

# Department of Kinesiology/PLNU PED 1030

1 Unit

## Spring 2020

Meeting days: T/TH	Instructor title and name: Jordan Miranda	
Meeting times: 10-10:55am	<b>Phone:</b> 619 985-1885	
Meeting location: Gym	E-mail: jmiranda@pointloma.edu	
Final Exam: (day/time)	Office location and hours: By appointment	
Additional info:	Additional info:	

## **PLNU Mission**

## To Teach ~ To Shape ~ To Send

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service is an expression of faith. Being of Wesleyan heritage, we strive to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

## **COURSE DESCRIPTION**

An introduction to the fundamental skills for effective play and an understanding of the rules of the volleyball game.

## **COURSE LEARNING OUTCOMES**

- 1. Students will be able to demonstrate fundamental volleyball skills/techniques for effective play.
- 2. Each student will understand the history, rules, equipment, injury prevention, and physical workouts that help with the success of the sport.
- 3. Each student will apply their tactical and technical skills in a variety of competitive situations. PROPER ATTIRE: Shorts (no big pockets, no rivets, or large snaps) or work-out pants, shirts, and sweatshirts, which will not hinder movement. Athletic shoes and socks. No hats. Instructor has discretion to define what is proper attire. Please dress in the Locker Room or at home. Please DO NOT dress in the restrooms.

#### **COURSE CREDIT HOUR INFORMATION**

PED 1030 is a one unit lab class. The expectation is two hours per week in class, plus up to two hours her week outside of class.

 ——————————————————————————————————————	
Page 1	

#### ASSESSMENT AND GRADING

140 points possible:

A 93%+ A-90%+ B+88%+B 83%+B- 80% C+78%+ C 73%+ C- 70%+ D+ 68%+ D %63%+ D-60%+ F 59%-

#### INCOMPLETES AND LATE ASSIGNMENTS

All assignments are to be submitted/turned in by the beginning of the class session when they are due—including assignments posted in Canvas. Incompletes will only be assigned in extremely unusual circumstances.

#### **FINAL EXAMINATION POLICY**

Successful completion of this class requires taking the final examination **on its scheduled day**. The final examination schedule is posted on the <u>Class Schedules</u> site. No requests for early examinations or alternative days will be approved.

#### ATTENDANCE AND PARTICIPATION

100 points of attendance will be taken at the start of every class meeting. You will earn credit for attendance by attending on time, in proper attire, and with a positive, ready to compete and learn attitude!

#### **ACTIVITIES**

Activities and topics will include fundamentals skills in: Movement for volleyball, passing, setting, hitting, digging, blocking, and team strategy.

#### **INCOMPLETES AND LATE ASSIGNMENTS**

All assignments are to be submitted/turned in by the beginning of the class session when they are due-including assignments posted to Canvas. Incompletes will only be assigned in extremely unusual circumstances.

## PLNU COPYRIGHT POLICY

Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by the US Copyright Act for classroom education. Any use of those materials outside the class may violate the law.

## PLNU ACADEMIC HONESTY POLICY

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. Academic <u>dis</u>honesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for that assignment or examination, or, depending on the seriousness of the offense, for the course. Faculty should follow and students may appeal using the procedure in the university Catalog. See <u>Academic Policies</u> for definitions of kinds of academic dishonesty and for further policy information.

## PLNU ACADEMIC ACCOMMODATIONS POLICY

While all students are expected to meet the minimum standards for completion of this course as established by the instructor, students with disabilities may require academic adjustments, modifications or auxiliary aids/services. At Point Loma Nazarene University (PLNU), these students are requested to register with the Disability Resource Center (DRC), located in the Bond Academic Center. (DRC@pointloma.edu or 619-849-2486). The DRC's policies and procedures for assisting such students in the development of an appropriate academic adjustment plan (AP) allows PLNU to comply with Section 504 of the Rehabilitation Act and the Americans with Disabilities Act. Section 504 (a) prohibits discrimination against students with special needs and guarantees all qualified students equal access to and benefits of PLNU programs and activities. After the student files the required documentation, the DRC, in conjunction with the student, will develop an AP to meet that student's specific learning needs. The DRC will thereafter email the student's AP to all faculty who teach courses in which the student is enrolled each semester. The AP must be implemented in all such courses.

## PLNU ATTENDANCE AND PARTICIPATION POLICY

Regular and punctual attendance at all classes is considered essential to optimum academic achievement. If the student is absent from more than 10 percent of class meetings, the faculty member can file a written report which may result in de-enrollment. If the absences exceed 20 percent, the student may be de-enrolled without notice until the university drop date or, after that date, receive the appropriate grade for their work and participation. See <a href="Academic Policies"><u>Academic Policies</u></a> in the Undergraduate Academic Catalog.