



Intercollegiate Athletics
ANNUAL REPORT

2017 – 2018

Intercollegiate Athletics

Mission Statement

PLNU champions a Christ-centered environment where student-athletes experience holistic growth while pursuing academic and athletic distinction.

Program Overview

The PLNU athletic program officially became a full active member of NCAA Division II on September 1, 2014. It has been a member of the Pacific West Conference since the fall of 2012. The university fields 11 intercollegiate sports teams: men's and women's soccer, women's cross country, women's volleyball, men's and women's basketball, women's golf, baseball, men's and women's tennis and women's track and field.

There are 214 student-athletes who have competed in the athletic program this past year. As mentioned above in the mission statement, the athletic department has focused on the student-athlete experience with a focus of maximizing growth and success academically, athletically, spiritually while also engaging in our community.

In the grid below, athletics is looking at six areas with intended learning outcomes. The spiritual development program would be defined measuring the student-athletes' spiritual growth and access to growth opportunities through the athletic department and their specific sport. Academic development would be defined by student-athletes' success in the classroom, measured by grade point averages and graduation rates. Athletic development would be defined by student-athletes' growth in their specific sport and both team and individual successes. Community engagement pertains to developing students and communities by actively engaging in shared experiences. Campus engagement connects the athletic department with other faculty, staff and students for shared experiences. This can be done through events, intramurals, and school spirit. Student-athlete leadership and SAAC (Student-Athlete Advisory Committee) are areas that allows for student-athletes to enhance their experience through leadership growth opportunities.

Intended Learning Outcomes

Program	<div> <div>Cognitive Complexity</div> <div>Knowledge Acquisition, Integration & Application</div> <div>Humanitarianism & Civic Engagement</div> <div>Interpersonal & Intrapersonal Competence</div> <div>Practical Competence</div> </div>				
Spiritual Development	X	X	X	X	
Academic Development	X	X		X	X
Athletic Development	X	X	X	X	X
Community Engagement	X	X	X	X	X
Campus Engagement	X	X	X	X	X
Student-Athlete Leadership & SAAC	X	X	X	X	X

Evidence of Learning

Cognitive Complexity

Spiritual Development – The Athletic Department provides unique opportunities to challenge our student-athletes to be open to new ideas and perspectives. These opportunities are shaped through spiritual development programming. Intentional spiritual development programming often takes place at events like Athletic Worship Day, Fellowship of Christian Athletes (FCA) Days, and by coaches' mentorship of our student-athletes (see Appendix D).

Academic Development – The GPA Report, Graduation Rates Report & Academic Success Rate Report are good example of our student-athletes academic success and their assimilation of new ideas and perspectives (see Appendix B and C).

Athletic Development – Student-athletes engage with their coaches and teammates in constructive ways on a daily basis. Daily practices, team meetings, competition, developing a game plan, strategy sessions, and time spent together created opportunities for our student-athletes to process and develop new ideas and perspectives.

Community Engagement – The community engagement opportunities in which our student-athletes are involved have allowed them to work with others, as well as be exposed to new ideas and experiences. Examples of these community engagement events include Special Olympics, Make-A-Wish, Ocean Beach Second Chance Bread of Life Ministry, Susan G. Komen Foundation, ALS Foundation, Operation Christmas Child, and a mission trip to Panama to name a few (see Appendix A).

Campus Engagement – The Student-Athlete Advisory Committee (SAAC) involvement in campus engagement events also opens them up to new ideas and experiences within their own campus community. Examples of these campus engagement opportunities are New Student Orientation (NSO), Mr. Sea Lion, and Fall Festival (see Appendix A).

Student-Athlete Leadership – SAAC has exhibited openness to new ideas and perspectives. Throughout the year they supported organizations like Wounded Warrior Project, Operation Christmas Child, Special Olympics and Make-A-Wish. These events give the student-athlete a different perspective on helping diverse organizations within our community (see Appendix A).

Knowledge Acquisition, Integration, and Application

Spiritual Development – We hold three spiritual development events each year for all student-athletes, featuring guest speakers, testimonies and direction as to how to apply your faith as a young adult and student-athlete. Two of these three events use the model established through our involvement with Fellowship of Christian Athletes (FCA). The other is a formal event attended by all student-athletes featuring testimonies from fellow student-athletes and other guest speakers. Individual teams also hold team Bible studies, and other spiritually driven team functions (see Appendix A).

Academic Development – For the fourth straight year, PLNU was honored with the prestigious NCAA Presidents Award for Excellence and leading the nation the past two years with a 99% academic-success rate. We work closely with professors to insure school work and class misses are minimized due to athletic contests. Academics are front and center for all student-athletes and every effort is made to provide tutoring and additional study resources. Student-athletes also develop time management skills. The results are that the overall GPA of our student-athletes has exceeded 3.25 each year since joining the NCAA; and this year was 3.37. Student-athletes once again graduated at a higher rate than the general student body in 2017-18 (see Appendix B, C and E), and for the first time, every PLNU athletics team had a team GPA of over 3.0 for the year.

Athletic Development – Student-athletes are taught the importance of time management and extending their athletic development beyond required team practices. They are also provided information on maintaining healthy minds and bodies through diet and exercise. The Sports Survey captures the student-athletes level of satisfaction in this area (see Appendix D).

Community Engagement – Student-athletes are heavily involved in community programs through their individual teams and the Student Athlete Advisory Committee (SAAC). These groups help develop community service programs and partner with outside community organizations to assist in projects that aid the homeless, people with disabilities, troubled youth, and many other groups. Some of these organizations that provide hands on experience to our student-athletes are Bread of Life ministries, Breast Cancer Awareness, Make-A-Wish Foundation, foreign mission trips, and many others (see Appendix A).

Campus Engagement – The Student Athlete Advisory Committee (SAAC) consists of two members from each of our athletic teams. One of their primary missions is to engage and support the general student body. They have done this through by participating as volunteer assistants during general physical education classes helping students learn and appreciate the sports that our student-athletes play. They were also involved with Campus Wellness and participating in numerous events such as Lead Week, NSO and helping new students on Move-In Day. Our student-athletes work directly with ASB to create, support, and participate in non-athletic club activities on campus (see Appendix A).

Student-Athlete Leadership – Two of PLNU’s student-athletes were selected by the NCAA to attend the NCAA Career in Sports Forum, an exclusive national conference in Indianapolis, as a result of their leadership record throughout their time as an NCAA student-athlete and their interest in a career in sports management. In addition, two members of each PLNU athletic team represent their teammates within the PLNU Student Athlete Advisory Committee (SAAC). These SAAC members are charged with coordinating community engagement events, partnering with university ASB, and gathering information and issues from their teammates to represent them as decisions are made within the athletic department. They have their own elected board, constitution, and mission statement. Members of PLNU SAAC also represent the PacWest Conference as conference board members and have input on national NCAA and conference-related issues. SAAC members attend national conferences and workshops to hone their leadership skills and impact decisions made on behalf of student-athletes (see Appendix A).

Humanitarianism & Civic Engagement

Spiritual Development – Teams and individual student-athletes actively volunteer and provide assistance for the local outreach programs of area churches such as the San Diego First Church of the Nazarene, Rock Church, Hope Ministries, Bread of Life Ministries and many others to help their fellow man under the banner of God’s grace.

Athletic Development – Our student-athletes are placed into situations where they depend upon people from a variety of socio-economic, cultural and ethnic backgrounds to succeed and develop as an athlete. Teamwork in athletics is an essential part of the student-athlete experience and that means not only spending countless hours with a diverse group, but coming to rely on them. Diversity is a daily way of life for our student-athletes, on both a personal and community level. PLNU student-athletes come from all genders, cultures, ethnicities and socio-economic backgrounds and blend together to form single cohesive and supportive units.

Community Engagement –PLNU student-athletes participated in a mission trip to Panama this past year, along with direct involvement with the Susan G. Komen Breast Cancer Walk for the Cure, Dig Pink Cancer Awareness, Bread of Life Homeless Outreach, Make-A-Wish Foundation, Special Olympics, ALS Foundation, and a variety of other programs (see Appendix A).

Campus Engagement – The Student Athlete Advisory Committee is charged with developing ways to support the greater PLNU community and to enlist the support of fellow student-athletes to accomplish this. As a result, student-athletes, through SAAC, were directly involved with events, projects and clubs such as MOSAIC, NSO, the Disability Resource Center, Associated Student Body (ASB) and tutoring, among others (see Appendix A).

Student-Athlete Leadership – Two members of each athletic team represent their teammates within the PLNU Student Athlete Advisory Committee (SAAC). Among other things, these members are charged with identifying opportunities for PLNU student-athletes to have a positive impact on the community and to lead those efforts. They have their own elected board, constitution, and mission statement. Members of PLNU SAAC also represent the PacWest Conference on national NCAA and conference-related issues. Members attend national conferences and workshops to hone their leadership skills and impact decisions made on behalf of student-athletes. Team captains also play this same sort of leadership role with their team's community outreach efforts (see Appendix A).

Interpersonal and Intrapersonal Competence

Spiritual Development - We intentionally provide spiritual development programming to challenge our student-athletes with their spiritual beliefs and values. As an extension of spiritual development student-athletes participate in outreach opportunities to gain a holistic awareness of self and social responsibility. Programming includes Athletic Worship Day, Fellowship of Christian Athletes (FCA) Days and mentorship; at times, spiritual development can be formal or informal. The Sports Survey is a reflection of Spiritual Development growth within our student-athletes (see Appendix D).

Academic Development – Student-athletes learn how to manage class conflicts with faculty and coaches. Even though student-athletes miss class the GPA Report of our student-athletes has been above 3.25 each year since PLNU joined the NCAA, which demonstrates intellectual achievement (see Appendix C and E).

Athletic Development - Our student-athletes also learn conflict management skills as a member of a collegiate team. Working together with coaches and teammates on a daily basis allow for student-athletes to develop conflict management skills and collaboration skills.

Community Engagement – Our student-athletes have participated in more than 1,000 hours of community engagement this year and won the PacWest Conference Community Engagement Award two of the past three years. Examples of community engagement stretch from Make-A-Wish fundraising, participation in breast cancer walks, Special Olympics, Ocean Beach Second Chance Bread of Life Ministry, and the Wounded Warrior Foundation. In addition to activities performed as teams, many of our individual student-athletes engage in a variety of community service opportunities. Our men's basketball team also made a mission trip to Panama where they visited homeless shelters and a local orphanage. These volunteer opportunities have allowed our student-athletes to actively engage with the community and gain a sense of society needs and the role they have in meeting those needs (see Appendix A).

Campus Engagement – Student-athletes also participate in campus engagement events. Examples of those events include New Student Orientation (NSO), Fall Festival, and Mr. Sea Lion to name a few. Participation in these campus events allows student-athletes to work in collaboration with campus departments/offices (see Appendix A).

Student-Athlete Leadership - Student-athletes who are involved in the Student-Athlete Advisory Committee (SAAC) as well as team captains also learn valuable leadership skills. They learn how to collaborate with other student-athletes, campus departments/offices, work through any conflict or controversy, and commit to social responsibility through fundraising and volunteer service with local organizations (see Appendix A).

Practical Competence

Academic Development – All student-athletes declare a major by their junior year. Declaring a major allows for student-athletes to set individual academic goals as it relates to their career goals, and over 98% of our student-athletes this year have declared a major. Time management is also another component to their academic development. Having time management skills is necessary to their academic success. The Athletic Department also provides career counseling and internship placement through the Office of Strengths and Vocation (OSV).

Athletic Development – Participation in intercollegiate athletics naturally develops leadership skills. Student-athletes demonstrate these leadership skills in practice and in competition. These leadership skills help shape and mold their personal lives and future careers. Individual and team successes also help student-athletes with time management and help to set and pursue individual goals (see Appendix F).

Community Engagement – Student-athletes involved in community engagement events spend time developing their communication and time management skills as they talk and spend time with different charities and disadvantaged individuals both domestically and internationally. Student-athletes involved in camps and clinics also use their communication skills to effectively teach skills to campers and children (see Appendix A).

Campus Engagement – Student-athletes and SAAC demonstrate their leadership skills when they are involved in campus engagement events. Leadership skills are used during New Student Orientation (NSO) as they help new students and their families acclimate to PLNU. Promotion of campus outreach and other events through ongoing collaboration with ASB are also examples of their leadership skills and influence to the general student body (see Appendix A).

Student-Athlete Leadership – Generally student-athletes have a natural tendency to become campus leaders. Student-athletes involved in SAAC learn and demonstrate leadership skills as they set and implement their goals. They also learn effective communication skills, time management and how to manage their resources. SAACs involved in community and campus engagement give opportunities for student-athletes to enhance their leadership skills (see Appendix A).

2017-2018 Area Assessment

In 2017-18 Athletics evaluated the academic success of scholarship student-athletes vs non-scholarship student-athletes for the third consecutive year by analyzing grade point averages from both the fall and spring semesters. The results continue to show no significant difference in academic success between these groups...

2015-16: scholarship (3.29) vs non-scholarship (3.23)

2016-17: scholarship (3.37) vs non-scholarship (3.38)

2017-18: scholarship (3.37) vs non-scholarship (3.35)

Use of Evidence of Learning

Since the academic success of scholarship and non-scholarship student-athletes continued to be very similar, we do not plan to make any changes. However, we do feel continuing to gather and analyze comparative data over a longer period is necessary to be indicative of any real trends as different individuals proceed through the university as student-athletes. So we plan to continue assessing these two groups in subsequent years.

Areas of Study, Professional Development, and/or Comparator Research

Athletics consistently shares information with other athletic departments in the PacWest Conference and fellow NCAA member schools. This interaction includes monthly Athletic Director conference calls, attendance at conferences such as COSIDA, SAAC Retreat, Athletic Director Meetings, NCAA conferences, etc. In addition, we are constantly in communication with our peers at other schools discussing ideas, policies, procedures, and best practices. We also furthered professional development by holding a one day Personal Executive Training workshop for all full-time Athletics administration staff members.

Areas of Distinction

Please see Year End Review (Appendix F)

Appendix A



Community Engagement Report



PacWest Community Engagement Award Winner!



January 13, 2018 -- PacWest Commissioner Bob Hogue presents PLNU Student Athlete Advisory Committee with PacWest Community Engagement Award during halftime of men's basketball game broadcast on ESPN.

This past year, the PLNU Athletic Department claimed the PacWest Community Engagement Award for the second time in three years. During the 2017-18 academic year Sea Lions student-athletes were involved in over 100 different community service events locally, regionally, nationally and globally. These included a wide variety of events and programs with direct impact on campus, in the region, and around the world.

During the year, PLNU student-athletes focused on a few core campaigns such as Make-a-Wish, Special Olympics, Breast Cancer Awareness, Wounded Warrior Project, and Bread of Life Homeless Shelter. They also diversified their community involvement to touch as many different groups and individuals as possible including a mission trip to Panama where they visited homeless shelters and an orphanage. In addition, PLNU student-athletes also focused on their own campus community by connecting with the general student population in an attempt to unite student-athletes with other student groups.

Some of the specific programs and events in which PLNU student-athletes impacted are detailed below. Along with a listing of the many groups directly supported and impacted by their involvement.



August 5, 2017 – PLNU Men's Basketball team playing basketball with orphans in Panama.

POINT LOMA

SEA LIONS

SPECIAL OLYMPICS

Point Loma Nazarene University has built a tremendous relationship with the International Special Olympics. With the support of PLNU Athletics and student-athletes, this past year PLNU hosted the Regional Special Olympics Track Meet. Student-athletes were involved in every aspect from set-up and tear-down, to running events, to acting as “buddies” assigned to assist individual Special Olympics athletes.



PLNU student-athletes interacting with Special Olympics dignitaries and spending quality time with Special Olympics athletes

BREAD OF LIFE



The Sea Lions Men's Basketball and Women's Volleyball teams serving food at the Bread of Life Ministries homeless shelter.

Our teams partner with Bread of Life Ministries to help prepare and serve food every Saturday. Each week a different team helps with the service. These trips have become a favorite of our student-athletes and have had a very strong impact on them as well as the people they serve. Sea Lions student-athletes committed nearly 200 hours of service at Bread of Life during the past academic year.

WOUNDED WARRIOR PROJECT

PLNU athletics partnered with Wounded Warrior Project to honor military veterans at signature military appreciation days during select home contests. At each of these events, all active-duty and retired veterans received free admission with military ID, multiple veterans from Wounded Warrior Project were recognized on court/field before the game. Taking their spot alongside student-athletes for the National Anthem and pre-game activities. All veterans in attendance were asked to stand and be recognized, service anthems were played, and the national anthem was performed by members of the United States military and the U.S. Navy color guard. PLNU honors our service men and women all year long with \$1 admission to all home contests with military ID.



Wounded veterans being honored at PLNU Salute to the Military Night in conjunction with Wounded Warrior Project

POINT LOMA

SEA LIONS

BREAST CANCER AWARENESS



A big part of Point Loma Athletics' community outreach in 2017-18 was focused on drawing attention to breast cancer awareness and raising funds to assist in the fight against the dreaded disease. The Sea Lions baseball team volunteered at the Susan G. Komen Race for the Cure. The team provided labor for the event and were chosen to escort the breast cancer survivors during the Survivor's Parade and Opening Ceremonies.

The PLNU women's volleyball team hosted a "Dig Pink Breast Cancer Awareness" event. PLNU Athletics donated \$2 for every ticket sold for that game to the Side-Out Foundation in support of their efforts to fight breast cancer. The team wore pink jerseys and pink ribbons were distributed to all fans in attendance. The "Dig Pink" volleyball match was the culmination of several days of breast cancer awareness activities on the PLNU campus. There was also a 'Chalk Walk of Hope' on the sidewalk in front of the gym where anyone could write a message or draw a picture of encouragement, admiration, inspiration or in memorandum to loved ones affected by cancer using pink sidewalk chalk. The PLNU men's and women's soccer teams and the women's basketball team all held their own breast cancer awareness games/matches.



MAKE-A-WISH

PLNU student-athletes, led by SAAC, helped generate awareness and raised \$1,000 for Make-A-Wish at home athletic contests throughout the year. In addition, SAAC hosted fundraising events on campus such as Glow-In-The-Dark Dodgeball following Homecoming game, Penny Wars, and Mr. Sea Lion male "beauty pageant". All of the funds raised at each event were donated to Make-A-Wish.



