

**POINT LOMA NAZARENE UNIVERSITY**  
**Department of Kinesiology**  
**KIN 488 INTERNSHIP IN KINESIOLOGY**  
**Section 3 and 5**  
**Spring 2017**

**Professor: Dr. L.M. Kugler**  
**Office/Hours: P.E. 7 MWF 1-3:00 pm**  
**Office Phone: 849-2376**  
**Home Phone: 222-1727**  
**Final Examination: May 2; 7-8:15am**

**PLNU MISSION To Teach ~ To Shape ~ To Send**

Point Loma Nazarene University exists to provide higher education in a vital Christian community where minds are engaged and challenged, character is modeled and formed, and service becomes an expression of faith. Being of Wesleyan heritage, we aspire to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

**COURSE DESCRIPTION**

Students will be mentored by a clinical professional approved by the course instructor. This is an internship for academic credit which includes weekly colloquy directed by the professor on campus

**STUDENT LEARNING OUTCOMES**

- A. Students and professor will use the vocabulary unique to the professional practitioner.
- B. Students will participate in clinical service within the context of the clinical mission and federal guidelines.
- C. Students will utilize injury and illness assessment tools and techniques to systematically assess nature and degree of pathology
- D. Students will write Case Histories in technical style in AMA format and present them in colloquy.
- E. Students will critique media and readings of health care significance.
- F. Students will articulate and demonstrate clinical best practices in health care in the context of published medical guidelines

**COURSE REQUIREMENTS AND WEIGHTING**

A. Case Reports	15@20pts	=300
B. A Practical Guide to Clinical Medicine Quizzes	7@5pts	= 35
C. Lab Practicals	3@100	=300
D. Professional Documents		
a. Resume (Office of Strengths and Vocation)		= 50
b. Graduate School Personal Statement		= 75
c. Graduate School Options (top schools pre-reqs)		= 50
d. GRE/MCAT (Date; prep plan)		= 30
		<b>TOTAL 840</b>

## GRADING SCALE

Grade	Range
A	> 93%
A-	90-92%
B+	87-89%
B	84-86%
B-	80-83%
C+	77-79%
C	74-76%
C-	70-73%
D+	67-69%
D	64-66%
D-	60-63%
F	< 59%

## COURSE OUTLINE

### Week 1 Intro

#### Course requirements

UCSD Clinical Practice-Systematic health evaluations studied prior to class and practiced in colloquy-7 quizzes on reading

Case Reports-1 presented to cohort at weekly colloquy

Fully supported by not less than 2 professional journal articles

Professional Directions-Use the Office of Strengths and Vocations Resources

Resume

Graduate School Personal Statement

Grad schools' to which you are preparing- webpage

GRE preparation and test date

Clinical rotations assignments finalized

#### HW

UCSD Clinical Practice-

Introduction

History of the Present Illness

### Week 2

UCSD Clinical Practice-

Introduction

History of the Present Illness

#### HW

UCSD Clinical Practice

Review of Systems

### Week 3

UCSD Clinical Practice

Review of Systems

#### HW

UCSD Clinical Practice

Vital Signs-

Case report

Week 4

Case Reports  
UCSD Clinical Practice  
Vital Signs Part I

HW

Case Reports  
UCSD Clinical Practice  
Vital Signs Part II

Week 5

Case Report  
UCSD Clinical Practice  
Vital Signs Part II

HW

Case Report  
UCSD Clinical Practice  
Eye Exam

Week 6

Case Report  
UCSD Clinical Practice  
Eye Exam

HW

Case Report  
UCSD Clinical Practice  
Head/Neck Exam  
Professional Directions-  
Resume  
Grad schools' to which you are preparing- webpage  
GRE preparation and test date  
End of rotation evaluation by clinical instructor

Week 7

Case Report  
UCSD Clinical Practice  
Head/Neck Exam

HW

Case Report  
UCSD Clinical Practice  
Lung Exam

Week 8

Case Report  
UCSD Clinical Practice  
Lung Exam

HW

Mid Term Injury and Illness practicum

Week 9

Mid Term Injury and Illness practicum

HW

Case Report  
UCSD Clinical Practice  
Cardiovascular Exam

Week 10

Case Report  
UCSD Clinical Practice  
Cardiovascular Exam

HW

Case Report  
UCSD Clinical Practice  
Upper Extremity Exam

Week 11

Case Report  
UCSD Clinical Practice  
Upper Extremity Exam

HW

Case Report  
UCSD Clinical Practice  
Lower Extremity Exam

Week 12

Case Report  
UCSD Clinical Practice  
Lower Extremity Exam

HW

Case Report  
Lab Practical

Week 13 Thanksgiving

Week 14

Lab Practical#2

HW

Case Report  
UCSD Clinical Practice  
Mental Exam

Week 15

Case Report

UCSD Clinical Practice

Mental Exam

HW

UCSD Clinical Practice

Neurological Exam-

Final Lab Practical

Week 16 Final Exam

Lab Practical #3

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## **INCOMPLETES AND LATE ASSIGNMENTS**

All assignments are to be submitted/turned in by the beginning of the class session when they are due—including assignments posted in Canvas. Incompletes will only be assigned in extremely unusual circumstances.

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## **FINAL EXAMINATION POLICY**

Successful completion of this class requires taking the final examination **on its scheduled day**. The final examination schedule is posted on the [Class Schedules](#) site. No requests for early examinations or alternative days will be approved.

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## **PLNU COPYRIGHT POLICY**

Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by the US Copyright Act for classroom education. Any use of those materials outside the class may violate the law.

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## **PLNU ACADEMIC HONESTY POLICY**

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. Academic dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for that assignment or examination, or, depending on the seriousness of the offense, for the course. Faculty should follow and students may appeal using the procedure in the university Catalog. See [Academic Policies](#) for definitions of kinds of academic dishonesty and for further policy information.

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## **PLNU ACADEMIC ACCOMMODATIONS POLICY**

If you have a diagnosed disability, please contact PLNU's Disability Resource Center (DRC) within the first two weeks of class to demonstrate need and to register for accommodation by phone at 619-849-2486 or by e-mail at [DRC@pointloma.edu](mailto:DRC@pointloma.edu). See [Disability Resource Center](#) for additional information.

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## **PLNU ATTENDANCE AND PARTICIPATION POLICY**

Regular and punctual attendance at all classes is considered essential to optimum academic achievement. If the student is absent from more than 10 percent of class meetings, the faculty member can file a written report which may result in de-enrollment. If the absences exceed 20 percent, the student may be de-enrolled without notice until the university drop date or, after that date, receive the appropriate grade for their work and participation. See [Academic Policies](#) in the Undergraduate Academic Catalog.

