

**POINT LOMA NAZARENE UNIVERSITY
SAN DIEGO, CA**

Course Title: Kinesiology-EXS 4080 Leadership (3 units)
Semester: Fall, 2019
Location: Kinesiology 2
Day/Time: Tuesday 5pm to 7:40pm
Instructor: Dr. Tim Hall,
Contact Information: Email: timhall@pointloma.edu
Office: Salomon Hall

I have an open door policy. Whenever my office door is open, please feel free to come in. I will also schedule appointments when desired/necessary.

PLNU MISSION

To Teach~To Shape~To Send

Point Loma Nazarene University exists to provide higher education in a vital Christian Community where minds are engaged and challenged, character is modeled and formed, and service becomes an expression of faith. Being of Wesleyan heritage, we aspire to be a learning community where grace is foundational, truth is pursued, and holiness is a way of life.

Required Texts and Materials

- a. Frankl, E.V. (1959). Man's Search for Meaning. MA: Beacon Press
- b. Langley, D.L., Hawkins, J.D. (2003). Administration for Exercise-Related Professions. CA: Wadsworth.
- c. Palmer, J.P (2000). Let Your Life Speak. CA: Jossey-Bass.
- d. Peck, M.S. (1978). The Road Less Traveled. NY: Simon and Schuster.
- e. Wooden, J.R., Jamison, S. (2005) Wooden On Leadership. NY: McGraw-Hill
- f. Test and Assignments will be done via CANVAS.

Course Description: This course surveys general organizational leadership principles and their application to the organization and administration of the health/fitness, coaching and physical education professions. Emphasis is on business management principles and operational concepts, including organizational structure, facility management, industry standards and guidelines, personnel management practices, and personal developmental leadership concepts.

Course Objectives: To investigate different practices and theories of leadership and management. To provide an opportunity to discuss and process leadership concepts both personal and administrative. This course will rely mostly on discussions and lectures. Discussions and lectures are intended to integrate and supplement the readings. Therefore, students are expected to complete readings prior to each class meeting. However, the success of the class will greatly rely on student participation in class discussion and exercises.

Course Learning Outcomes:

- a. Articulate theories of administrative and personal/developmental Leadership.
- b. List traits and behaviors that influence leadership capability.
- c. Recognize and act upon opportunities for Leadership.
- d. To develop sensitivity to dilemmas in Leadership situations.
- e. To assist in developing deeper levels of interpersonal skills in and for leadership.
- f. To assist developing ways of thinking about yourself as a Leader.

Course Spirit: The nature of this class will allow us to discuss openly and freely the complexities of Leadership issues and Leadership principles. This is intended to be a safe place and environment to have open discussions that will challenge us to develop as leaders administratively and personally. Professor and students alike must respect and honor one another.

Policy on Electronic Devices: A student's classroom contribution is vital to the academic environment. Classroom contribution is more than just asking thoughtful questions, and making comments, it also involves respectful attention to what others are saying. Technology devices in this classes' context can detract from the classroom environment. So, in EXS 4080, I am asking that we refrain from using any of our technological devices during class, unless directed to do so. THANK YOU for respecting this request.

Assignments/Expectations:

1. **PRESENTATIONS**-Each student will give a 15-minute Power Point presentation on any leadership principle Administrative or Personal discussed this semester in class. You are free to share and be creative with your time in any way you would like. It must be a Leadership principle(s) that have had the most impact on you positively or negatively, or both. You can pick one area of Leadership or multiple. There is freedom in this exercise...don't give your freedom away. Be creative, thoughtful, and take advantage of it. This will be presented at the end of the semester.
2. **REFLECTIONS OF CLASS AND PARTICIPATION**-You will do a one-page (minimum) double spaced reflection paper of each class, due the next day after class by 5pm (Via Canvas). Your reflection will be based on any or all of the content that resonated with you of what was discussed in that previous class period. You will also give yourself a score out of 10 as to how you perceived your engagement and participation during the class. A major component of Leadership is being able to honestly do a self-assessment of yourself. **Incomplete and Late Reflections will not be received and will receive a 0.**
3. **ATTENDANCE:** A major piece of Leadership, is showing up. This class will meet one day a week for the semester. You will be allowed one free miss. Any misses thereafter will result in a 10pt reduction. Please make sure to communicate with me in regards to any misses, or any emergencies that may arise. Institutional excused absences will be honored.
4. **FINAL EXAM:** You will take a test at the end of the semester. I will have a thorough study guide to assist you.

