

Academic Policies Committee Short Form Proposal Template

Schools/departments should use this short form to submit proposals:

- Needing only APC approval (revision of course descriptions including title, number or prerequisites, alternate year listing in the Catalog and the cross listing of courses); or
- Eliminating (or adding?) 1-3 courses which don't impact other programs or
- Eliminating a minor, concentration, credential program or certificate which doesn't impact other programs (confirmed by direct administrative report - college dean or provost).

All submitted proposals need to adhere to the following template in order to facilitate the work of the Academic Policies Committee.

I. Who - Academic Unit Name:

Sociology, Social Work and Family Sciences

II. Impact- Will this proposal impact other departments, schools or Ryan Library (Yes/No)? If yes, please describe and provide date of contact to respective personnel:

Not directly, students from other departments currently take FCS 315 as an elective option. The new course is being proposed for GE which can include more students from other disciplines to take the course

III. What - Proposal Summary:

Change the existing FCS 315 (3 units) to Health & Wellbeing (2 units) course and make it into a GE course.

IV. When - Academic Year and Semester Changes to Take Place:

Fall 2019

V. Why - Proposal Rationale (might include):

After program review and listening to the student survey research from Jeff Bolster, we collectively decided to adapt FCS 315 Personal, Family, and Community Health (3 units) to the XXX Health & Wellbeing Course. This course is to focus on "filling up your cup" or self-care, before going out and serving the community. The biggest component to address was the amount of stress students expressed. The new course will be offered as a hybrid 2 unit course. We have discussed the new proposed course with the Kinesiology faculty as a joined GE course between the two departments. The Kinesiology department is looking to adapt their Optimal Health course into the same Health & Wellbeing course. This would be a collaboration between departments.

VI. How - Curricular Changes:

- A. Step 1: Use *track changes* to prepare the proposed catalog text. If you need a copy of your catalog sections sent to you, contact sfruchey@pointloma.edu.

FCS 315 - Personal, Family, and Community Health (GE)

{3}

~~An introduction to and analysis of the family's responsibility in personal, family, and community health. Emphasis in physical, emotional, social, and mental well-being. Not repeatable. Offered every semester. Letter grade.~~

~~Prerequisite(s): Completion of forty-eight (48) units.~~

XXX Health & Wellbeing (2)

Examines a personal approach to healthful living that encompasses physical, mental, emotional, relational, spiritual, and environmental aspects of wellness and self-care. Course topics to include nutrition and exercise, cultivating joy, stress reduction, and gratitude.

- A. Step 2: Arrange a meeting with the APC chair and Records liaison to review the catalog text proposal and receive assistance in submission of proposed catalog copy. Include this with your proposal.
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Total course/unit additions: 0

Total course/unit deletions: 1

Staffing increase/decrease: Unknown-likely an increase due to it being a required course for all SSFS majors and potentially a GE offering—Collaboration with the KIN department would help alleviate some staffing load

Library resourcing impact: 0

Net Financial impact: -1 unit

I have reviewed this proposal and the items above and believe the proposal meets all university requirements, don not impact other departments or programs, and is ready for APC review.

Department or School Direct Report:

_____ Date_____

College Dean or Provost as applicable:

_____ Date_____

Note: Submit completed short form proposal to the APC chair not later than one month prior to the APC meeting at which you hope it can be placed on the agenda.