ALS ASSOCIATION



The Point Loma men's & women's basketball teams joined forces to host ALS Awareness Night. Both teams, and their opponents (Azusa Pacific Univ), wore shirts during pre-game supporting the ALS Association. Former NBA coach Don Casey and current ALS patients met with both teams prior to the game to educate them on the disease. It was a very emotional day hearing the firsthand personal stories of people affected. Donations to the ALS Association were solicited in the stands during the game.

POINT LOMA

SEA LIONS

YOUTH DAYS

The PLNU tennis teams and baseball team each conducted free youth tennis clinics spending these fun-filled events teaching, sharing, and having fun with local kids. Nearly every team at PLNU participated in its own youth days. Student-athletes engaged with local kids (under 12 years old) who participate in their sport by inviting them to their games/matches free of charge, signing autographs, participating in in-game activities, taking the field/court with the Sea Lions for the national anthem, then meeting and hanging out with the team after contests.



Sea Lions student-athletes interact with local community kids at home contests

OPERATION CHRISTMAS CHILD

Led by SAAC, each PLNU team collected toys and necessities, boxed them up and delivered them to Operation Christmas Child Christmas to be given as Christmas gifts to children around the world. Boxes included games, dolls, art supplies, and a host of other fun items providing the children who received them with a holiday season they will never forget.



AUTISM TREE



PLNU student-athletes worked in conjunction with the Autism Tree Project Foundation to create a local mentor program for kids with autism.

Participants had a fun-filled day on the PLNU soccer field interacting with the members Sea Lions Men's Soccer team. Afterward the team hosted a pizza party on the field for everyone who attended.



AUTISM
tree project
FOUNDATION

CAMPUS INVOLVEMENT

NEW STUDENT ORIENTATION

Many Point Loma student-athletes reported to campus a week before classes began to assist with new student orientation. Student-athletes were waiting at the dorms on move-in day to meet new students and help them move their belongings into their dorm rooms. Many student-athletes participated in various activities and informational sessions to help new students acclimate to PLNU.



PLNU student-athletes helping new students move-in to their dorm rooms

FALL FESTIVAL



Each fall PLNU opens its gates to the surrounding community with the annual PLNU Fall Festival. Sea Lions student-athletes took the event to the next level greeting guests and staffing various booths and children's arts & crafts stations. In addition, the PLNU men's basketball team distributed free game tickets as a goodwill gesture to the local community. The team distributed over 1,000 tickets and spent time talking and getting to know the individuals and families they met.



PLNU Athletics Community Partners

There is an extremely long list of community involvement and outreach projects in which PLNU student-athletes and Athletic Department have participated, not all of them are outlined above. There are many more projects and groups than listed here that PLNU student-athletes continue to impact on a daily basis. Here is a sample listing from the past year:



- Special Olympics
- Make-A-Wish
- Dig Pink and other Breast Cancer Awareness Events
- Susan G. Komen Race for the Cure
- Operation Christmas Child
- Wounded Warrior Project
- Bread of Life Homeless Shelter
- Autism Tree Project Foundation
- Sunset View Elementary
- Susan G. Komen Foundation
- Alima Tutoring Center
- Arizona Autism Center
- PLNU Fall Festival
- PLNU New Student Orientation
- Environmental Health Coalition
- Grace Place
- Harbor City Church
- I Love A Clean San Diego
- Casa Hogar Belen Orphanage
- Panama Orphanage
- Panama Homeless Shelter
- San Diego River Park Foundation
- Scripps Mercy Hospital
- Bond Academic Support & Tutoring Center
- American Red Cross
- Women & Families Resource Fair
- And many more...

POINT LOMA

SEA LIONS

The community involvement events above include highlights from the past year. We also encourage our student-athletes to participate in outreach and service opportunities beyond what is organized by PLNU Athletics. They take this to heart and do tremendous things within their local communities, on campus, in their churches, and in the regional, national, and global communities, far beyond the events listed above. All on top of the 1,000+ hours of community service outlined within this report.

We are VERY PROUD of our student-athletes at PLNU for many reasons; their involvement in the community being one of the biggest.

As they regularly impact their communities in so many ways, the depth and authenticity of their servants hearts continue to amaze us on a daily basis!



Appendix B



Academic Success & Graduation Rate Report

Academic Success Rate Report

2008 - 2011 Cohorts: Point Loma Nazarene University

Men's Sports

Sport	ASR	Fed Rate
Baseball	100	58
Basketball	83	63
CC/Track	-	64
Fencing	-	-
Football	-	-
Golf	-	33
Gymnastics	-	-
Ice Hockey	-	-
Lacrosse	-	-
Mixed Rifle	-	-
Skiing	-	-
Soccer	95	82
Swimming	-	-
Tennis	100	33
Volleyball	-	-
Water Polo	-	-
Wrestling	-	-
Men's Non-NCAA Sponsor. Sports	-	-

Women's Sports

Sport	ASR	Fed Rate
Basketball	100	71
Bowling	-	-
CC/Track	98	100
Crew/Rowing	-	-
Fencing	-	-
Field Hockey	-	-
Golf	100	75
Gymnastics	-	-
W. Ice Hockey	-	-
Lacrosse	-	-
Skiing	-	-
Soccer	96	80
Softball	-	80
Swimming	-	-
Tennis	100	86
Volleyball	100	86
Water Polo	-	-
Women's Non-NCAA Sponsor. Sports	-	-

Point Loma Nazarene University

FRESHMAN-COHORT GRADUATION RATES

2011-12 Graduation Rate

All Students

74%

Student-Athletes #

58%

Four-Class Average

73%

75%

Student-Athlete Academic Success Rate

97%

1. Graduation-Rates Data

a. All Students

	Men				Women				Total			
	2011-12		4-Class		2011-12		4-Class		2011-12		4-Class	
	N	%	N	%	N	%	N	%	N	%	N	%
Am. Ind./AN	5	60	15	67	8	63	25	68	13	62	40	68
Asian	20	65	61	77	27	81	83	77	47	74	144	77
Black	5	40	14	50	14	64	40	65	19	58	54	61
Hispanic	43	67	145	68	58	78	200	74	101	73	345	71
Nat. Haw./PI	***	***	***	***	***	***	***	***	***	***	***	***
N-R Alien	0	-	***	***	0	-	***	***	0	-	***	***
Two or More	***	***	10	60	***	***	5	80	***	***	15	67
Unknown	***	***	6	67	***	***	8	88	***	***	14	79
White	122	66	572	69	222	82	996	78	344	76	1568	74
Total	197	65	826	69	335	80	1366	76	532	74	2192	73

b. Student-Athletes

	Men						Women						Total					
	2011-12		4-Class		ASR		2011-12		4-Class		ASR		2011-12		4-Class		ASR	
	N	%	N	%	N	%	N	%	N	%	N	%	N	%	N	%	N	%
Am. Ind./AN	***	***	***	***	***	***	***	***	***	***	***	***	***	***	***	***	***	***
Asian	***	***	***	***	4	100	***	***	***	***	8	100	***	***	***	***	12	100
Black	***	***	***	***	4	75	***	***	***	***	7	100	***	***	***	***	11	91
Hispanic	***	***	5	80	14	100	***	***	5	80	12	92	***	***	10	80	26	96
Nat. Haw./PI	***	***	***	***	***	***	***	***	***	***	***	***	***	***	***	***	***	***
N-R Alien	0	-	***	***	***	***	0	-	***	***	***	***	0	-	***	***	***	***
Two or More	0	-	0	-	***	***	0	-	0	-	***	***	0	-	0	-	***	***
Unknown	0	-	***	***	***	***	0	-	***	***	***	***	0	-	***	***	***	***
White	8	38	38	58	50	96	5	80	46	87	101	99	13	54	84	74	151	98
Total	12	42	48	63	77	95	12	75	65	85	139	99	24	58	113	75	216	97

c. Student-Athletes by Sport Category

Baseball				Men's Basketball				Men's CC/Track			
%N				%N				%N			
2011-12 4-Class ASR				2011-12 4-Class ASR				2011-12 4-Class ASR			
Am. Ind./AN	-	-	-	Am. Ind./AN	-	-	100-a	Am. Ind./AN	-	-	-
Asian	-	-	-	Asian	-	-	-	Asian	100-a	100-a	-
Black	100-a	100-a	100-a	Black	0-a	0-a	67-a	Black	-	-	-
Hispanic	-	-	100-a	Hispanic	-	-	100-a	Hispanic	-	100-a	-
Nat. Haw./PI	-	-	-	Nat. Haw./PI	-	-	100-a	Nat. Haw./PI	-	-	-
N-R Alien	-	-	-	N-R Alien	-	-	-	N-R Alien	-	-	-
Two or More	-	-	-	Two or More	-	-	0-a	Two or More	-	-	-
Unknown	-	-	-	Unknown	-	-	100-a	Unknown	-	100-a	-
White	50-a	55-c	100-e	White	0-a	71-b	90-b	White	0-a	50-b	-
Total	60-a	58-c	100-e	Total	0-a	63-b	83-d	Total	50-a	64-c	-

Football				Men's Other			
%N				%N			
2011-12 4-Class ASR				2011-12 4-Class ASR			
Am. Ind./AN	-	-	-	Am. Ind./AN	-	-	-
Asian	-	-	-	Asian	-	100-a	100-a
Black	-	-	-	Black	-	-	-
Hispanic	-	-	-	Hispanic	0-a	75-a	100-b
Nat. Haw./PI	-	-	-	Nat. Haw./PI	-	-	-
N-R Alien	-	-	-	N-R Alien	-	-	-
Two or More	-	-	-	Two or More	-	-	100-a
Unknown	-	-	-	Unknown	-	-	-
White	-	-	-	White	50-a	58-c	94-d
Total	-	-	-	Total	33-a	65-d	97-e

Women's Basketball				Women's CC/Track				Women's Other			
%N				%N				%N			
2011-12 4-Class ASR				2011-12 4-Class ASR				2011-12 4-Class ASR			
Am. Ind./AN	-	-	-	Am. Ind./AN	-	100-a	100-a	Am. Ind./AN	0-a	0-a	-
Asian	-	-	-	Asian	-	-	100-a	Asian	100-a	100-a	100-b
Black	0-a	50-a	100-a	Black	-	100-a	100-a	Black	-	-	-
Hispanic	-	-	100-a	Hispanic	-	-	67-a	Hispanic	100-a	80-a	100-b
Nat. Haw./PI	-	-	-	Nat. Haw./PI	-	-	-	Nat. Haw./PI	100-a	100-a	100-a
N-R Alien	-	100-a	100-a	N-R Alien	-	-	-	N-R Alien	-	-	-
Two or More	-	-	100-a	Two or More	-	-	100-a	Two or More	-	-	100-a
Unknown	-	-	100-a	Unknown	-	-	100-a	Unknown	-	-	100-a
White	-	100-a	100-c	White	-	100-b	100-e	White	80-a	82-e	98-e
Total	0-a	71-b	100-d	Total	-	100-c	98-e	Total	82-c	82-e	99-e

Values for N (a. 1-5, b. 6-10, c. 11-15, d. 16-20, e. greater than 20)

2. Undergraduate-Enrollment Data (All full-time baccalaureate-degree seeking students enrolled 2017-18)

a. All Students	Men N	Women N	Total N	b. Student-athletes #	Men N	Women N	Total N
Am. Ind./AN	4	3	7	Am. Ind./AN	0	0	0
Asian	73	90	163	Asian	1	1	2
Black	16	33	49	Black	2	1	3
Hispanic	220	384	604	Hispanic	11	17	28
Nat. Haw./PI	10	15	25	Nat. Haw./PI	0	1	1
N-R Alien	18	13	31	N-R Alien	9	3	12
Two or More	67	135	202	Two or More	1	8	9
Unknown	10	25	35	Unknown	0	2	2
White	537	967	1504	White	30	50	80
Total	955	1665	2620	Total	54	83	137

c. Student-Athletes # By Sports Category

Men	Basketball	Baseball	CC/Track	Football	Other
Am. Ind./AN	0	0	0	0	0
Asian	0	1	0	0	0
Black	2	0	0	0	0
Hispanic	1	7	0	0	3
Nat. Haw./PI	0	0	0	0	0
N-R Alien	0	1	0	0	8
Two or More	0	1	0	0	0
Unknown	0	0	0	0	0
White	9	15	0	0	6
Total	12	25	0	0	17

Women	Basketball	CC/Track	Other
Am. Ind./AN	0	0	0
Asian	0	0	1
Black	1	0	0
Hispanic	2	3	12
Nat. Haw./PI	1	0	0
N-R Alien	1	1	1
Two or More	0	2	6
Unknown	0	0	2
White	5	16	29
Total	10	22	51

#Only student-athletes receiving athletics aid are included in this report.



INFORMATION ABOUT THE GRADUATION RATES INSTITUTION REPORT

Introduction.

This information sheet and the NCAA Graduation Rates Institution Report have been prepared by the NCAA, based on data provided by the institution in compliance with NCAA Bylaw 18.4.2.2.1 (admissions and graduation-rate disclosure) and the federal Student Right-to-Know and Campus Security Act. Please note, the NCAA will make this report public.

The report gives graduation information about the most recent six-year graduating class of students and student-athletes who entered as freshmen in 2011-12. The graduation rate (percent) is based on a comparison of the number (N) of students who entered a college or university and the number of those who graduated within six years. For example, if 100 students entered and 60 graduated within six years, the graduation rate is 60 percent.

The Graduation Rates Institution Report provides information about two groups of students:

1. All Students. All undergraduate students who were enrolled in a full-time program of studies for a baccalaureate degree; and
2. Student-Athletes. Student-athletes who received athletics aid from the school for any period of time during their entering year. [Note: Athletics aid is a grant, scholarship, tuition waiver or other assistance from a college or university that is awarded on the basis of a student's athletics ability.]

Two different measures of graduation rates are presented in this report: Federal Graduation Rate and NCAA Division II Academic Success Rate (ASR). The Federal Graduation Rate indicates the percentage of freshmen who entered and received athletics aid during a given academic year who graduated within six years. The ASR adds to the first-time freshmen, those students who entered midyear, first-time freshmen who did not receive athletics aid but participated in athletics, and student-athletes who transferred into an institution and participated in athletics. Both the Federal Graduation Rate and the ASR subtracts students from the entering cohort who are considered allowable exclusions (i.e., those who either die or become permanently disabled, those who leave the school to join the armed forces, foreign services or attend a religious mission). In addition, the ASR subtracts those who left the institution prior to graduation, had athletics eligibility remaining and would have been academically eligible to compete had they returned to the institution.

Graduation Rates Report.

The box at the top of the Graduation Rates Institution Report provides the most recent class (i.e., 2011-12) and four-class (i.e., 2008-09 through 2011-12) Federal Graduation Rate for all students and for student-athletes who received athletics aid at this school. Additionally, this box provides the ASR data for the last four classes (i.e., 2008-09 through 2011-12) of student-athletes.

1. Graduation-Rates Data. The second section of the report provides Federal Graduation Rate and ASR data for all students, student-athletes and student-athletes by sport group. **[Note: Pursuant to the Student Right-to-Know Act, when a cell containing cohort numbers includes only one or two students, the data in that cell and one other will be suppressed so that no individual can be identified.]**
 - a. All Students. This section provides the freshman-cohort graduation rates for all full-time, degree-seeking students by race or ethnic group. It shows the rate for men who entered as freshmen in 2011-12 and the four-class average, which includes those who entered as freshmen in 2008-09, 2009-10, 2010-11 and 2011-12. The same rates are provided for women. The total for 2011-12 is the rate for men and women combined and the four-class average is for all students who entered in 2008-09, 2009-10, 2010-11 and 2011-12.
 - b. Student-Athletes. This section provides the 2011-12 and four-class freshman-cohort graduation rates and the four-class ASR for student-athletes in each race and ethnic group who either received athletics aid or participated in athletics their initial year at the institution. Information is provided for men and women separately and for all student-athletes.
 - c. Student-Athletes by Sports Categories. This section provides the identified graduation rates as in 1-b for each of the eight sports categories. (The small letters indicate the value of N according to the legend at the bottom of 1-c.)
2. Undergraduate-Enrollment Data.
 - a. All Students. This section indicates the total number of full-time, undergraduate baccalaureate degree-seeking students enrolled for the 2017 fall term and the number of men and women in each racial or ethnic group (not just freshmen).
 - b. Student-Athletes. This section identifies how many student-athletes were enrolled and received athletics aid for the 2017-18 academic year and the number of men and women in each racial or ethnic group.
 - c. Student-Athletes by Sports Categories. This section provides the enrollment data as identified in 2-b for each of the eight sports categories.

