

POINT LOMA NAZARENE UNIVERSITY
Department of Kinesiology
KIN 488 INTERNSHIP IN KINESIOLOGY
Section 6
Fall, 2017

Professor: Amy Vu, PA-C
Office/Hours: Adjunct Kinesiology Office Tu 9-10am
Home Phone: 619.742.1748 **Email:** Avu@Pointloma.edu
Meeting Location/Time: KIN 3 Tu 730-845am
Final Examination: Dec 12 730-845am

PLNU MISSION To Teach ~ To Shape ~ To Send

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service becomes an expression of faith. Being of Wesleyan heritage, we aspire to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

COURSE DESCRIPTION

Students will be mentored by a clinical professional approved by the course instructor. This is an internship for academic credit which includes weekly class time directed by the professor on campus

COURSE LEARNING OUTCOMES

- A. You and professor will use the vocabulary unique to the professional practitioner.
- B. You will participate in clinical service within the context of the clinical mission and federal guidelines.
- C. You will utilize injury and illness assessment tools and techniques to systematically assess nature and degree of pathology
- D. You will write case reports in technical style in AMA format and present them in class.
- E. You will critique media and readings of health care significance.
- F. You will articulate and demonstrate clinical best practices in health care in the context of published medical guidelines.

COURSE REQUIREMENTS AND WEIGHTING

- | | | |
|-------------------------------------------------------------------|-------|-------|
| A. Case reports (10pts) and Discussion Board Case reports (10pts) | 20@10 | = 200 |
| B. UCSD Practical Guide to Clinical Medicine Study Guide | 12@10 | =120 |
| C. Midterm Lab Practical | | =200 |
| D. Final Lab Practical | | =300 |
| E. Personal Statement | | =100 |
| F. Graduate School Preparation Packet | | |
| a. Resume (Office of Strengths and Vocation) | | = 30 |
| b. Graduate School Options (top schools pre-reqs) | | = 30 |
| c. GRE/MCAT (Date; prep plan) | | = 20 |
| | | = 80 |

TOTAL: 1000pts

GRADING SCALE

Grade	Range
A	> 93%
A-	90-92%
B+	87-89%
B	84-86%
B-	80-83%
C+	77-79%
C	74-76%
C-	70-73%
D+	67-69%
D	64-66%
D-	60-63%
F	< 59%

COURSE REQUIREMENTS

of

- 1) UCSD Practical Guide to Clinical Medicine-Systematic health evaluations studied prior to class and practiced in class. **Study guides** based off the reading to be turned in prior to the start class. Be prepared to use study guides as a source for in class assessments.
- 2) Case Reports- Students will be responsible for a) picking a case from their clinical experiences AND b) responding to a discussion board case presentation **each week** and writing up a case report *fully supported by not less than 2 professional journal articles* due by the start of class. Be prepared to use these cases in class role playing activities.
- 3) Professional Directions/Graduation Preparation Package-
(Use the Office of Strengths and Vocations Resources)
 - a) Resume
 - b) Grad schools' to which you are preparing- webpage
 - c) GRE preparation and test dates
- 4) Personal Statement: Students are responsible for formulating a personal statement essay which will summarize their clinical experiences and be a resource for future graduate school applications.
- 5) Midterm and Final Lab Practical: Students will be tested on their understanding of class material through two formal exams which will include both written and oral components.

****CLINICAL ROTATION ASSIGNMENTS WILL BE DISTRUBUTED NO LATER THAN 9/5/2017.
BE PREPARED TO START ROTATIONS DURING THE WEEK OF 9/10/2017****

COURSE OUTLINE

Date	Topic	Assignment due	Class Activity	HW
8/29	No Class	none	none	Study Guide 1
9/5	HPI & History	Study Guide 1	Semester Review Role Play: HPI	Study Guide 2
9/12	ROS and Vitals	Study Guide 2	Role Play: ROS Lab: Vitals	Study Guide 3 Case Report 1
9/19	Head and Neck I	Study Guide 3 Case Report 1	Role Play: Case Report 1 Lab: Head and Neck I	Study Guide 4 Case Report 2 DB case 1
9/26	Head and Neck II + Eye	Study Guide 4 Case Report 2 DB Case 1	Role Play: Case Report 2 Lab: Head and Neck II +Eye	Study Guide 5 Case Report 3 DB case 2
10/3	Lungs	Study Guide 5 Case Report 3 DB case 2	Role Play: Case Report 3 Lab: Lungs	Study Guide 6 Case Report 4 Grad Prep Pkg
10/10	Breast/GU	Study Guide 6 Case Report 4 Grad Prep Pkg	Role Play: Case Report 4 Guest Speaker: Dr. Yphantides (FP)	Midterm lab practical review
10/17	MIDTERM LAB	none	MIDTERM LAB PRACTICAL Rotation Evaluations and assignments	Study Guide 7 Case Report 5 DB case 3
10/24	Cardiovascular	Study Guide 7 Case Report 5 DB case 3	Role Play: Case Report 5 Lab: Cardiovascular	Study Guide 8 Case Report 6 DB case 4
10/31	Abdomen	Study Guide 8 Case Report 6 DB case 4	Role Play: Case Report 6 Lab: Abdomen	Study Guide 9 Case Report 7 DB case 5
11/7	Upper Extremity	Study Guide 9 Case Report 7 DB case 5	Role Play: Case Report 7 Lab: Upper Extremity	Study Guide 10 Case Report 8 DB case 6
11/14	Lower Extremity	Study Guide 10 Case Report 8 DB case 6	Role Play: Case Report 8 Lab: Lower Extremity	Study Guide 11 Case Report 9 DB case 7
11/21	Neuro	Study Guide 11 Case Report 9 DB case 7	Role Play: Case Report 9 Lab: Neuro	Study Guide 12 Case Report 10 DB case 8
11/28	Mental Health	Study Guide 12 Case Report 10 DB case 8	Role Play: Case Report 10 Mental Health Critical Thinking	Personal Statement
12/5	Final lab review	Personal Statement	Mock Patient Review	Final lab review
12/12	FINAL LAB	none	FINAL LAB PRACITCAL	Class over!