Assignment Points

| Assignments | Points |
|---|--|
| Presentations | 100 pts |
| Reflections of class and Participation | 12 reflections at 10 pts each = 120 pts |
| Attendance | 10 pts per class = 140 pts |
| Final Exam | 35 pts |
| | |
| TOTAL POINTS – 395 | Total Points 395 |

Grading Scale

| | | | | | |
|-----------|---------------------|----------|---------------------|-----------|---------------------|
| | | A | 93 to 100% | A- | 90 to 92.99% |
| B+ | 88 to 89.99% | B | 84 to 87.99% | B- | 80 to 83.99% |
| C+ | 78 to 79.99% | C | 74 to 77.99% | C- | 70 to 73.99% |
| D+ | 66 to 69.99% | D | 60 to 65.99% | D- | 50 to 59.99% |
| | | F | 0 to 49.99% | | |

SEMESTER SCHEDULE

| <i>Book</i> | <i>Date</i> | <i>Readings</i> | <i>Special Notes</i> |
|----------------------------|----------------------------|--|---------------------------------|
| Palmer | 9/10 | Discuss Syllabus-Palmer ch 1 | Introductions |
| Palmer | 9/17 | Palmer-ch 5. Ethan Hamilton—PLNU AD | |
| PLNU | 9/24 | Sexual Harassment/Title IX-Dr. Caye Smith. VP of Student Development and Title IX Officer at PLNU | |
| Langley-Hawkins | 10/1 | Admin Ch's 3, 7 | |
| Langley-Hawkins | 10/8 | Admin Ch's 8, 9, 16 | |
| Langley-Hawkins & Theories | 10/15 | Theories-Thomas Kilman Model of Conflict Resolution, McGregors XY Theory, Eric Pedersen-Director of Sports Performance | Google |
| Wooden | 10/22 | Pyramid of Success | |
| Wooden | 10/29 | Pyramid of Success | |
| Peck | 11/5 | Discipline | |
| Peck | 11/12 | Love | |
| Frankl | 11/19 | Man's Search for Meaning | |
| Frankl | 11/26 | Man's Search for Meaning | |
| | 12/3 | Presentations-5 | |
| Final Exam | 12/10-5pm to 7:40pm | Presentations-4 and Test | Bring Computers to class |

PLNU POLICIES PAGE

PLNU FINAL EXAMINATION POLICY

Successful completion of this class requires taking the final examination on its scheduled day. The final examination schedule is posted on the **Class Schedule** site. No requests for early examinations or alternative days will be approved.

PLNU COPYRIGHT POLICY

Point Loma Nazarene University, as a non-profit educational institution, is entitled by law to use materials protected by the US Copyright Act for classroom education. Any use of those materials outside the class may violate the law.

PLNU ACADEMIC HONESTY POLICY

Students should demonstrate academic honesty by doing original work and by giving appropriate credit to the ideas of others. Academically dishonesty is the act of presenting information, ideas, and/or concepts as one's own when in reality they are the results of another person's creativity and effort. A faculty member who believes a situation involving academic dishonesty has been detected may assign a failing grade for that assignment or examination, or, depending on the seriousness of the offense, for the course. Faculty should follow and students may appeal using the procedure in the university Catalog. See **Academic Policies** for definitions of kinds of academic dishonesty and for further policy information.

PLNU ACADEMIC ACCOMODATIONS POLICY

If you have a diagnosed disability, please contact PLNU's Disability Resource Center (DRC) within the first two weeks of class to demonstrate need and to register for accommodations by phone at **619-849-2486** or by email at **DRC@pointloma.edu**. See **Disability Resource Center** for additional information.

PLNU ATTENDANCE AND PARTICIPATION POLICY

Regular and punctual attendance at all classes is considered essential to optimum academic achievement. If the student is absent from more than 10 percent of class meetings, the faculty member can file a written report which may result in de-enrollment. If the absences exceed 20 percent, the student may be de-enrolled without notice until the university drop date or, after that date, receive the appropriate grade for their work and participation. See **Academic Policies** in the undergraduate Academic Catalog.