Appendix C



Student-Athlete G.P.A. Report

2017-18 ATHLETICS GPA REPORT

10:07 Tuesday, June 5, 2018

1

	Fall 2017 Enrolled	Fall 2017 Average Term GPA (Weighted)	Fall 2017 Average Cumulative GPA (Weighted)	Spring 2018 Enrolled	Spring 2018 Average Term GPA (Weighted)	Spring 2018 Average Cumulative GPA (Weighted)	AY 2017/18 Enrolled (Unduplicated)	AY 2017/18 Average Term GPA (Weighted)
ALL UNDERGRADUATES	3,133	3.37	3.29	2,930	3.33	3.31	3,315	3.35
Total Non-Athletes	2,919	3.37	3.29	2,718	3.33	3.31	3,096	3.35
Male Non-Athletes	1,003	3.20	3.16	939	3.16	3.18	1,060	3.18
Female Non-Athletes	1,916	3.47	3.35	1,779	3.43	3.38	2,036	3.45
Total Athletes	214	3.38	3.38	212	3.36	3.38	219	3.37
Male Athletes	81	3.17	3.27	83	3.20	3.25	84	3.18
Baseball	36	3.04	3.20	36	3.12	3.17	36	3.08
Basketball	16	2.90	3.12	16	3.13	3.13	16	3.01
Soccer	20	3.44	3.37	22	3.29	3.32	23	3.36
Tennis	9	3.53	3.57	9	3.42	3.54	9	3.48
Female Athletes	133	3.50	3.46	129	3.46	3.48	135	3.48
Basketball	13	3.53	3.37	12	3.53	3.41	14	3.53
Cross-Country	22	3.51	3.37	21	3.50	3.48	22	3.51
Golf	7	3.39	3.59	7	3.48	3.56	7	3.43
Soccer	30	3.62	3.66	28	3.43	3.61	30	3.53
Tennis	9	3.46	3.35	9	3.35	3.35	9	3.40
Track	54	3.48	3.45	54	3.43	3.44	54	3.45
Volleyball	17	3.49	3.44	17	3.60	3.49	18	3.55
Scholarship Athletes	135	3.38	3.39	131	3.36	3.40	136	3.37
Non-Scholarship Athletes	79	3.36	3.37	81	3.35	3.36	83	3.35

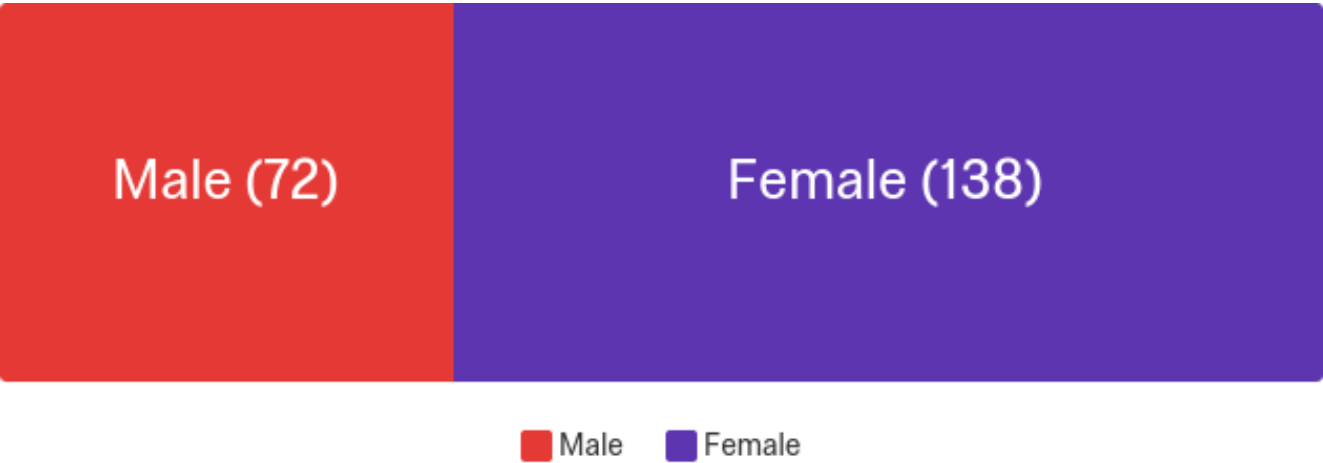
Appendix D



Sports Survey

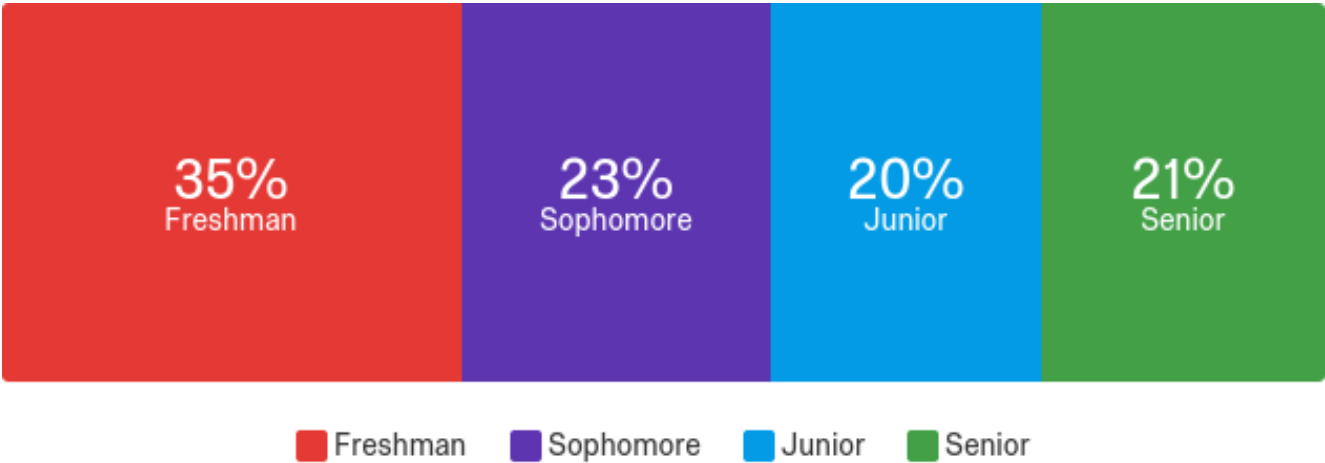
2017-2018 Combined Team Survey Results

Gender:



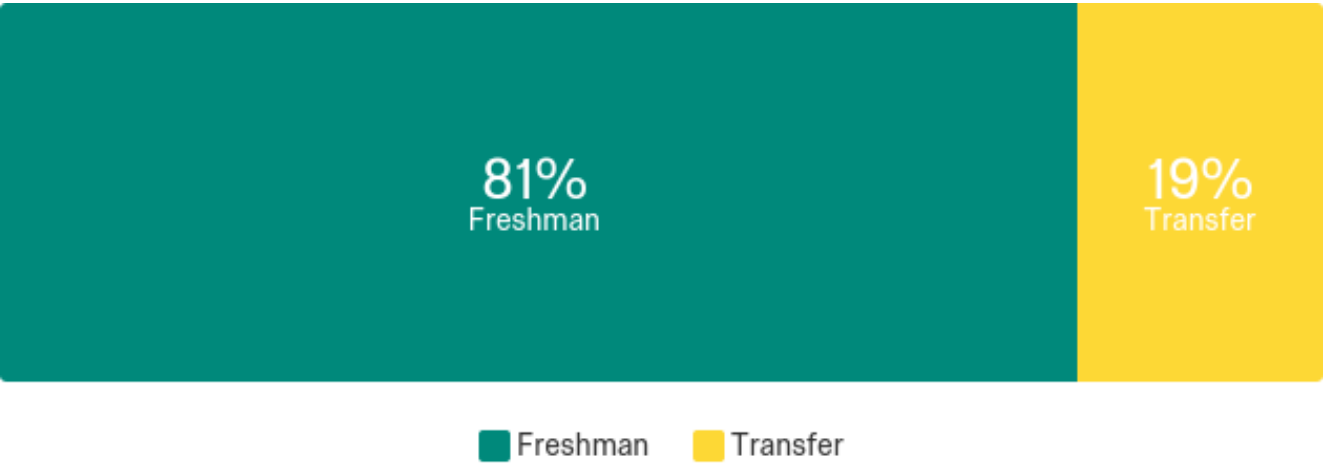
#	Answer	Count
2	Female	138
1	Male	72
	Total	210

Year (Athletic Eligibility)



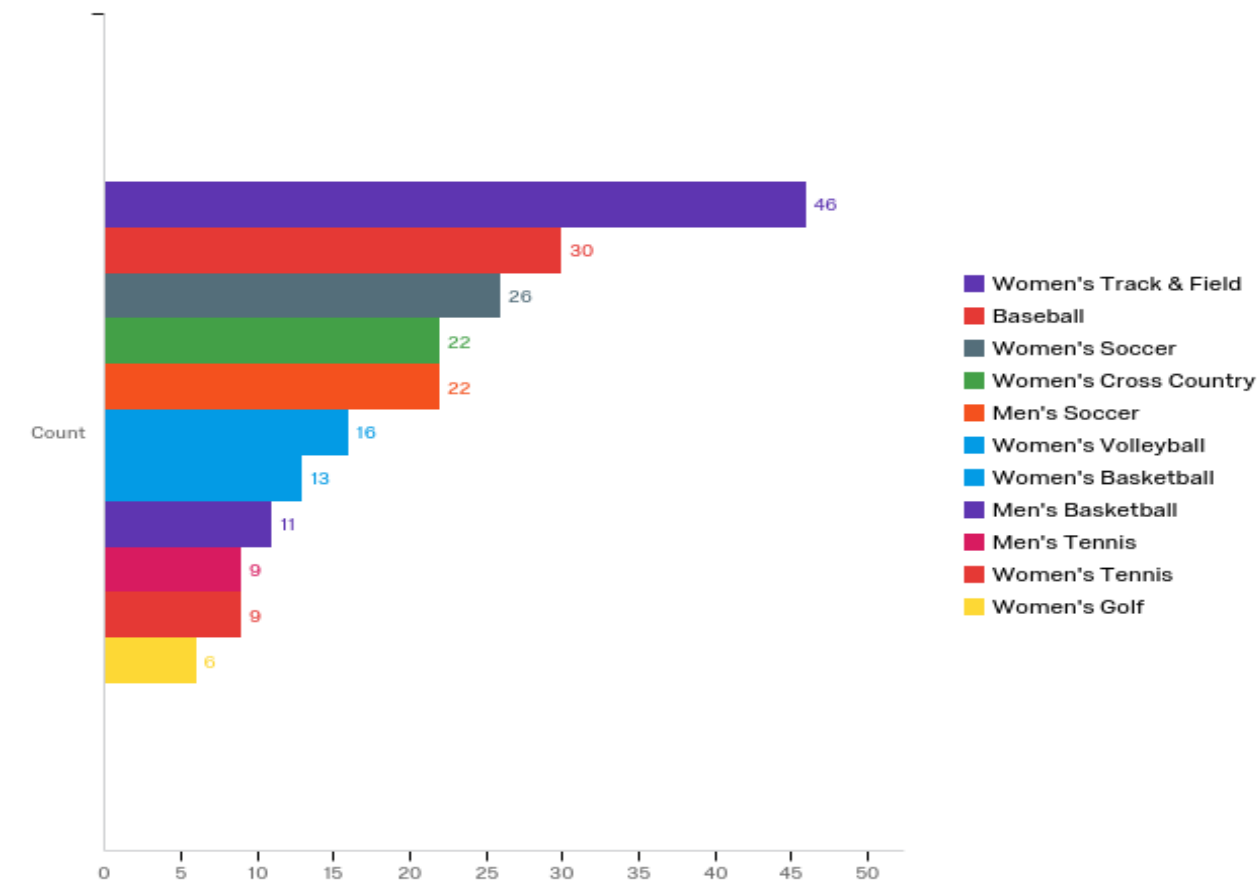
#	Answer	%	Count
1	Freshman	35%	73
2	Sophomore	23%	49
3	Junior	20%	43
4	Senior	21%	45
	Total	100%	210

Did you come to PLNU as a



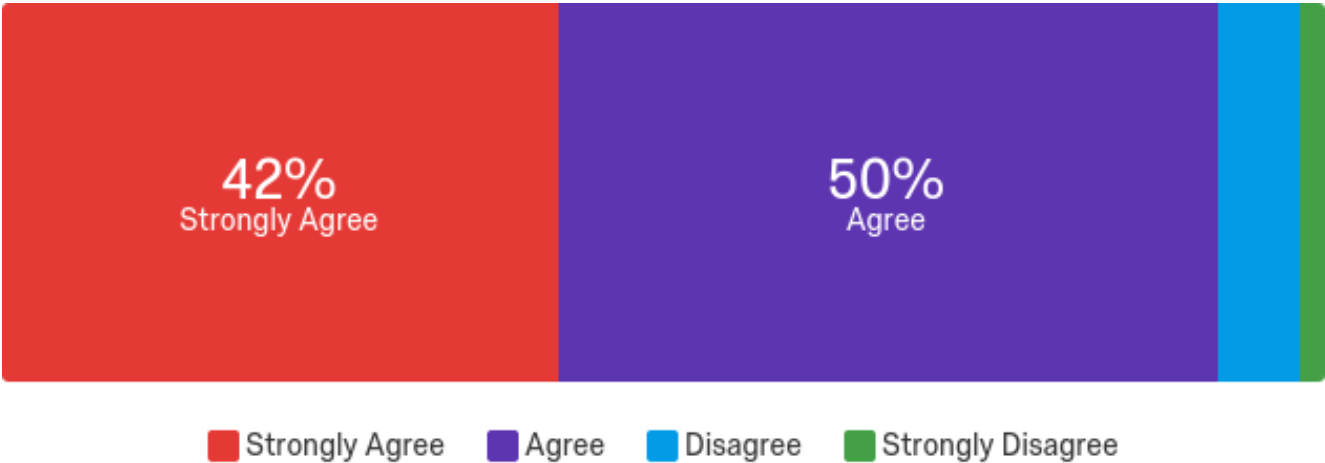
#	Answer	%	Count
1	Freshman	81%	171
2	Transfer	19%	39
	Total	100%	210

Sport (Choose one)



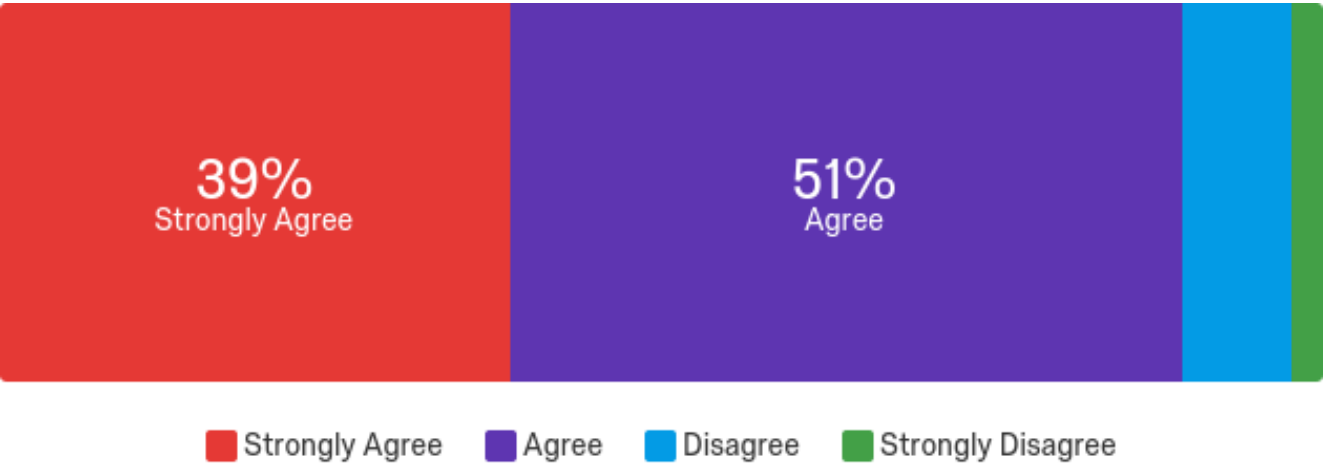
#	Answer	Count
1	Baseball	30
2	Men's Basketball	11
3	Women's Basketball	13
4	Women's Cross Country	22
5	Women's Golf	6
6	Men's Soccer	22
7	Women's Soccer	26
8	Men's Tennis	9
9	Women's Tennis	9
10	Women's Track & Field	46
11	Women's Volleyball	16
	Total	210

The athletic training room is accessible and meets my expectations.



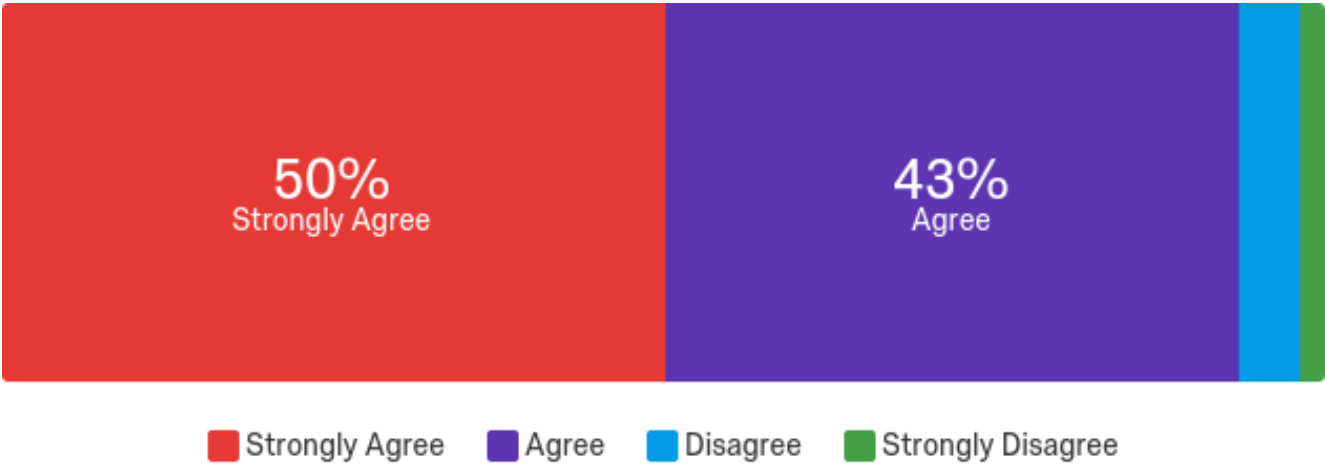
#	Answer	%	Count
1	Strongly Agree	42.03%	87
2	Agree	49.76%	103
3	Disagree	6.28%	13
4	Strongly Disagree	1.93%	4
	Total	100%	207

Our athletic training staff provided quality prevention, evaluation, treatment, and rehabilitation for injuries.



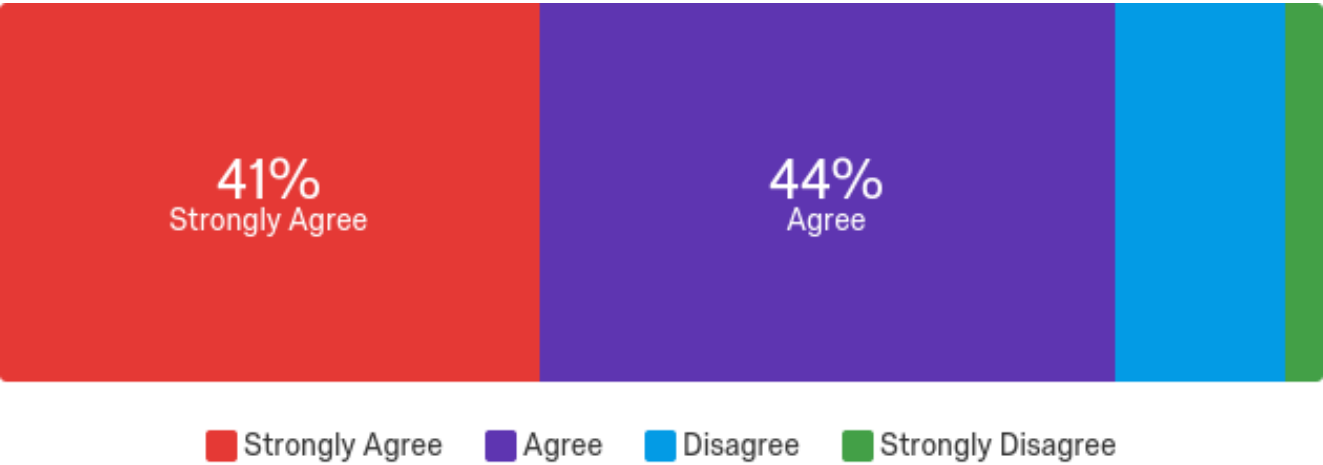
#	Answer	%	Count
1	Strongly Agree	38.54%	79
2	Agree	50.73%	104
3	Disagree	8.29%	17
4	Strongly Disagree	2.44%	5
	Total	100%	205

Sports Performance/Strength & Conditioning workout sessions were beneficial and productive.



