

**POINT LOMA NAZARENE UNIVERSITY  
SAN DIEGO, CA**

**Course Title:** Kinesiology-PED 102. Selected Activities in PE-Beginning Soccer (1 unit)  
**Semester:** Fall, 2018  
**Location:** Athletic Facilities-TBA  
**Day/Time:** Tuesday and Thursday 8:30am to 9:20am  
**Instructor:** Dr. Tim Hall, PLNU Head Soccer Coach Retired 1996-2017  
**Contact Information:** Email: [timhall@pointloma.edu](mailto:timhall@pointloma.edu)  
Office: Taylor Hall 101

*I have an open door policy. Whenever my office door is open, please feel free to come in. I will also schedule appointments when necessary.*

**PLNU MISSION**

**To Teach~To Shape~To Send**

Point Loma Nazarene University exists to provide higher education in a vital Christian Community where minds are engaged and challenged, character is modeled and formed, and service becomes an expression of faith. Being of Wesleyan heritage, we aspire to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

**Required Texts and Materials**

- a. Test and Assignments will be done via CANVAS.
- b. You will receive a course content handout document. The document will also be on Canvas.
- c. You will need to dress out in PE clothing and closed toed athletic shoes.
- d. **Official Medical Excuses:** Must be in note form from your Doctor and the Wellness Center.

**Course Description:** Development of fundamental skills through participation in selected activities-Soccer.

**Course Objectives:** This course will cover the basic concepts of soccer. It will also present the importance of healthy stewardship of personal health.

**Course Learning Outcomes:**

- a. To become acquainted with the basic terminology for understanding soccer.
- b. To assess current personal lifestyle and develop your OWN personal plan for optimal lifelong wellness. (Personal and Confidential)

**Course Spirit:** The nature of this class will allow us to participate in beginning soccer/exercise activities that will be conducive to a better understanding of soccer and personal health. This is intended to be a safe place and environment. Professor and students alike must respect and honor one another.

### Assignments:

- 1. Attendance/Participation:** A major piece for success in this class, is showing up and participating. Both attendance and participation will be given a point value each time we meet. This class will meet two days a week for the semester. You will be allowed two free misses. Any misses thereafter will result in a 10pt reduction. Please make sure to communicate with me in regards to any misses, or any emergencies that may arise.
- 2. Personal Journal-**You will be asked to turn in a personal journal entry bi-weekly during the semester. This journal entry will be 100% confidential. You will write this in a document and then turn it in via Canvas. Here are the prompts for you to follow. **1. Sleep 2. Exercise 3. Eating 4. Self-Image 5. Faith.** If at ANY time you don't feel like responding to the prompts...you are free to do so. You will just need to place an N/A and that will suffice. To receive credit, you will need to at least say N/A in the prompt you choose not to respond to. That being said, I strongly encourage you to share honestly and openly to each prompt which can be very healthy and motivating. You can write as much or as little as you want in each prompt. Journal entries must be turned in by the beginning of the class session when they are due. Late assignments will lose 1 point per late due day. Each Journal will be due at 8:30am at the beginning of class on the following dates—**9/11, 9/25, 10/9, 10/23, 11/6, 11/20, 12/6**
- 3. Final Exam:** 12/11-7:30am to 10:00am. You will take a test at the end of the semester covering the basic soccer terminology and concepts that we have learned during the semester.
- 4. Class Meetings:** Each class meeting will consist of soccer and health specific activities.

### Assignment Points

Class Activities	Points
Attendance—28 meetings at 10pts each	280 pts
Participation—28 meetings at 10pts each	280 pts
Personal Journal—7 entries at 10pts each.	70 pts
Final Exam—12/11-7:30am to 10:00am	25 pts
Total Points	655 pts

### Grading Scale

		A	93 to 100%	A-	90 to 92.99%
B+	88 to 89.99%	B	84 to 87.99%	B-	80 to 83.99%
C+	78 to 79.99%	C	74 to 77.99%	C-	70 to 73.99%
D+	66 to 69.99%	D	60 to 65.99%	D-	50 to 59.99%
		F	0 to 49.99%		

## **PLNU POLICIES PAGE**

### **PLNU FINAL EXAMINATION POLICY**

Successful completion of this class requires taking the final examination on its scheduled day. The final examination schedule is posted on the **Class Schedule** site. No requests for early examinations or alternative days will be approved.

### **PLNU COPYRIGHT POLICY**

Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by the US Copyright Act for classroom education. Any use of those materials outside the class may violate the law.

### **PLNU ACADEMIC HONESTY POLICY**

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. Academically dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for that assignment or examination, or, depending on the seriousness of the offense, for the course. Faculty should follow and students may appeal using the procedure in the university Catalog. See **Academic Policies** for definitions of kinds of academic dishonesty and for further policy information.

### **PLNU ACADEMIC ACCOMODATIONS POLICY**

If you have a diagnosed disability, please contact PLNU's Disability Resource Center (DRC) within the first two weeks of class to demonstrate need and to register for accommodations by phone at **619-849-2486** or by email at **DRC@pointloma.edu**. See **Disability Resource Center** for additional information.

### **PLNU ATTENDANCE AND PARTICIPATION POLICY**

Regular and punctual attendance at all classes is considered essential to optimum academic achievement. If the student is absent from more than 10 percent of class meetings, the faculty member can file a written report which may result in de-enrollment. If the absences exceed 20 percent, the student may be de-enrolled without notice until the university drop date or, after that date, receive the appropriate grade for their work and participation. See **Academic Policies** in the undergraduate Academic Catalog.

