student misses a day, the student is required to make up those missed hours. Students are allowed a total of three miss/switch days a semester.

All students are required to follow the dress code established by the [MS-AT student handbook](#) and requirements set during the MS-AT clinical orientation at the beginning of the semester.

Clinical Hour Grading – 200 points

| <i>Clinical Hours</i> | <i>Points</i> |
|-----------------------|---------------|
| 225-249 hours | 160 |
| 250-274 | 180 |
| 274-299 | 200 |

REQUIRED TEXTS & RECOMMENDED RESOURCES

This course, being a hands-on experience, will demand that the student use a wide base of resources for gathering needed information. The student should possess in their personal library such textbooks that will assist them in completing the courses objectives.

ASSESSMENT AND GRADING

Course Assignments

| Assignment Name | Points |
|--|---------------|
| Clinical Hours Completion | 200 |
| Clinical Hour Logs & Daily Journal Reflections | 150 |
| Preceptor Evaluations | 50 |
| CEP Deadlines | 250 |
| CASE Report Presentation | 200 |
| Video Reflections | 225 |
| Treatment Plans | 150 |
| <i>Total</i> | <i>1225</i> |

Grade Scale

| | | | |
|-----------|--------|-----------|-------|
| A | 93-100 | C | 73-76 |
| A- | 90-92 | C- | 70-72 |

| | | | |
|-----------|-------|-----------|-------|
| B+ | 87-89 | D+ | 67-69 |
| B | 83-86 | D | 63-66 |
| B- | 80-82 | D- | 60-62 |
| C+ | 77-79 | F | 0-59 |

LATE ASSIGNMENTS

- All assignments are to be submitted by the due date and time listed in the calendar via Canvas.
- While there are due dates for weekly assignments, you are welcome to post your work earlier in the week. In our discussions, late work means that others may not have the opportunity to respond to your comments. It also means that you will not have the benefit of as much interaction with other students as you will have if your assignment is posted on time. If you know you will be away on the day your assignment is due, please post your work before you leave.
- Missed exams or quizzes may **ONLY** be made up with a legal, written excuse.
- Late work will **NOT** be accepted or graded; assignments will be considered late if posted **after midnight Pacific Standard Time on the day they are due.**

INSTRUCTOR FEEDBACK

Assignments will be graded as soon after the due date as possible and grades will be posted to the Canvas gradebook. If an immediate response is needed, email or phone the instructor.

PLNU ATTENDANCE AND PARTICIPATION POLICY

Regular and punctual attendance at all classes is considered essential to optimum academic achievement. If the student is absent from more than 10 percent of class meetings, the faculty member can file a written report which may result in de-enrollment. If the absences exceed 20 percent, the student may be de-enrolled without notice until the university drop date or, after that date, receive the appropriate grade for their work and participation. See Academic Policies in the Graduate and Professional Studies Catalog for additional detail.

COPYRIGHT POLICY

Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by the US Copyright Act for classroom education. Any use of those materials outside the class may violate the law. All supplemental materials posted on this course site (including articles, book excerpts, or other documents) are provided for your personal academic use. These materials may be protected by copyright law and should not be duplicated or distributed without permission of the copyright owner.

ACADEMIC HONESTY

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. As explained in the university catalog, "Academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the result of another person's creativity and effort. Violations of university academic honesty include cheating, plagiarism, falsification, aiding the academic dishonesty of others, or malicious misuse of university resources. An instructor who believes a situation involving academic dishonesty has been detected may assign a failing grade for a) that particular assignment or examination, and/or b) the course following the procedure in the university catalog. Students may appeal using the procedure in the university catalog. See [Academic Policies](#) for further information.

ACADEMIC ACCOMMODATIONS

While all students are expected to meet the minimum standards for completion of this course as established by the instructor, students with disabilities may require academic accommodations or adjustments, modifications or auxiliary aids/services. At Point Loma Nazarene University (PLNU), these students are requested to register with the Disability Resource Center (DRC), located in Rm. 312C at the Mission Valley Regional Center via DRC@pointloma.edu or 619.849.2533. The DRC's policies and procedures for assisting such students in the development of an appropriate Accommodation Plan (AP) allows PLNU to comply with Section 504/508 of the Rehabilitation Act and the Americans with Disabilities Act. Section 504 (a) prohibits discrimination against students with special needs and guarantees all qualified students equal access to and benefits of PLNU programs and activities. After the student files the required and official disability documentation, the DRC will contact the student within 15 business days to schedule an AP meeting. During the AP meeting an Accommodation Plan will be established to meet the student's specific disability-related needs. The DRC will thereafter email the student's AP to all faculty who teach courses in which the student is enrolled each quad/semester. The AP must be implemented in all such courses by faculty. All questions should be directed to the DRC for clarification.

SPIRITUAL CARE

Please be aware PLNU strives to be a place where you grow as whole persons. To this end, we provide resources for our graduate students to encounter God and grow in their Christian faith. There are resources for your Christian faith journey available at the [Graduate & Professional Student Spiritual Life web page](#).

USE OF TECHNOLOGY

In order to be successful in the online environment, you'll need to meet the minimum technology and system requirements; please refer to the Technology and System Requirements page.

Problems with technology do not relieve you of the responsibility of participating, turning in your assignments, or completing your class work.

If you do need technical help, you may click on the HELP button (located on the top-right corner of Canvas) and choose from whom you want assistance, or you may contact the campus helpdesk (619.849.2222).