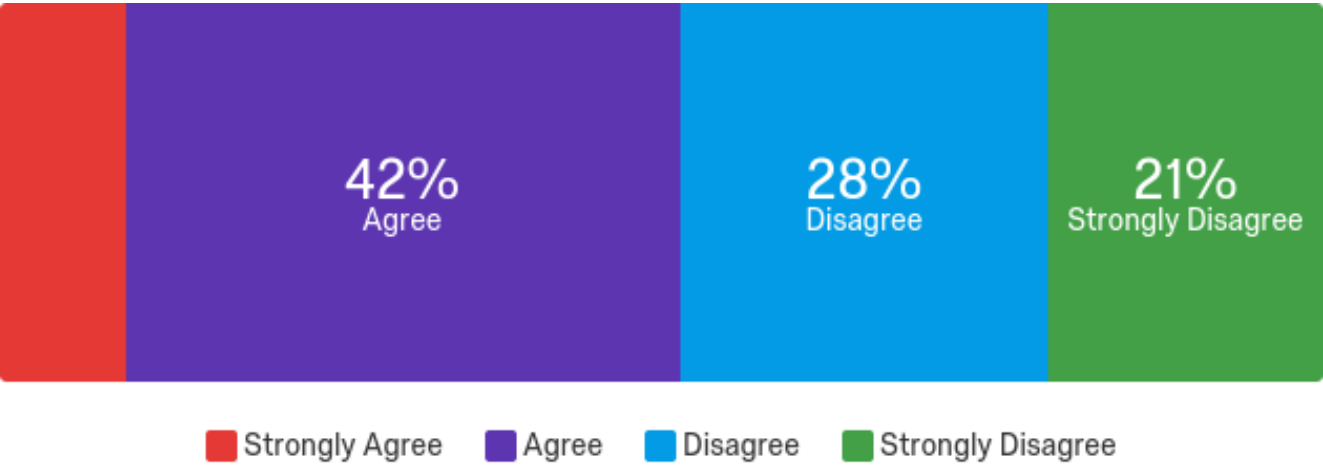
#	Answer	%	Count
1	Strongly Agree	50.00%	97
2	Agree	43.30%	84
3	Disagree	4.64%	9
4	Strongly Disagree	2.06%	4
	Total	100%	194

Practice and contest facilities for my sport are sufficient.



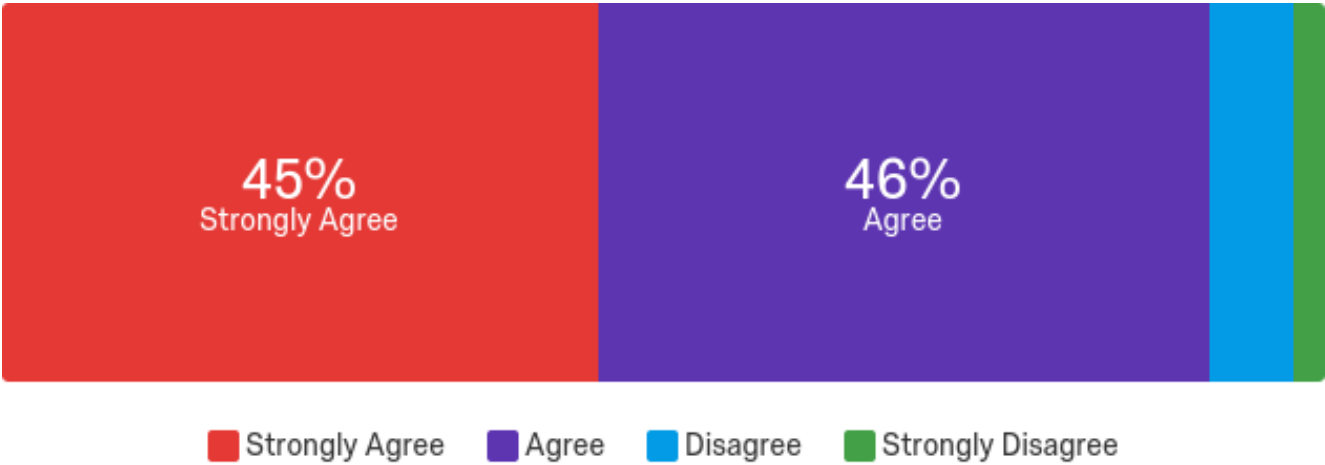
#	Answer	%	Count
1	Strongly Agree	40.67%	85
2	Agree	43.54%	91
3	Disagree	12.92%	27
4	Strongly Disagree	2.87%	6
	Total	100%	209

Our locker room meets our team needs.



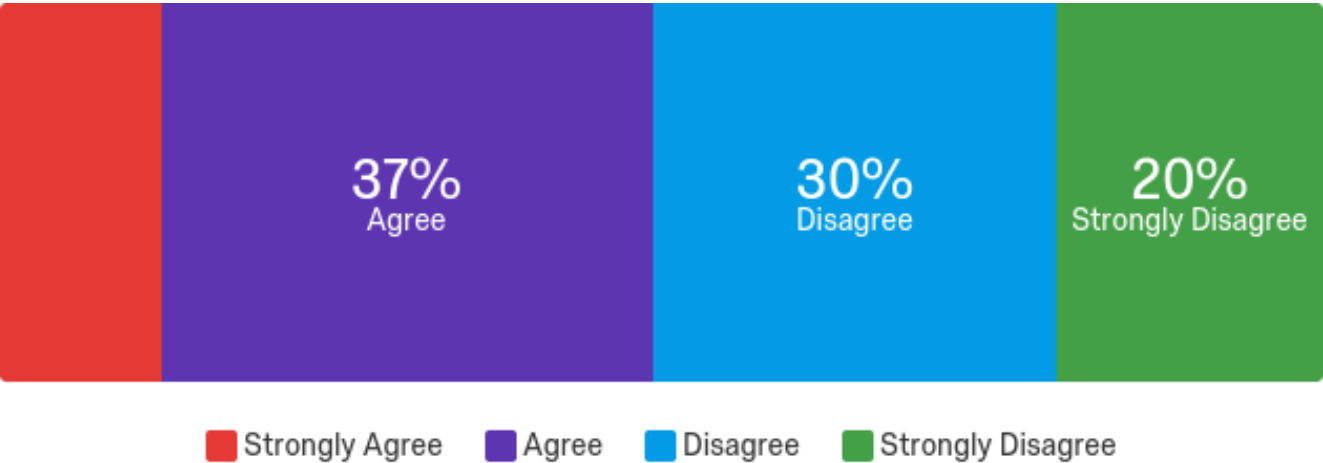
#	Answer	%	Count
1	Strongly Agree	9.45%	19
2	Agree	41.79%	84
3	Disagree	27.86%	56
4	Strongly Disagree	20.90%	42
	Total	100%	201

I found that our lodging and per-diem was appropriate when traveling.



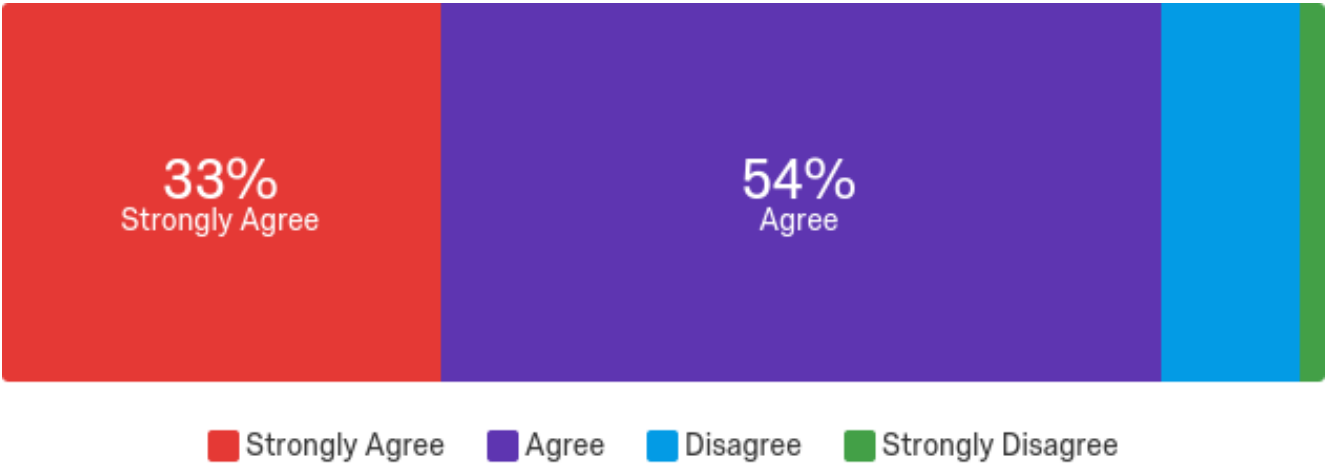
#	Answer	%	Count
1	Strongly Agree	45.05%	91
2	Agree	46.04%	93
3	Disagree	6.44%	13
4	Strongly Disagree	2.48%	5
	Total	100%	202

Our dining facility fits my needs (i.e. hours of operation, nutrition, variety, etc.).



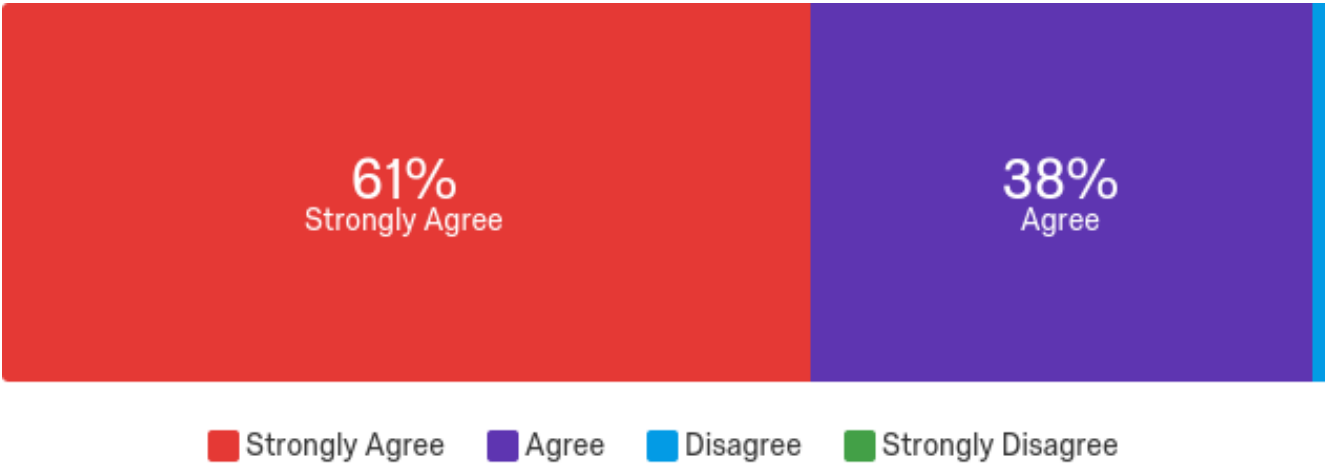
#	Answer	%	Count
1	Strongly Agree	12.18%	24
2	Agree	37.06%	73
3	Disagree	30.46%	60
4	Strongly Disagree	20.30%	40
	Total	100%	197

I believe the students are aware of our athletic website and social media (i.e. Twitter, Facebook, etc.).



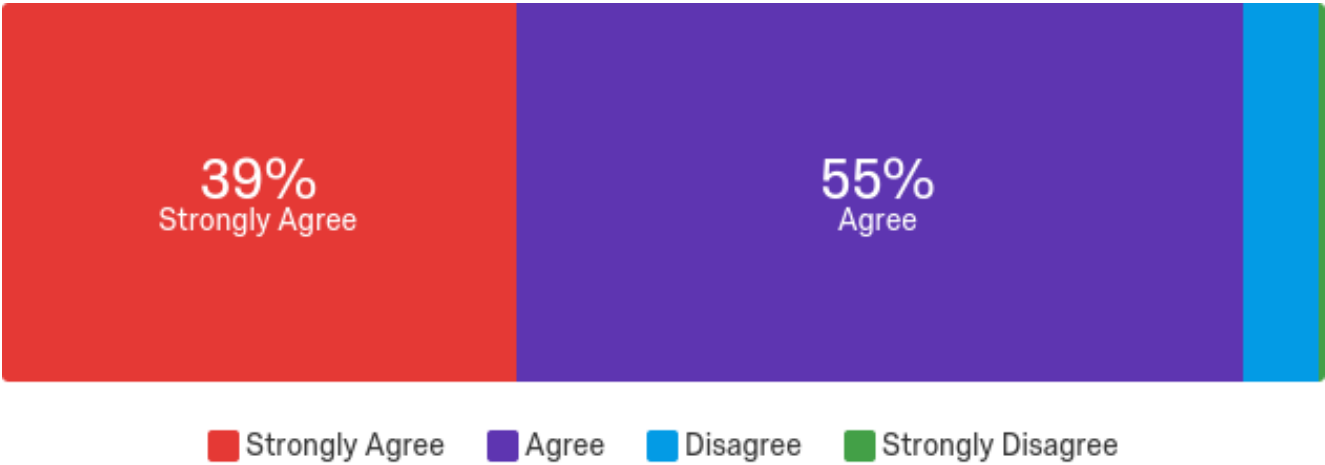
#	Answer	%	Count
1	Strongly Agree	33.17%	69
2	Agree	54.33%	113
3	Disagree	10.58%	22
4	Strongly Disagree	1.92%	4
	Total	100%	208

I have been educated properly by the PLNU Athletic Department regarding NCAA rules.



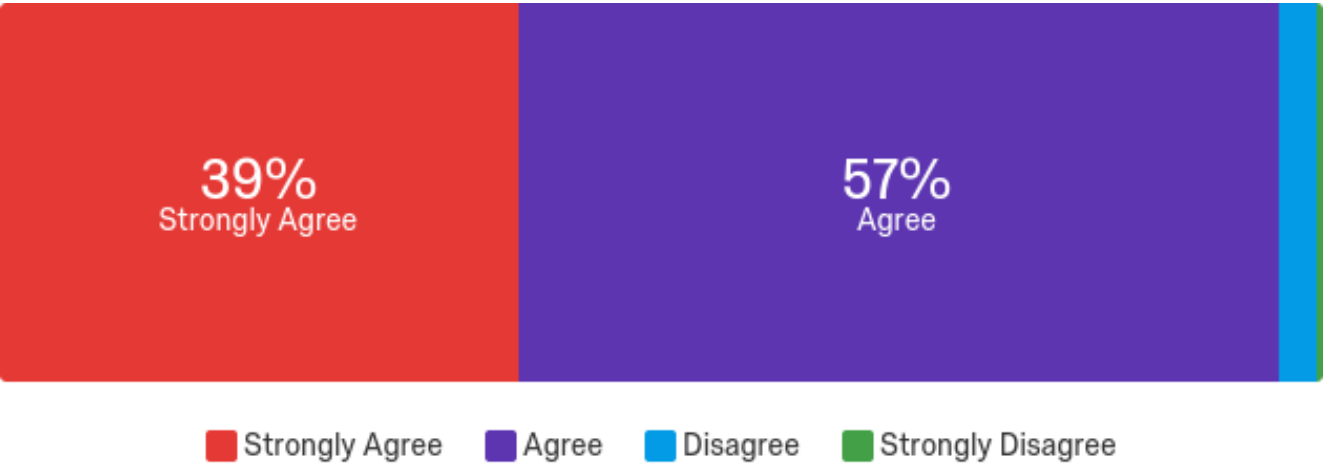
#	Answer	%	Count
1	Strongly Agree	61.06%	127
2	Agree	37.98%	79
3	Disagree	0.96%	2
4	Strongly Disagree	0.00%	0
	Total	100%	208

I am able to focus on academics while playing this sport.



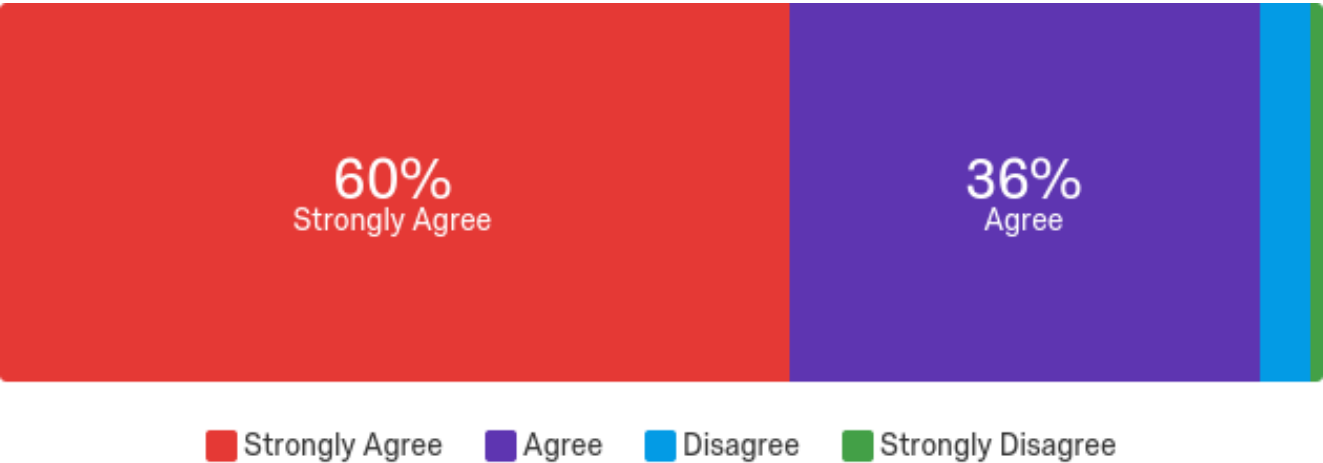
#	Answer	%	Count
1	Strongly Agree	38.76%	81
2	Agree	55.02%	115
3	Disagree	5.74%	12
4	Strongly Disagree	0.48%	1
	Total	100%	209

PLNU professors were willing to work with me regarding missed class time and provided me with helpful academic counseling.