COURSE RESOURCES

1. Maxwell Quick Medical Reference latest edition ISBN 978-0964519145

https://www.amazon.com/gp/f.html?C=2KVQPKQSS2V7N&M=urn:rtn:msg:201708242008453a26c7a0f5e740a7ba1b3c542fa0p0na&R=35MQ8JFQ0EQHN&T=C&U=https%3A%2F%2Fwww.amazon.com%2FMaxwell-Quick-Medical-Reference-Robert%2Fdp%2F0964519143%2Fref%3Dcm_sw_em_r_d_dp_w_dc_JiZNzbA6DQ954_im&A=IZYGA6XAAANENLGMJBQFH3I99JGA&H=PQSDQB5AANEWSIT0Q3HV6NANRSCA

(Highly recommend purchasing for your clinical rotations)

2. A Practical Guide to Clinical Medicine

<https://meded.ucsd.edu/clinicalmed/introduction.htm>

(Use of website on as your primary resource for in class topics in lieu of a textbook)

3. Recommended Apps for clinical rotations: (optional)

Medscape

Taber's Medical Dictionary

Epocrates

Prognosis

5-min clinical consult

Rosen and Barkin's 5 Minute Emergency Consult

Netter's Atlas of Human Anatomy

Merck Manual

Pub Med mobile

Eponyms

4. Recommended equipment for rotations (optional) as most sites will not allow touching patients.

-Stethoscope

-Journal

ATTENDANCE

Regular and punctual attendance at all classes is considered essential to optimum academic achievement. If the student is absent from more than 10 percent of class meetings, the faculty member has the option of filing a written report which may result in de-enrollment. If the absences exceed 20 percent, the student may be de-enrolled without notice. If the date of de-enrollment is past the last date to withdraw from a class, the student will be assigned a grade of W or WF consistent with university policy in the grading section of the catalog. See [Academic Policies](#) in the (undergrad/graduate as appropriate) academic catalog.

INCOMPLETE AND LATE ASSIGNMENTS

All assignments are to be submitted/turned in by the beginning of the class session when they are due—including assignments posted in CANVAS. Incompletes will only be assigned in extremely unusual circumstances.

ACADEMIC HONESTY

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. As explained in the university catalog, academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's

creativity and effort. Violations of university academic honesty include cheating, plagiarism, falsification, aiding the academic dishonesty of others, or malicious misuse of university resources. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for a) that particular assignment or examination, and/or b) the course following the procedure in the university catalog. Students may appeal also using the procedure in the university catalog. See [Academic Policies](#) for further information.

ACADEMIC ACCOMMODATIONS

While all students are expected to meet the minimum academic standards for completion of this course as established by the instructor, students with disabilities may request academic accommodations. At Point Loma Nazarene University, students must request that academic accommodations by filing documentation with the [Disability Resource Center](#) (DRC), located in the Bond Academic Center. Once the student files documentation, the Disability Resource Center will contact the student's instructors and provide written recommendations for reasonable and appropriate accommodations to meet the individual needs of the student. See [Academic Policies](#) in the (undergrad/graduate as appropriate) academic catalog.

SPIRITUAL LIFE

PLNU strives to be a place where you grow as whole person. To this end we provide resources for students to encounter God and grow in their Christian faith. The Spiritual Development Office, Chaplain, Covenant

FERPA

In compliance with federal law, neither PLNU student ID nor social security number should be used in publicly posted grades or returned sets of assignments without student written permission. This class will meet the federal requirements by (Note: each faculty member should choose one strategy to use: distributing all grades and papers individually; requesting and filing written student permission; or assigning each student a unique class ID number not identifiable on the alphabetic roster.). Also in compliance with FERPA, you will be the only person given information about your progress in this class unless you have designated others to receive it in the "Information Release" section of the student portal. See [Policy Statements](#) in the (undergrad/ graduate as appropriate) academic catalog.

FINAL EXAMINATION POLICY

Successful completion of this class requires taking the final examination **on its scheduled day**. The final examination schedule is posted on the [Class Schedules](#) site. No requests for early examinations or alternative days will be approved.

COPYRIGHT POLICY

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