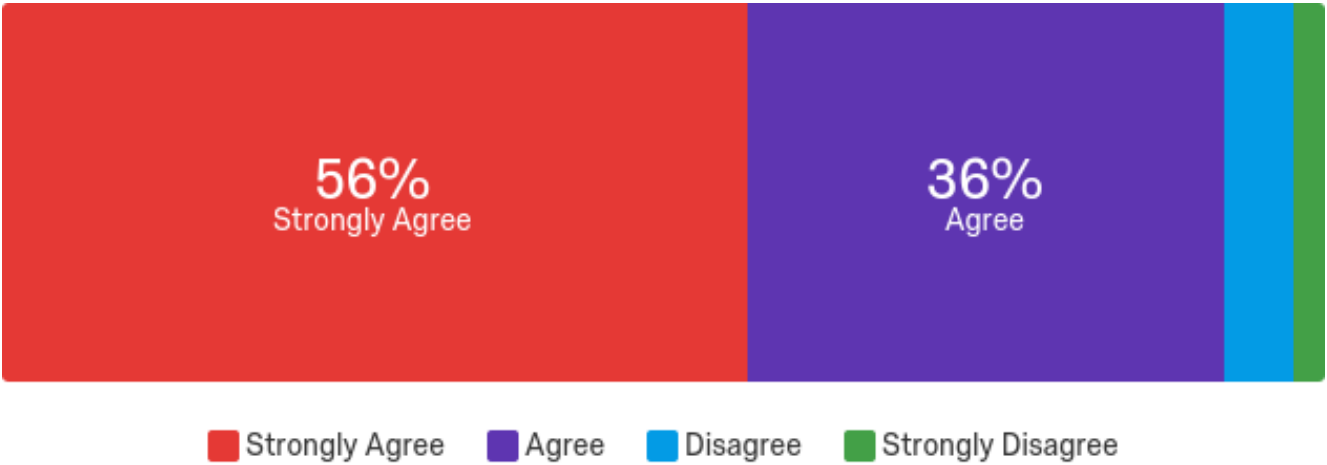
#	Answer	%	Count
1	Strongly Agree	39.13%	81
2	Agree	57.49%	119
3	Disagree	2.90%	6
4	Strongly Disagree	0.48%	1
	Total	100%	207

My coaches emphasized the importance of academics.



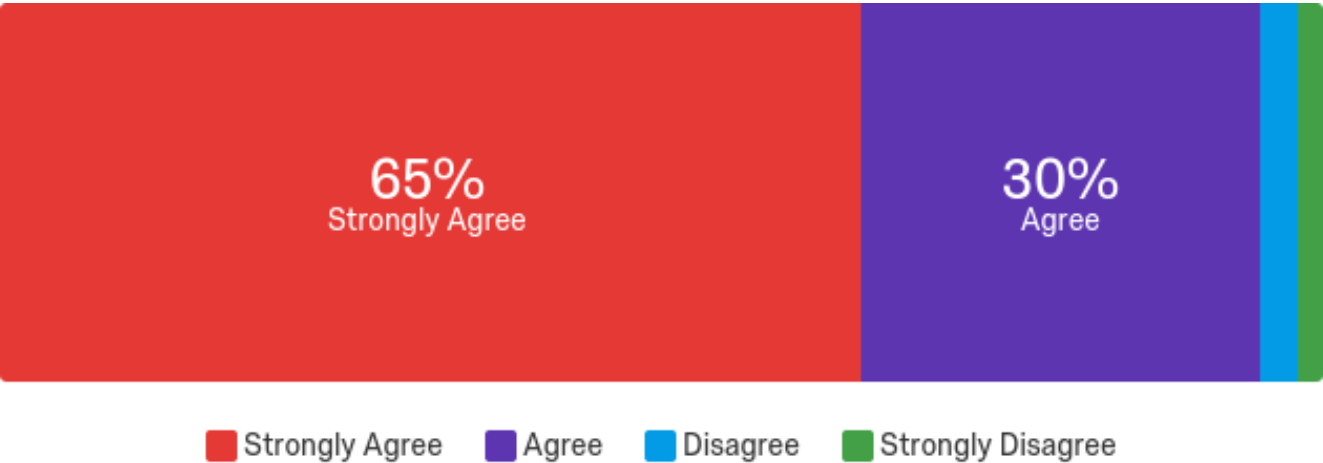
#	Answer	%	Count
1	Strongly Agree	59.62%	124
2	Agree	35.58%	74
3	Disagree	3.85%	8
4	Strongly Disagree	0.96%	2
	Total	100%	208

I consider my Head Coach to be a positive influence on my teammates and me.



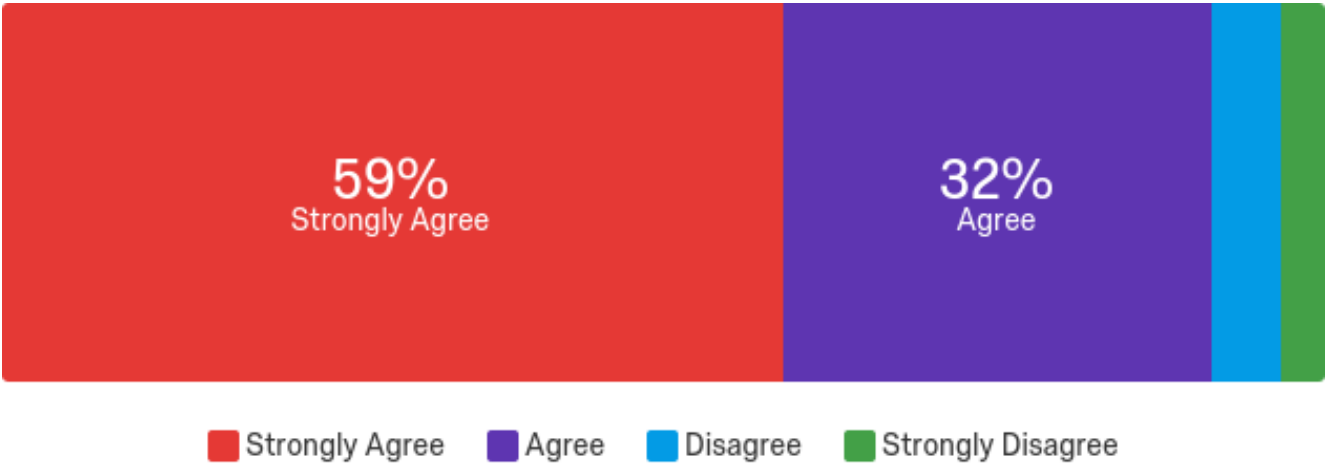
#	Answer	%	Count
1	Strongly Agree	56.31%	116
2	Agree	35.92%	74
3	Disagree	5.34%	11
4	Strongly Disagree	2.43%	5
	Total	100%	206

I consider my Assistant Coach(es) to be a positive influence on my teammates and me.



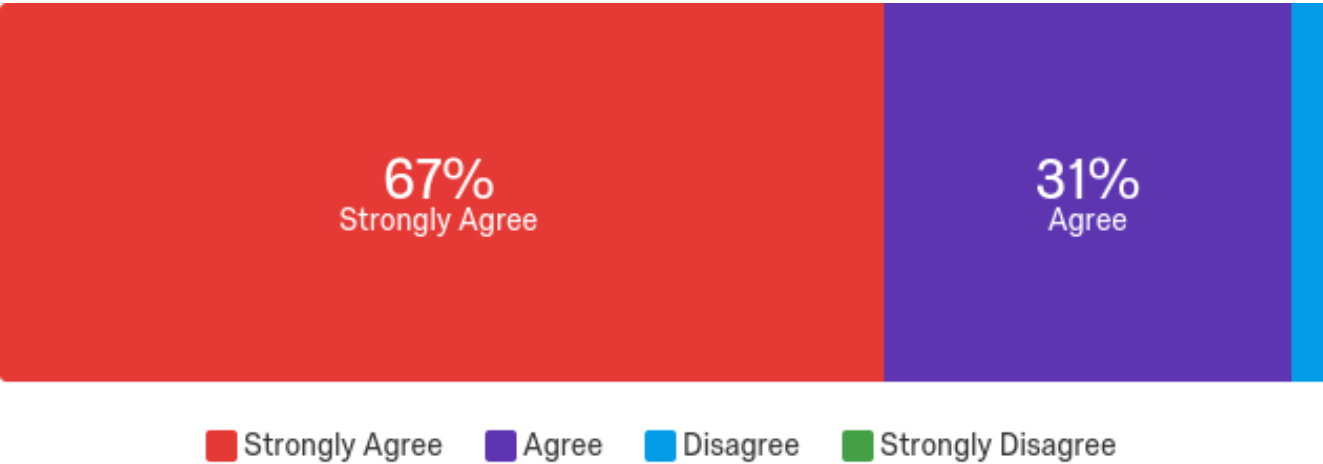
#	Answer	%	Count
1	Strongly Agree	65.02%	132
2	Agree	30.05%	61
3	Disagree	2.96%	6
4	Strongly Disagree	1.97%	4
	Total	100%	203

I feel my Head Coach really cares about me as a person, as well as an athlete. I know I can talk to him/her about my concerns.



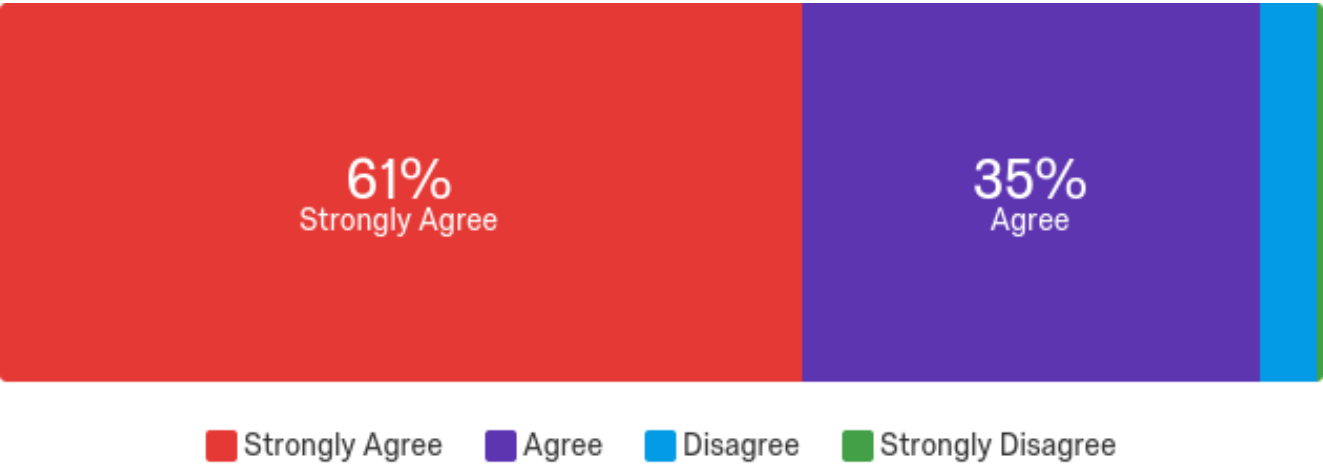
#	Answer	%	Count
1	Strongly Agree	58.94%	122
2	Agree	32.37%	67
3	Disagree	5.31%	11
4	Strongly Disagree	3.38%	7
	Total	100%	207

I feel my Assistant Coach(es) really care about me as a person, as well as an athlete. I know I can talk to them about my concerns.



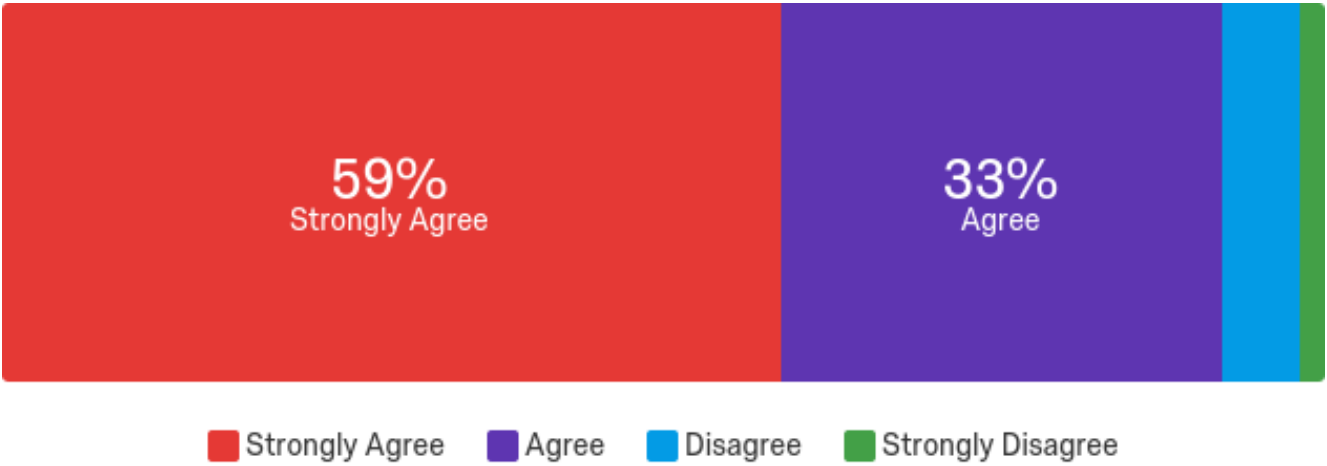
#	Answer	%	Count
1	Strongly Agree	66.67%	136
2	Agree	30.88%	63
3	Disagree	2.45%	5
4	Strongly Disagree	0.00%	0
	Total	100%	204

My Head Coach is knowledgeable about my sport and is good at teaching me the skills necessary to improve and compete at my position.



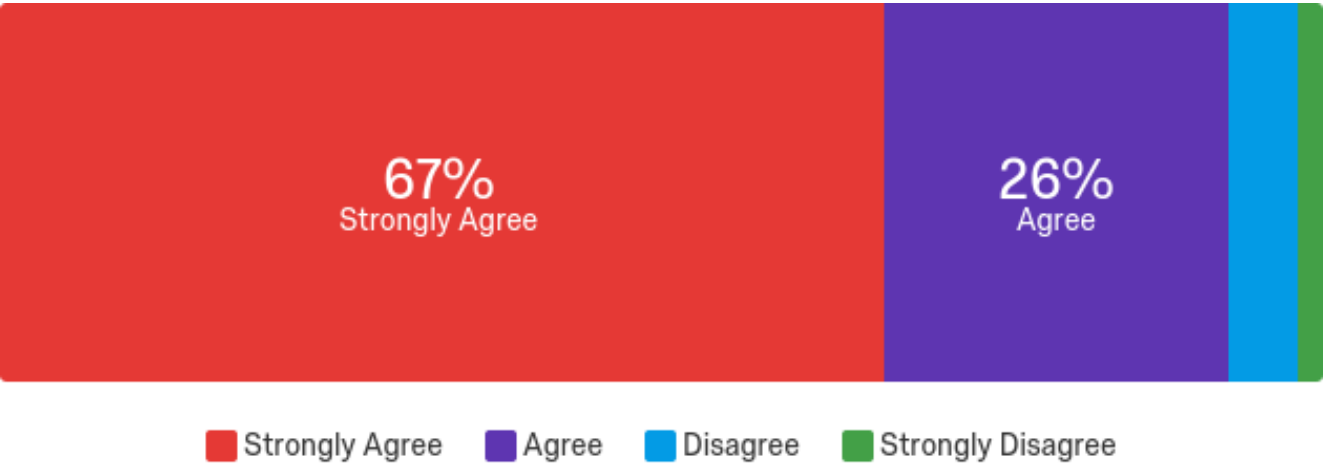
#	Answer	%	Count
1	Strongly Agree	60.58%	126
2	Agree	34.62%	72
3	Disagree	4.33%	9
4	Strongly Disagree	0.48%	1
	Total	100%	208

My Assistant Coach(es) are knowledgeable about my sport and are good at teaching me the skills necessary to improve and compete at my position.



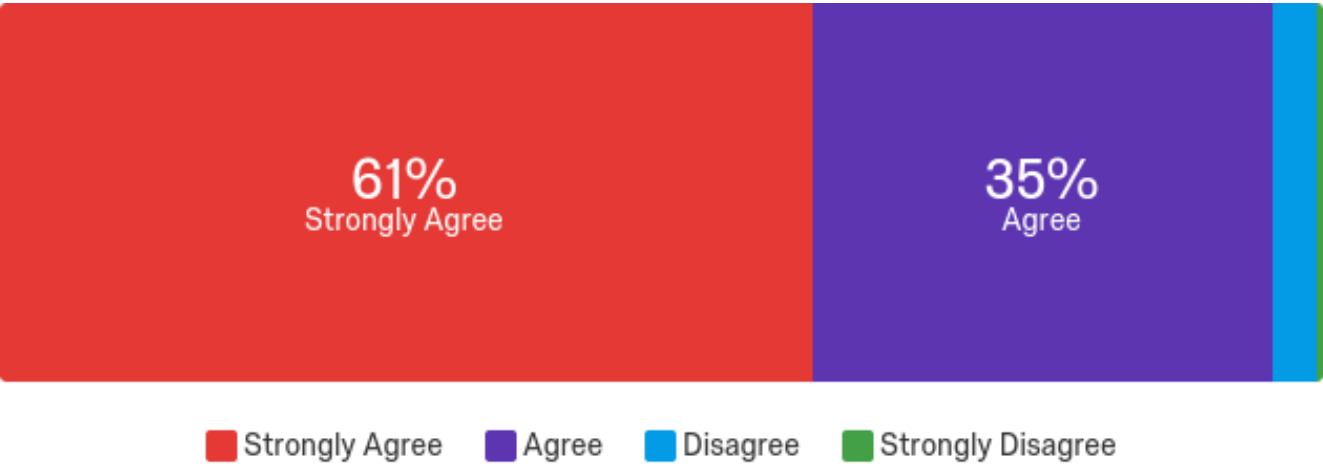
#	Answer	%	Count
1	Strongly Agree	58.82%	120
2	Agree	33.33%	68
3	Disagree	5.88%	12
4	Strongly Disagree	1.96%	4
	Total	100%	204

My Head Coach consistently models appropriate behavior and is a good example of what a Godly man or woman should be.



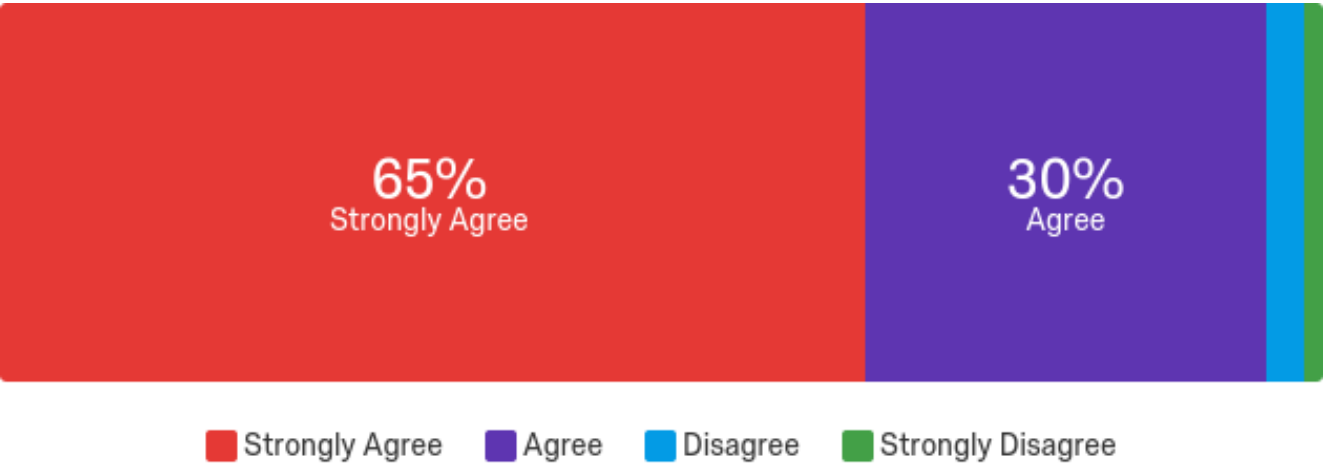
#	Answer	%	Count
1	Strongly Agree	66.67%	138
2	Agree	26.09%	54
3	Disagree	5.31%	11
4	Strongly Disagree	1.93%	4
	Total	100%	207

My Assistant Coach(es) consistently model appropriate behavior and are a good example of what a Godly man or woman should be.



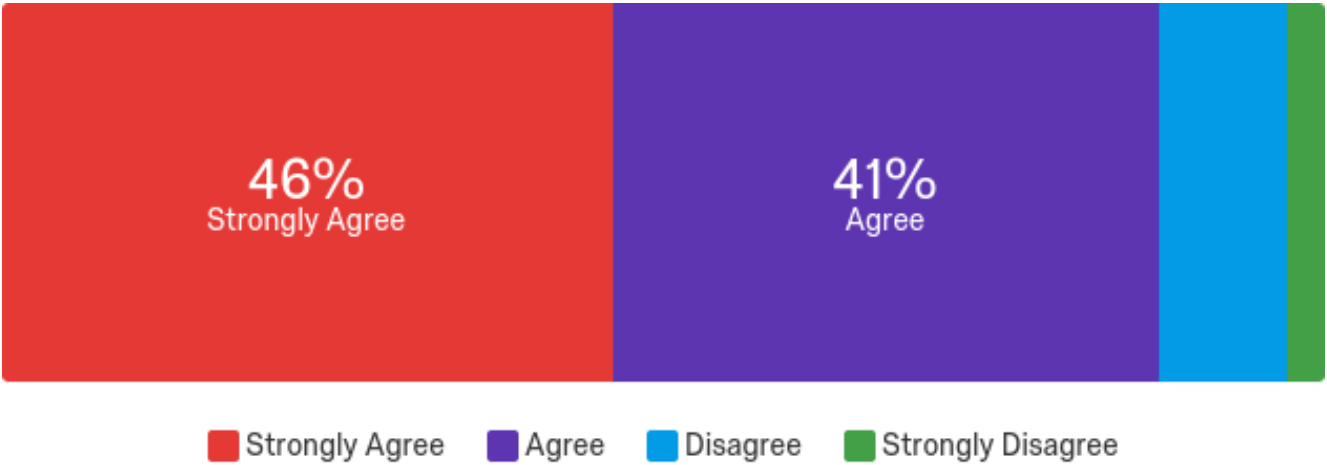
#	Answer	%	Count
1	Strongly Agree	61.39%	124
2	Agree	34.65%	70
3	Disagree	3.47%	7
4	Strongly Disagree	0.50%	1
	Total	100%	202

My Head Coach modeled and encouraged my spiritual growth, either directly or indirectly, and prayer is a part of our program.



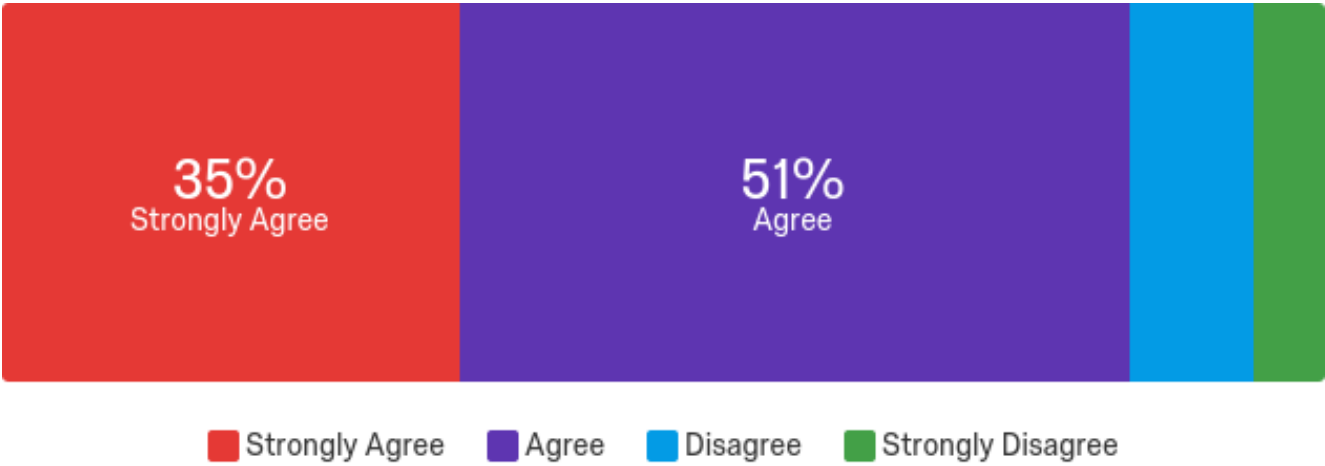
#	Answer	%	Count
1	Strongly Agree	65.37%	134
2	Agree	30.24%	62
3	Disagree	2.93%	6
4	Strongly Disagree	1.46%	3
	Total	100%	205

I felt our team was a good example of what a Christian team should be.



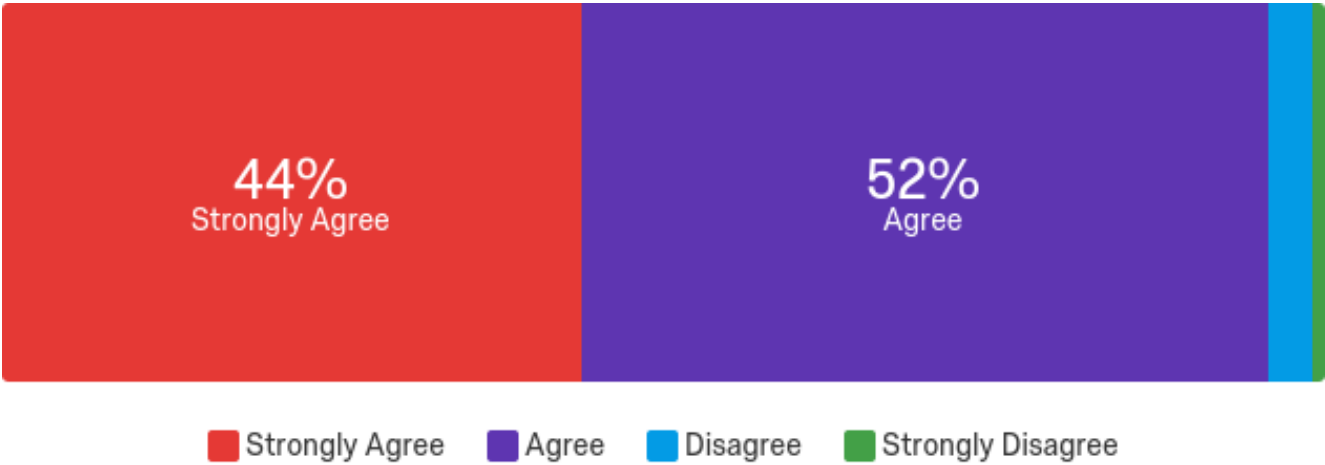
#	Answer	%	Count
1	Strongly Agree	46.08%	94
2	Agree	41.18%	84
3	Disagree	9.80%	20
4	Strongly Disagree	2.94%	6
	Total	100%	204

I believe the University cares about broader topics/including (gender issues, ethnic diversity & sexual orientation related issues).



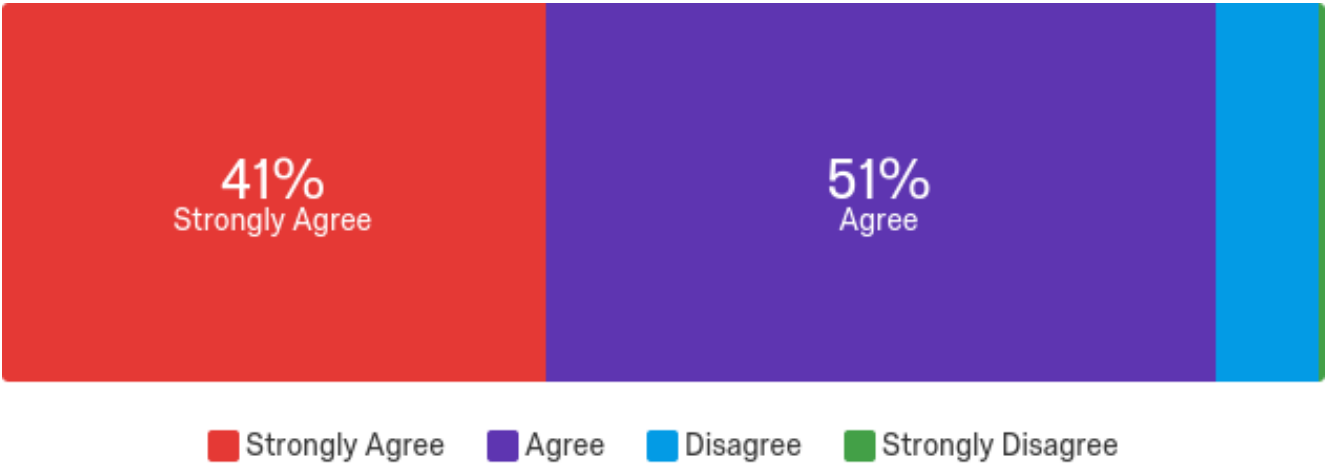
#	Answer	%	Count
1	Strongly Agree	34.50%	69
2	Agree	50.50%	101
3	Disagree	9.50%	19
4	Strongly Disagree	5.50%	11
	Total	100%	200

I believe the University cares about my emotional and mental well-being.



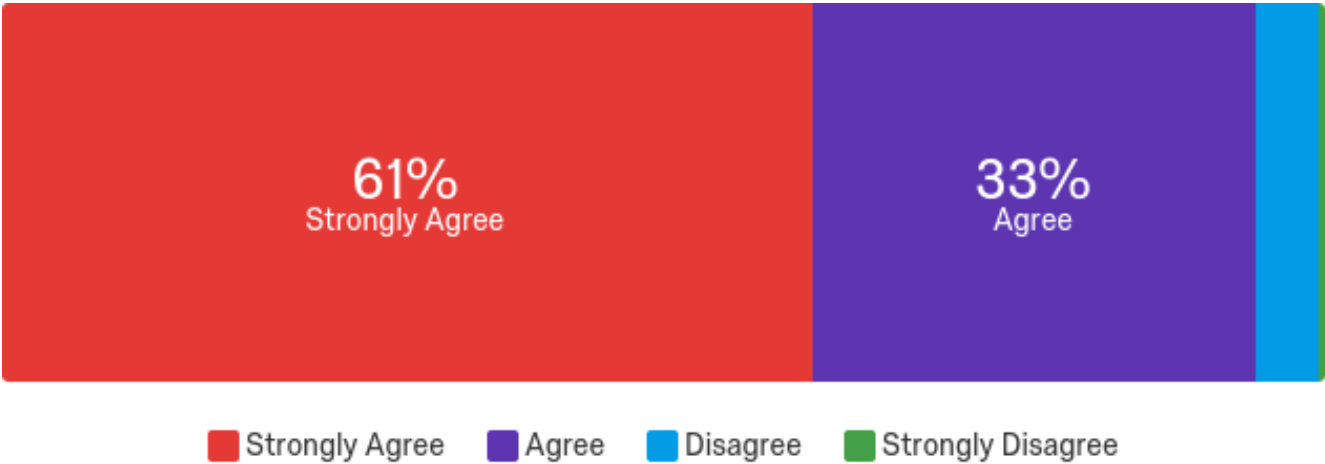
#	Answer	%	Count
1	Strongly Agree	43.69%	90
2	Agree	51.94%	107
3	Disagree	3.40%	7
4	Strongly Disagree	0.97%	2
	Total	100%	206

There is an emphasis on overall spiritual development in the entire athletic department.



#	Answer	%	Count
1	Strongly Agree	40.98%	84
2	Agree	50.73%	104
3	Disagree	7.80%	16
4	Strongly Disagree	0.49%	1
	Total	100%	205

Overall, I would consider my participation in the athletic program to be a positive experience that has enhanced my time at PLNU.



#	Answer	%	Count
1	Strongly Agree	61.17%	126
2	Agree	33.50%	69
3	Disagree	4.85%	10
4	Strongly Disagree	0.49%	1
	Total	100%	206

Appendix E



Missed Class Report

PLNU Athletics

2017 Fall - Missed Class Report

Sport	Total Days Missed Fall 2017	Total Days Missed Fall 2016
Volleyball	8 full days, 1 half day, 6 quarter days	7 full days, 1 half days, 4 quarter days
Women's Soccer	4 full days, 4 half days, 2 quarter days	6 full days, 2 half days, 4 quarter days
Men's Soccer	7 full days, 5 quarter days*	7 full days, 2 half days, 5 quarter days
Women's Tennis	2 full days	2 full days
Men's Tennis	2 full days	2 full days
Women's Golf	6 full days	8 full days
Cross Country	3 full days, 1 quarter day**	6 full days#
Women's Basketball	1 full day, 2 quarter days	1 full day, 2 quarter days
Men's Basketball	3 full days	2 full days, 1 quarter day

Baseball and Women's Track and Field are spring sports and did not miss any class time in the fall semester per NCAA rules.

Total numbers of days for Fall 2017 were calculated using the excused class email receipts and number of classes missed compared with the time of the day departures or competition start times.

Full days are equal to departure or excused time prior to 10:30am.

Half days are equal to departure or excused time after 10:30 am.

Quarter days are equal to departure or excused time after 2:00pm.

Cross Country missed 4 full days due to postseason participation in NCAA Regional and National Championships

* Men's Soccer missed 2 full days due to postseason participation in the NCAA Championships

** Cross Country missed 1 full day and 1 quarter day due to postseason participation in the NCAA Regional Meet

PLNU Athletics

2018 Spring - Missed Class Report

<u>Sport</u>	<u>Total Days Missed Spring 2018</u>	<u>Total Days Missed Spring 2017</u>
Women's Tennis	8 full days*, 6 half days	9 full days*, 6 half days, 1 quarter day
Men's Tennis	7 full days%, 10 half days	4 full days*, 6 half days, 6 quarter days
Women's Golf	10 full days^^	13 full days**
Track & Field	4 full days§	2 full days§
Women's Basketball	6 full days#, 2 half days, 5 quarter days	7 full days, 3 quarter days§
Men's Basketball	8 full days⌘, 2 quarter days	6 full days, 1 half day, 3 quarter daysΩ
Baseball	6 full days, 10 half days	8 full days, 8 half days

Men's Soccer, Women's Soccer and Volleyball are fall sports and did not miss any class time in the spring semester per NCAA rules.

Total numbers of days for Spring 2018 were calculated using the excused class email receipts and number of classes missed compared with the time of the day departures or competition start times.

Full days are equal to departure or excused time prior to 10:30am.

Half days are equal to departure or excused time after 10:30am.

Quarter days are equal to departure or excused time after 2:00pm.

* Women's Tennis missed 3 full days due to postseason participation in the PacWest Conference Tournament

% Men's Tennis missed 5 full days due to postseason participation in the PacWest Conference Tournament and NCAA Regional Championship

^^ Women's Golf missed 3 full days due to postseason participation in PacWest Conference Tournament

Women's Basketball missed 2 full days due to postseason participation in PacWest Conference Tournament

⌘ Men's Basketball missed 2 full days due to postseason participation in PacWest Conference Tournament

** Women's Golf missed 4 full days due to participation in PacWest Conference Tournament and NCAA Tournament.

§ Women's Basketball & Track & Field missed 2 full days due to postseason participation in the PacWest Conference Tournament/Meet.

Ω Men's Basketball 1 full day and 1 half day due to post-season participation in the PacWest Conference Tournament.

Appendix F



Annual Year-End Review



2017-18 PLNU Team Standings and Awards

NCAA Regional Qualifiers: Men's Soccer, Men's Basketball, Men's Tennis, Baseball

PacWest Player of the Year: Roya Rustamzada (women's basketball)

PacWest Defensive Player of the Year: Roya Rustamzada (women's basketball),
Adam Rios (baseball)

PacWest Goalkeeper of the Year: Wiktor Lasota (men's soccer)

PacWest Pitcher the Year: Garrett Irvin (baseball)

PacWest Newcomer of the Year: Thomas Dafcik (men's tennis)

PacWest Freshman of the Year: Garrett Irvin (baseball)

All-PacWest Selections: 49

PacWest All-Academic Selections: 148

All-Americans: 3

PLNU IN THE PACWEST AND THE NCAA

The Point Loma Athletic Department just completed its sixth season in the PacWest Conference and its fourth as a fully-eligible member of NCAA Division II. During the 2017-18 campaign, Point Loma saw its highest number of teams qualify for NCAA regionals as five of the Sea Lions 11 squads (men's soccer, cross country, men's basketball, men's tennis & baseball) participate in the NCAA postseason.

The Fall was a very memorable sports season at PLNU. In addition to seeing the men's soccer team become the first PLNU squad to ever host an NCAA Regional and the women's cross country team earned a spot in the NCAA West Regional for the third straight season, the Sea Lions also saw the emerging of young talent on the volleyball court and said goodbye to longtime head coach Tim Hall. The men's soccer team had one of the most impressive runs for any PLNU athletic team since joining the NCAA. The team put together a 16-match unbeaten streak and went 11-0-2 in conference play to improve in the PacWest standings for the sixth-straight season. They earned the No. 2 seed and the right to host first and second round matches in the NCAA West Regional. The Point Loma women's cross country team continued its postseason run by earning a spot to the regionals for the third straight season. Hannah Benoit Bucher placed 10th at the regional and earned an invite as an individual to the NCAA Championship in Evansville, Ind. On the volleyball court, the Sea Lions saw a trio of freshmen and a sophomore setter highlight the season. Holley Persson and Julia Malinas each earned three PacWest Freshman of the Week honors and were named to the all-conference team along with fellow freshman Jaime Cymbaluk. Setter Cara Keturakis wrote her name into the record books, posting two triple-doubles during the season. She has now posted three of the seven triple-doubles in school history, and is the only student-athlete to accomplish the feat more than once. On the soccer pitch, the 2017 season will always be remembered as the final year with Tim Hall on the sideline. Having spent over 25 seasons and accumulating over 265 wins, Tim Hall was truly at the center of PLNU soccer for the past two decades. The athletic department honored him for all his service with Tim Hall Night during the night soccer match on Sept. 21 to thank him for all his service.

In the winter, PLNU was able to get another one of its teams into the regional as the men's basketball team earned an invitation to the tournament for the first time in program history. PLNU went 21-8 during the regular season and posted its best-ever finish in the standings (t-third) with a 15-5 record. They won 15 of 17 games in the middle of conference play and saw four student-athletes earn All-PacWest honors. The Sea Lions had a big win over Hawaii Pacific which was aired on ESPN3 on Jan. 13. That body of work earned PLNU the No. 8 seed in the NCAA West Regional. The women's basketball season was an emotional rollercoaster. After starting the season with four straight victories the Sea Lions stumbled, losing three of its next four, but the biggest loss was the season-ending injury to two-time all-region performer Alex Brunk. After an adjustment time to playing without Brunk, the team picked up momentum and won seven of their last eight regular season games to earn the No. 5 seed in the PacWest Tournament. They would defeat No. 4 seeded Concordia in the first round and then upset No. 1 seed and nationally ranked Azusa Pacific in the semifinals to reach the PacWest Championship game for the second straight season. Roya Rustamzada took over leadership of the team after Brunk's injury and she would go on to be named first team All-PacWest, PacWest Defender of the Year and PacWest co-Player of the Year. She posted a triple-double for the Sea Lion at homecoming and became the first women's basketball student-athlete to ever earn NCAA All-American honors.

The spring is the busiest time of the year for Point Loma with five teams in-season. The baseball team continued the strong run of men's sports by earning the program's second trip to the NCAA West Regional. The team went 33-16 during the regular season, which included a 16-game winning streak. PLNU played for the conference championship on the final game of the season at APU and finished second in the league at 29-11. They earned the No. 4 seed in the regional and earned a win over No. 1 seeded Cal State Monterey Bay for the first regional win in the history of PLNU men's athletics. Garrett Irvin was named to multiple all-region teams along with being voted the PacWest Freshman of the Year and the PacWest Pitcher of the Year. Tyler Flores was named to two different All-American teams after breaking the school record with 20 home runs in a season. On the tennis courts, both the men's and women's teams chased regional bids right up to the PacWest Championships, and the men came away with one. The men's team earned big wins over UCSD and Hawaii Pacific to grab the No. 3 seed in the regional. They faced No. 2 seeded Hawaii Hilo in Kona and were edged 5-3. Thomas Dafcik was named first team all-conference in single and doubles, en route to being selected as the PacWest Newcomer of the Year. The women's team had an even better regular season, going 18-7 with a win over No. 6 nationally ranked Academy of Art. They were on the bubble for the regional in the highly-competitive west region, but saw that bubble burst on selection Sunday. Distance runners Hannah Benoit Bucher and Alex Hernandez, along with freshman Freda Kallenberg highlighted the track & field season. Benoit Bucher won both the 800m and 1500m at the PacWest Championships, while Hernandez defended her title in the 10k. Freda Kallenberg won the javelin to cap off a historic season which saw the freshman place her name on five different top 10 lists. On the links, PLNU saw two freshmen also emerge as Christine Perez and Summer Marshall played 1-2 for the Sea Lions in the PacWest Championships.

2017-18 PacWest Commissioner's Cup



The PacWest Commissioner's Cup Scoring System awards points to schools based on their finishes in conference-sponsored sports. Point totals vary from sport to sport and are based upon the number of schools competing. Regular-season standings are used for baseball, basketball, soccer, softball and volleyball; while cross country, track & field, golf and tennis utilize the results of the conference championships. Here is a look the 2017-18 PacWest Commissioner's Cup final standings (sports sponsored in parenthesis):

<u>School (# of conference sports)</u>	<u>Total Points</u>	<u>Average Points</u>
1. California Baptist (13)	164	12.615
2. Azusa Pacific (13)	155.5	11.962
3. Concordia (13)	128.5	9.885
4. Point Loma (11)	105	9.546
5. Dixie State (13)	120.5	9.269
6. Fresno Pacific (10)	85.5	8.55
7. Academy of Art (14)	118	8.429
8. Biola (15)	116.5	7.767
9. Hawaii Pacific (13)	90.5	6.961
10. Dominican (11)	57.5	5.227
11. Notre Dame de Namur (10)	52	5.2
12. Hawaii Hilo (12)	62	5.167
13. Holy Names (15)	56.5	3.767
14. Chaminade (10)	36.5	3.65

2017-18 POINT LOMA ATHLETICS SUMMARY

WOMEN'S SOCCER (9-7-1)

PacWest Conference: 8-5-0 (t-sixth)

Home: 7-2-1 **Road:** 2-5-0 **Neutral:** 0-0-0

United Soccer Coaches All-West Region: Keagan Bolibol (third team - D)

D2CCA All-West Region: Keagan Bolibol (second team - D)

PacWest All-Conference: Keagan Bolibol (first team - D), Morgan Pearce (second team - D), Sami Swanson (third team - MF), Abbey Teagle (third team - F), Abbi Swanson (third team- MF)

PacWest Freshman of the Week: Ashlee Watkins (Oct. 18),

CoSIDA Academic All-District team: Morgan Pearce, Sami Swanson

PacWest All-Academic Team: *Announced in June*

Records set: Ashlee Watkins (fastest goal: 00:17 - assist Abbey Teagle)

Team MVP: Keagan Bolibol & Sami Swanson

Team Sportsmanship: Jessica Warner

Tim Hall's Career Coaching Record: 119-51-26 nine years at PLNU (270-168-50 overall includes men)

MEN'S SOCCER (14-3-2)

PacWest Conference: 11-0-2 (second place)

Home: 6-2-1 **Road:** 8-1-1 **Neutral:** 0-0-0

Highest Regional Ranking: Second (Nov. 1)

Postseason: NCAA West Regional - No. 2 seed (lost to No. 6 Cal Poly, 1-0)

D2CCA All-American: Wiktor Lasota (honorable mention)

United Soccer Coaches All-West Region: Wiktor Lasota (first team), Eduardo Gallardo (second team)

D2CCA All-West Region: Wiktor Lasota (first team), Matias Rodriguez (second team)

PacWest Goalkeeper of the Year: Wiktor Lasota

PacWest All-Conference: Wiktor Lasota (first team - GK), Eduardo Gallardo (second team - F), Jacob Eisenberg (second team - D), Indiana Fuller (third team - MF), Tim Siegfried (third team - MF), Mitch Wheelon (third team - MF), Fabian Lueders (third team - D), Matias Rodriguez (third team - D)

PacWest Player of the Week: Eduardo Gallardo (Oct. 30)

PacWest Defender of the Week: Fabian Lueders (Sept. 11), Wiktor Lasota (Oct. 18), Jacob Moreno (Oct. 23),

PacWest Freshman of the Week: Jacob Eisenberg (Sept. 25), Tim Siegfried (Oct. 30)

CoSIDA Academic All-District: Chris Reingen (first team)

PacWest All-Academic Team: *Announced in June*

SDHOC Star of the Month: Eduardo Gallardo (Sept.)

Team MVP: Eduardo Gallardo

Team Sportsmanship: Sean Williams

PLNU Records Set: Team (wins - 14); Team (shutouts - 10); Team (unbeaten streak - 16); Team (win streak - 10); Team (consecutive minute shutout streak - 842)

National Stat Leaders (top 30): Wiktor Lasota (15th - goals against average: 0.69); Wiktor Lasota (16th - shutouts: 8); Eduardo Gallardo (16th - game-winning goals: 5); Team (11th - shutout percentage: 0.526); Team (Goals against average: 0.762).

Phil Wolf Career Coaching Record: 47-47-14 in six seasons at PLNU (167-76-32 overall)

VOLLEYBALL (12-16)

Final PacWest Record: 9-11 (t-ninth)

Home: 4-10 **Road:** 6-5 **Neutral:** 2-1

PacWest All-Conference: Holley Persson (second team - libero), Cara Keturakis (third team - setter), Julia Malinas (honorable mention - opposite side hitter), Jamie Cymbaluk (honorable mention - outside hitter)

PacWest Defender of the Week: Holley Persson (Sept. 12)

PacWest Freshman of the Week: Julia Malinas (Sept. 12), Holley Persson (Sept. 26), Julia Malinas (Oct. 4), Holley Persson (Oct. 17), Holley Persson (Oct. 24), Julia Malinas (Nov. 6)

PacWest All-Academic Team: *Announced in June*

Team MVP: Cara Keturakis

Team Sportsmanship: Megan Angerstein

PLNU Records Set: Holley Persson (digs in a set: 40)

PacWest Stat Leaders: Holley Persson (digs per set: 5.72);

National Stat Leaders (top 30): Holley Persson (22nd - digs per set: 5.72); Cara Keturakis (15th - triple doubles: 2)

Jonathan Scott Career Coaching Record: 62-53 (fourth season at PLNU; fourth season overall)

CROSS COUNTRY (WOMEN)

NCAA West Regional Finish: 10th (307 points)

PacWest Meet Finish: Fifth (142 points - dropped down to 5th on tiebreaker)

Highest USTFCCCA National Ranking: Ninth (Aug. 29)

Highest USTFCCCA Regional Ranking: Fourth (Aug. 29)

Individual at NCAA Championships: Hannah Benoit Bucher (68th)

USTFCCCA All-West Region team: Hannah Benoit Bucher, Marissa Bartello, Brianna Bartello

All-PacWest Conference: Hannah Benoit Bucher (first team), Alex Hernandez (third team)

USTFCCCA All-Academic Team: Alex Hernandez, Hannah Benoit Bucher, Team

PacWest All-Academic Team: *Announced in June*

Team Most Outstanding Runner: Hannah Benoit Bucher

Team Sportsmanship: Alex Hernandez

Team Most Inspirational: Brielle Budroe

Team Most Improved: Mackenzie Harder

Head Coach Jerry Arvin: 25th season at PLNU

WOMEN'S GOLF

PacWest Championships: Eighth place

PacWest Golfer of the Week: Christine Perez (Mar. 14)

PacWest All-Academic Team: *Announced in June*

Team MVP: Christine Perez

Sportsmanship Award: Summer Marshall

Lance Hancock coaching record: Second season at PLNU

MEN'S BASKETBALL (21-10)

PacWest Conference: 15-5 (t-third place)

Home: 11-4 **Road:** 8-4 **Neutral:** 2-2

Highest Regional Ranking: Fifth (Feb. 28)

Postseason: NCAA West Regional - No. 8 seed (lost to No. 1 Western Oregon, 73-66); PacWest Conference Tournament first round

All-PacWest Conference: Preston Beverly (second team), Josh Rodriguez (third team), Ziggy Satterthwaite (third team), Sterling Somers (honorable mention)

PacWest Player of the Week: Preston Beverly (Jan. 1), Preston Beverly (Jan. 15), Preston Beverly (Jan. 29)

PacWest Defender of the Week: Skyler White (Nov. 27), Preston Beverly (Feb. 12)

CoSIDA Academic All-District: Tanner Nelson (first team)

PacWest All-Academic Team: *Announced in June*

NCAA Career in Sports Forum Selection: Tanner Nelson, Yusef Shehata

SDHOC Star of the Month: Preston Beverly (Jan.)

Team MVP: Ziggy Satterthwaite

Sportsmanship Award: Tanner Nelson

PacWest Records: Josh Rodriguez (career assists; 496)

PacWest Stat Leaders: Team (rebounding margin; +11.9); Team (blocks per game; 4.4); Team (scoring defense; 64.5); Team (offensive rebounds per game; 13.06)

National Stat Leaders (top 30): Team (1st - rebounding margin; +11.9); Team (8th - scoring defense; 64.5); Team (23rd - total rebounds; 1231); Team (24th - offensive rebounds per game; 13.06); Team (25th - total blocks; 135)

Ryan Looney's Career Coaching Record: 297-129 (38-23 second season at PLNU, 14th season overall)

MEN'S TENNIS (14-10)

PacWest Tournament: Fourth place (won opener; lost next two)

Postseason: NCAA West Regional - No. 3 seed (lost to No. 2 Hawaii Hilo, 5-3)

Home: 12-4 **Road:** 1-4 **Neutral:** 1-2

Highest ITA National Ranking: 49th (Mar. 28)

Highest ITA Regional Ranking: Third (May 23)

PacWest Newcomer of the Year: Thomas Dafcik

PacWest All-Conference: Thomas Dafcik (first team-singles), Brendon Millington (second team-singles), Thomas Dafcik (second team-doubles), Yuki Okamoto (second team-doubles)

PacWest Player of the Week: Thomas Dafcik (Mar. 8)

CoSIDA Academic All-District: CJ Erion (first team)

PacWest All-Academic Team: *Announced in June*

Team MVP: Thomas Dafcik

Sportsmanship Award: Mark Penner

Curt Wheeler's Career Coaching Record: 43-53 (fourth season at PLNU; fourth season overall)

WOMEN'S BASKETBALL (19-11)

PacWest Conference: 12-8 (fifth place)

Home: 9-5 **Road:** 6-5 **Neutral:** 4-1

Highest National Ranking: RV (Nov. 8)

Highest Regional Ranking: Ninth (Feb. 28)

Postseason: Second Place PacWest Tournament (#5 seed: beat #4 Concordia, beat #1 APU, lost to #2 HPU)

D2CCA All-American Team: Roya Rustamzada (honorable mention)

WBCA All-West Region Team: Roya Rustamzada (second team)

D2CCA All-West Region Team: Roya Rustamzada (first team)

PacWest Player of the Year: Roya Rustamzada

PacWest Defender of the Year: Roya Rustamzada

All-PacWest Conference: Roya Rustamzada (first team)

PacWest Player of the Week: Roya Rustamzada (Nov. 20), Tayla Hepburn (Dec. 20), Roya Rustamzada (Jan. 1), Grace Brady (Feb. 12)

PacWest Defender of the Week: Roya Rustamzada (Jan. 29)

PacWest Freshman of the Week: Cara Liggins (Nov. 13), Grace Brady (Jan. 1), Sydney Peterson (Feb. 27)

SDHOC Star of the Month: Roya Rustamzada (November)

PacWest All-Academic Team: *Announced in June*

Team MVP: Roya Rustamzada

Sportsmanship Award: Stephanie Williams

PacWest records set: Roya Rustamzada (career rebounds; 1008)

PLNU records set: Roya Rustamzada (career rebounds; 1008)

PacWest Stat Leaders: Roya Rustamzada (triple doubles; 1); Grace Brady (triple doubles; 1); Roya Rustamzada (double doubles; 18); Roya Rustamzada (defensive rebounds per game; 10); Roya Rustamzada (minutes played); Roya Rustamzada (rebounds; 332); Grace Brady (blocked shots; 89);

National Stat Leaders (top 30): Roya Rustamzada (2nd - triple doubles; 1); Grace Brady (2nd - triple doubles; 1); Roya Rustamzada (2nd - defensive rebounds per game; 10); Roya Rustamzada (4th - double doubles; 18); Roya Rustamzada (9th - rebounds; 332); Roya Rustamzada (10th - rebounds per game; 11.1); Grace Brady (10th - blocked shots per game; 3.07); Grace Brady (11th - blocked shots; 89); Team (2nd - blocked shots per game; 6.6); Team (3rd - blocked shots; 197); Team (3rd - defensive rebounds per game; 33); Team (8th - field goal percentage defense; .351); Team (15th - rebounds per game; 43.9); Team (28th - rebounds; 1317).

Lisa Faulkner's Career Coaching Record: 43-17 (second season at PLNU; second season overall)

WOMEN'S TENNIS (18-7)

PacWest Tournament: Fourth place (won opener; lost next two)

Home: 13-2 **Road:** 4-3 **Neutral:** 1-2

Highest ITA National Ranking: 11th (Mar. 21)

Highest ITA Regional Ranking: Fifth (May 23)

ITA West Region Rookie of the Year: Gabriela Armas

ITA Player to Watch: Shelby Groeneveld

PacWest All-Conference team: Carolina Cuevas (first team-singles), Shelby Groeneveld (second team-singles), Nikki Newell (third team-singles), Shelby Groeneveld (second team-doubles), Michelle Torres (second team-doubles)

PacWest Player of the Week: Nikki Newell (Feb. 6), Ellie Gamble (Feb. 20)

PacWest All-Academic Team: *Announced in June*

Team MVP: Gabriela Armas

Sportsmanship Award: Madison McKay

Curt Wheeler's Career Coaching Record: 56-43 (fourth season at PLNU; fourth season overall)

BASEBALL (34-18)

PacWest Conference: 29-11 (second place)

Home: 22-7 **Road:** 11-10 **Neutral:** 1-1

Postseason: NCAA West Regional - No. 4 seed (lost to No. 3 UCSD, 22-3; defeated No. 1 CSUMB, 13-12; lost to No. 2 Azusa Pacific, 10-7)

National ranking:

Highest Regional Ranking: Third (May 3)

NCBWA All-American: Tyler Flores (third team)

D2CCA All-American Tyler Flores (honorable mention)

ABCA All-West Region: Tyler Flores (first team - OF), Micah Pries (first team - OF), Garrett Irvin (first team - P)

NCBWA All-West Region: Tyler Flores (first team - OF), Garrett Irvin (first team - P), Micah Pries (second team - OF), John Balliet (second team - UT/P)

D2CCA All-West Region: Tyler Flores (first team - OF), Micah Pries (first team - OF), Garrett Irvin (first team - P)

PacWest Pitcher of the Year: Garrett Irvin

PacWest Freshman of the Year: Garrett Irvin

PacWest Defensive Player of the Year: Adam Rios

All-PacWest Team: Tyler Flores (first team - OF), Micah Pries (first team - OF), Garrett Irvin (first team - P), Travis Takata (second team - 2B), Adam Rios (second team - SS), John Balliet (second team - UT/P), Trevor Abshire (second team - P), Wyatt Shackleford (third team - P)

NCBWA Regional Player of the Week: John Balliet (Mar. 27), Micah Pries (Apr. 30)

NCBWA Regional Pitcher of the Week: Trevor Abshire (Apr. 9), Garrett Irvin (Apr. 16)

PacWest Player of the Week: Tyler Flores (Feb. 26), John Balliet (Mar. 26), Adam Rios (Apr. 16), Micah Pries (Apr. 30), Micah Pries (May 12)

PacWest Pitcher of the Week: Trevor Abshire (Apr. 9), Garrett Irvin (Apr. 16)

PacWest Freshman of the Week: Garrett Irvin (Feb. 5), Garrett Irvin (Mar. 26)

PacWest All-Academic Team: *Announced in June*

SDHOC Star of the Month: Wyatt Shackleford (March), Micah Pries (April), Colby Kaneshiro (May)

Team Offensive POY: Tyler Flores

Team Defensive POY: Adam Rios

Team Pitcher of the Year: Garrett Irvin

Newcomer of the Year: Garrett Irvin

Team MVP: Micah Pries

Sportsmanship Award/Sea Lion of the Year: Travis Takata

PLNU Records Set: Tyler Flores (single-season home runs; 20)

PacWest Stat Leaders: Wyatt Shackleford (complete games; 5); Wyatt Shackleford (victories; 9); Garrett Irvin (games started; 14); Stephen Young (games started; 14); Micah Pries (hits; 83); Micah Pries (total bases; 142); Trevor Abshire (hits allowed per 9 innings; 6.90); Tyler Flores (home runs; 20); Tyler Flores (home runs per game; 0.38); Tyler Flores (runs batted in; 62); Garrett Irvin (strikeout-to-walk ratio; 4.71);

National Stat Leaders (top 30): Micah Pries (29th - total bases; 142); Micah Pries (19th - triples; 6); Micah Pries (30th - hits; 83); Tyler Flores (30th - runs batted in; 62); John Balliet (29th - saves; 8); Wyatt Shackleford (30th - complete games; 5); Wyatt Shackleford (24th - victories; 9); Team (23rd - home runs; 67); Team (24th - home runs per game; 1.29); Team (27th - shutouts; 5)

Joe Schaefer's Career Coaching Record: 341-219-1 (ninth season)

OUTDOOR TRACK & FIELD

PacWest Conference Finish: Fourth place (109.5 points)

National Ranking:

USTFCCCA All-West Region:

PacWest Meet Champions: Hannah Benoit Bucher (800m), Hannah Benoit Bucher (1500m), Alex Hernandez (10k), Freda Kallenberg (javelin)

All-PacWest Performers: Hannah Benoit Bucher (1st - 800m), Hannah Benoit Bucher (1st - 1500m),), Alex Hernandez (1st - 10k), Marissa Bartello (3rd - 3k steeplechase), Maya Jackson (3rd - shot put), Freda Kallenberg (1st - javelin), Starr Rodenhurst (2nd - javelin), Maya Jackson (3rd - javelin)

PacWest Field Athlete of the Week: Starr Rodenhurst (Mar. 12)

CoSIDA Academic All-District team: *Announced in June*

PacWest All-Academic Team: *Announced in June*

Most Outstanding Track Athlete: Hannah Benoit Bucher

Most Outstanding Field Athlete: Maya Jackson

Most Improved: Lauren Wuertz

Sportsmanship Award: Josie Frye and Avery Avina

Team MVP: Freda Kallenberg

T&F Sea Lion of the Year: Alex Hernandez

Head Coach Jerry Arvin: Completed his 23rd season at PLNU

Point Loma Athletics' Top 18 Moments for 2017-18

- 1) Baseball banks NCAA Regional win / Kaneshiro home run
- 2) Men's Soccer comeback on Biola/16-match unbeaten streak/hosts regional
- 3) All-American Rustamzada becomes PacWest all-time rebounding leader and sets PLNU records
- 4) PLNU wins President's Award for Academic Excellence for second straight year
- 5) WBB upsets Azusa Pacific in PacWest Tournament
- 6) Women's Tennis knocks off #6 Academy of Art
- 7) PLNU men's teams go 4-for-4; all make regionals
- 8) Hannah Benoit Bucher wins 800m and 1500m on same day at PacWest Championships
- 9) Grace Brady gets triple-double including blocks
- 10) Walk-off galore: Rios, Flores, Pries walk-offs
- 11) Eduardo Gallardo with hat-trick at HNU
- 12) Rodriguez sets PacWest all-time assist record
- 13) Holley Persson 40 digs in 4 sets
- 14) Men's Tennis defeats UCSD
- 15) Men's Basketball win on ESPN over Hawaii Pacific
- 16) Alex Hernandez wins 10k at PacWest, again
- 17) All-Americans (Lasota, Flores, Rustamzada)
- 18) Jennifer Ballez's women's soccer game-winner on Senior Day

Baseball banks regional win after Kaneshiro's late home run



AZUSA, Calif. - No one will ever be able to say the Point Loma baseball team did not earn its first-ever NCAA West Regional victory. PLNU scored in all but two innings and battled for all 27 outs to defeat Cal State Monterey Bay, 13-12, on Friday, May 18.

After taking the early advantage with a four-run first, and adding on to make it 9-4, the Sea Lions saw their lead disappear quickly when CSUMB put up seven runs in the top of the sixth to go on top 11-9.

It was then junior Colby Kaneshiro's time to step to the plate and leave his mark in the annals of PLNU baseball history. With runners at first and third, and one out, Kaneshiro quickly fell behind 0-2. He would later say he was just looking for a pitch up to stay out of a double play, but he got a high fastball and drilled it over the left field wall to put Point Loma back up 12-11. PLNU would add what would be the game-winning run later in the inning on an RBI-single by Adrian Collazo to lead 13-11 with six out left to play, but things did not get any easier.

Nicholas Cornelius hit the first batter of the inning on a 1-2 count, and then after a wild pitch and a fly out, coach Joe Schaefer turned to closer John Balliet for a five-out save. He walked the first batter but then struck out the Otters' No. 2 hitter got a pinch hitter to fly out to center field to end the threat.

In the ninth, CSUMB quickly cut the Sea Lions' two-run cushion in half with a solo home run to center field by Jacob Tonascia. Balliet got the next batter to line out sharply to Tyler Flores in left field before giving up a single and a walk. However, he looked unfazed on the mound and was able to strike out Max Sanderson on three pitches and get a weak groundout to second base to end the game and keep Point Loma alive in the NCAA West Regional.

Kaneshiro went 3-for-4 with a walk, a home run, five RBI and two runs scored for the Sea Lions. That home run was just his fourth of the season. Adam Rios had three doubles and scored three runs. Travis Takata and Collazo added two RBI apiece. Tonascia lead the Otters by going 2-for-4 with two walks, two home runs, four RBI and three runs scored.

Cornelius (1-0) earned his first career victory with 1.1 scoreless innings, which included two strikeouts.

Men's soccer hosts regional after 16-match unbeaten streak



SAN DIEGO - The 2018 Point Loma Nazarene University men's soccer team put together the best season in the history of the program. The Sea Lions had a 16-match unbeaten streak and finished 11-0-2 in PacWest play. During the year they matched the school record for wins (14), set the mark for consecutive shutout minutes (842) and longest unbeaten streak. However, it was not the numbers that tell the story as this team seemed to be one of destiny.

After earning an impressive win on the road Chico State, PLNU came from a goal back with just 10 men on the field to defeat Sonoma State on the road 2-1. This kickstarted the unbeaten streak for the Sea Lions, but it would be tested multiple times along the way. They would shutout their next eight opponents en route to posting its 842 minute shutout streak. During the run the Sea Lions also earned a tie on the road at California Baptist, holding the Lancers scoreless in 110 minutes.

The match at CBU was not the only time the streak was tested. It looked to be in real jeopardy when the Sea Lions fell behind 3-1 early in the second half at Dixie State. But PLNU answered with three goals in 15 minutes to take the lead. Dixie State tied the game with a penalty kick goal in the final 10 seconds of regulations. This just set up the overtime heroics for Jorge Navarro who scored in the eighth minute of overtime to give PLNU the win and extend the unbeaten streak to 12.

An even more difficult challenge came just two matches later on the road at Biola. Down a goal and with the opponent in possession of the ball and less than a minute to play, the Biola goalie was called for delay of game, giving the ball back to the Sea Lions for a free kick with 46 seconds left. Gallardo played the decoy and just tapped the ball on the way through as Wheelon stepped into the shot and drilled the ball low past the wall of defenders into the net to send the match to overtime tied at 2-2. Three minutes into OT, Gallardo found Tim Siegfried on a counter attack down the field and he beat the Eagles' goalie for the game-winning goal.

These wins helped the men's soccer team become the first PLNU squad to host an NCAA Region. Point Loma earned the No. 2 seed as an at-large bid and hosted No. 3 Simon Fraser and No. 6 Cal Poly Pomona in the NCAA Division II West Regional on Nov. 9-11.

A truly special career



SAN DIEGO - There are not many players that can say they impacted a program from the moment they set foot on a court to the very last time they walked off it; well almost all. Roya Rustamzada is a rare exception to that clique.

From the time she was inserted into the starting lineup as a freshman, Point Loma locked down the boards and this helped them win 15 of its last 18 games and reach the NCAA Regional in the first season the team was eligible. In that regional game, Point Loma knocked off the No. 1 team in the country, Alaska Anchorage, on its home floor with Rustamzada making the game-winning layup with 2.7 seconds on the clock. Her career would only get better from that point.

She collected multiple All-PacWest and All-West Region honors and continued to move up the Sea Lions' top 10 lists. This season as a senior, she saw her frontcourt mate Alex Brunk go down with a season-ending injury, and she stepped her game up to new levels. She was named first team All-PacWest, the PacWest Defensive Player of the Year and the PacWest Player of the Year. She averaged 16.0 points, 11.1 rebounds, 4.3 assists and 2.3 steals per game. Her 18 double-doubles led the PacWest and she ranked in the top ten in the conference in rebounding, assists, blocks, and steals.

This season capped a record-breaking career as she became both the PLNU and PacWest all-time leading rebounder with 1,009 career rebounds. She also broke into the top 10 in career points, assists, blocks, and steals in Point Loma history.

PLNU wins President's Award for Academic Excellence, again



INDIANAPOLIS - For the second straight season, Point Loma Nazarene University was awarded the Presidents' Award for Academic Excellence, after leading NCAA Division II with an Academic Success Rate of 98 percent.

"I'm so pleased with the high academic success of our student-athletes," said Point Loma Nazarene University President Dr. Bob Brower. "Their commitment to excellence in the classroom and in competition reflect PLNU's purpose and mission."

In their four seasons of eligibility, the Sea Lions have now finished third (2014), second (2015) and first (2016 & 2017).

"We are extremely proud of our student-athletes' successes inside and outside the classroom," said Point Loma Athletic Director Ethan Hamilton. "They are high achievers who deserve credit for these accomplishments. I am also so thankful to the individuals around campus who play a part and deeply care about our students."

Point Loma tied with Bentley University and Saint Michael's College of the Northeast-10 Conference for the top spot among more than 300 NCAA Division II schools with a 98 percent ASR. PLNU was one of just 35 schools to achieve four-year Academic Success Rates of 90 percent or higher, and it will be honored as part of the program. To see the complete ASR report, [click here](#).

"Student-athletes in Division II continue to excel in the classroom, on the field of play and in their communities," said Terri Steeb Gronau, vice president of Division II. "These increased graduation rates reflect the efforts of Division II student-athletes and schools to prepare students for success in life, and we are proud of their achievements."

For Point Loma, this award symbolizes the continued success of its student-athletes during its first four years in NCAA Division II. Sea Lions student-athletes had a school-record high 3.375 grade point average last year. Outside the classroom, the department was recognized with the PacWest Community Engagement Award.

The Academic Success Rate is the percentage of student-athletes who graduate within six years of initial collegiate enrollment and includes virtually all Division II student-athletes, including transfers and those not receiving athletics scholarships. The Division II ASR captures about 48 percent more student-athletes than the federal graduation rate. Unlike the federal rate, the ASR counts nonscholarship student-athletes and those who transfer to a school after initial enrollment elsewhere, while removing student-athletes who leave school while academically eligible. Nationally, the ASR is 72 percent for Division II student-athletes who entered college from 2007 through 2010, an increase of 1 percentage point from the 2006-09 groups.

Division II student-athletes continue to graduate at a higher rate than the general student body. The federal rate for the 2010 entering class of student-athletes held steady at 56 percent, compared with 50 percent for the general student body.

Men's Basketball earns program's first regional bid



SAN DIEGO - Point Loma earned the No. 8 seed in the NCAA West Regional after going 21-9 on the season season and 15-5 in the PacWest. This is PLNU's first-ever appearance in the men's basketball regional. The Sea Lions faced the No. 1 seed and tournament host, Western Oregon, in the first round of the tournament on Friday, Mar. 9 at 7:30 p.m.

In the game, a swarming Western Oregon defense rudely welcomed the Point Loma men's basketball team to its first-ever NCAA West Regional. The Wolves forced seven turnovers in the first seven minutes to jump out in front of the Sea Lions 23-4. PLNU rallied after the half with a valiant comeback attempt, but Point Loma fell in the end 73-66. (Mar. 9)

Ziggy Satterthwaite led Point Loma with 18 points and nine rebounds. Sterling Somers added 17 points and eight rebounds. Tanner Omlid led Western Oregon with 20 points.

Point Loma trailed by as many as 22 points in the first half but cut it to 45-29 at halftime. In the second half, PLNU continued to chip away at the lead and cut it to 11 (47-36) with 15:52 remaining. However, the Sea Lions were unable to get within single-digits until the 4:24 mark. The Sea Lions continued fight but Omlid hit a deep 3-pointer and WOU held on for the win.

Benoit Bucher wins two PacWest Championships, in same day



FRESNO, Calif. - Hannah Benoit Bucher captured the PacWest Conference title in the both the 800m and 1500m. The junior Clovis, Calif., first won the 1500m with an NCAA Provisional Qualifying time of 4:31.78. She then came back later in the meet and defended her title in the 800m. Benoit Bucher, who already has the PacWest meet record, registered a time of 2:14.23 to win the event for the second straight year. The two wins added 20 points to PLNU's team total and helped the Sea Lions take fourth place at the meet.

Men's tennis finishes special season at regionals in Hawaii



SAN DIEGO - For the first time since joining the NCAA, the Sea Lions Men's Tennis program earned a berth in the NCAA National Tournament. Earning the third seed in the West Region, the team traveled to Kona, Hawaii face the No. 2 seed, Hawaii Hilo.

Point Loma had one of their best seasons since joining the NCAA tallying a 14-9 record and getting big wins over Concordia Irvine, UC San Diego, and Sonoma State during the season. They advanced to the PacWest tournament semifinals but fell to Azusa Pacific and eventually took fourth in the tournament.

In the NCAA West Regional, the Sea Lions looked to rewrite the narrative from their first meeting, when they fell 6-3. Hawaii Hilo would get on the board first with the No. 23 doubles pair in the country defeating Brendon Millington and Jack Alston 8-2 in No. 1 doubles. Seniors, CJ Erion and Grant Alston, would even the match at 1-1 after earning a huge win at No. 3 doubles, 8-6, giving Point Loma early life. To round out doubles play, Thomas Dafcik and Yuki Okamoto were pushed to a tiebreak match after having an early lead, but they were able to come away with the 10-8 win in the tiebreak giving PLNU the 2-1 lead heading into singles play.

The Vulcans were able to turn up the intensity in singles play and took three quick matches putting them in the lead 4-2. They earned quick wins at Nos. 2, 4, and 5 singles but the other three courts were in tough, extended battles. After going down 4-2, Thomas Dafcik would give the Sea Lions another point after winning a three-set battle over the 31st ranked singles player in the country. With only two courts left playing, both Okamoto and Soderman were looking at three-set battles that would need to turn in their favor. Soderman would not get to finish his match as Chun En Wu of Hawaii Hilo earned a 6-3 win in the third set of his match over Okamoto to give the win to the Vulcans.

Hawaii Hilo moved on to the NCAA Championships in Surprise, Ariz. with the victory.